



September 15, 2024

BK Swimmers & Parents,

We have a busy week ahead and our second meet is on Saturday, 9/21. We are beginning a stretch of having meets just about every week, so please prepare to refocus, try to minimize practice conflicts, and get ready for a fun few weeks ahead!

Here are your reminders for the week.

Team Mass:

Reminder that we have team mass tomorrow morning. Swimmers are required to attend Team Mass—if you do not attend mass tomorrow, you will NOT swim in the meet on Saturday. Please arrive no later than 7:40am.

Saturday Meet:

Our next meet is Saturday, 9/21, at 5:30pm. Warm-ups will be at 4:30pm and everyone should arrive at the pool no later than 4:00pm. The meet lineup will be submitted on Wednesday and I'll review with the team later this week. If you cannot attend the meet, I need to know ASAP.

Brave-Knights Invite:

We co-host the Brave-Knights Invite with Boise High on 9/27-9/28. This is a two-day meet designed to prepare our team for the state championship meet. All swimmers will compete on Friday and must qualify (top 24 finishers) to swim on Saturday. All swimmers are expected to attend both Friday and Saturday, regardless of whether or not they qualify for finals. I know we have a few swimmers who will be out of town—please let me know ASAP if you cannot participated.

Swimmers will have an opportunity to help choose events they want swim, but coaches will have final say and may need to shift some events to make sure we have them all covered.

The meet will start at 3:00pm on Friday and will likely run until 7:00pm. On Saturday, the meet starts at 11:00am and will conclude before 2:00pm. Everyone will be able to make it to Homecoming dinners and dances without conflict!

This meet is a great fundraiser for our team and will help subsidize some of our costs and our end of year team banquet. It looks like all of our volunteer timing slots are filled, but there will certainly be some other on-deck needs and we'll reach out next week with opportunities.

Coaches:

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Calendar Reminders:

September 16	@ 7:40am -	Team Mass at BK
September 20	@ 5:15pm -	Carbo Load Dinner at ICAC
September 21	@ 5:30pm -	Dual Meet – Nampa & Kuna (arrive at 4:00)
September 23	@ 7:40am -	Team Mass at BK
September 27	@ 3:00pm -	Brave-Knights Invite (Prelims)
September 28	@ 11:00am -	Brave-Knights Invite (Finals)

Team Gear:

We sent out a link to order additional team apparel last week. We'll close this sign-up on Friday and I'll get everything ordered for immediate delivery. Please remit payment to me via Venmo (@Ryan-Stratton-9).

Here is the Order Link: <https://forms.gle/REoW34SNFv11JCmk9>

Congratulations:

We all need to congratulate Jack Kartel and Katherine Druist! Both were named National Merit Scholar Semi-Finalists. BK has five semi-finalists and two are BK swimmers (and two more are siblings of BK swimmers)! Great work Jack and Katherine!

We're looking forward to a great week ahead. As always, if you have any questions, please reach out anytime!

Go Knights!
Coach Ryan