



IOWA

IOWA USA 2019

GIRL'S FREESTYLE STATE CHAMPIONSHIP

Tournament Details

Date: Sunday, May 5, 2019; Weighins 7-7:30, Wrestle at 9am

Girl's Divisions: weight classes determined after weighins;

Intermediate 2010-2012, Novice 2007-2009,

Middle School 2004-2006 (grades 6-8), High School grades 9-12

AWARDS to top 3 placewinners in each bracket.

Eligibility

Must have a current USA Wrestling Full Athlete General or High Performance Athlete membership to participate. To purchase your athlete membership go to www.usawmembership.com

IA/USA WRESTLING NATIONAL TEAM----

The US Marines Cadet/Junior Freestyle & Greco National Championships will be held at the Fargodome in Fargo, ND on July 12th-19th, 2019. Iowa female freestyle state tournament participants may qualify for the Iowa Cadet/Junior Women's National Team. **To reserve a spot on the team and receive fundraising raffle tickets a \$200 deposit is required by May 5th.**



COMPETITION LEVELS:
K-12 BEGINNER TO
EXPERIENCED FREESTYLE

16U (2003-2004) &
JUNIOR (GRADES 9-12)
NATIONAL TEAM QUALIFIER
ADDITIONAL TEAM
REQUIREMENTS APPLY
(ALTERNATE QUALIFYING EVENT
NORTHERN PLAINS REGIONALS
BY PRIOR ARRANGEMENT)

SOUTHEAST POLK HS
7945 NE UNIVERSITY AVE
PLEASANT HILL, IA

ONLINE REGISTRATION
BY 5/2/19 11:59PM
TRACKWRESTLING.COM

COACHES/OFFICIALS
2019 USA MEMBERS WITH
BRONZE/COPPER
CERTIFICATION GET FREE
GATE ADMISSION

MORE INFORMATION
www.iowawrestling.org

Contact Women's Director
Charlotte Bailey at
iausawomensdirector@gmail.com