



# VOLUNTEERS NEEDED

The St.Catharines Female Hockey Association is looking for **Novice, Atom, Peewee, Bantam and Midget** players who are interested in volunteering with our IP (FUNdamentals) Program.

The Ministry of Education requires that every Ontario high school student complete 40 hours of community involvement in order to receive a diploma. By volunteering with our IP (FUNdamentals) program 1-hour per week, you will be contributing to your community, helping these young players and having FUN!

## IP Program

Hockey Canada developed the Initiation program to make children's first contact with hockey a safe and positive experience. It is a structured, learn-to-play hockey program designed to introduce beginners to the game's basic skills.

## Goals & Philosophy of IP Program

- To have fun while playing hockey and engaging in Physical activity
- To learn basic skills required to play the game of hockey
- To develop an understanding of basic teamwork through participation in a variety of activities and adapted game situations
- To create and refine basic motor patterns

If you are interested in learning more, or feel this is a great opportunity for you to get involved and volunteer your time. Please contact: Allison Radko [aradko@live.com](mailto:aradko@live.com) or through phone 905-401-9991

*\*IP runs from October 2018-March 2019 every Saturday morning for 1-hour. Opportunities to volunteer weekly, bi-weekly or once a month.*