

ARMSTONG-COOPER YOUTH BASKETBALL (“ACYBA”), is a 100% volunteer non-profit association that supports basketball opportunities for any child that lives or attends school in the ISD 281 boundaries, under its Armstrong Boys and Girls Travel (grades 4-8), Armstrong-Cooper House (grades 3-8) and Armstrong-Cooper Development (grades K-2) programs.

ACYBA is committed to providing a safe and healthy workplace for all our participants, including athletes, coaches, parents, families, trainers, referees, volunteers and spectators (“PARTICIPANT[S]”). To ensure we have a safe and healthy environment, ACYBA has developed the following COVID-19 Preparedness Plan (“PLAN”). All PARTICIPANTS are responsible for implementing this plan. ACYBA’s goal is to mitigate the potential for transmission of COVID-19 and that requires full cooperation among everyone involved. Concerns about player and coach safety has been ACYBA’s main concern; however, ACYBA is also concerned about the spread of COVID-19 beyond our players and coaches to other PARTICIPANTS and the community as a whole. This plan has been developed by the ACYBA Board, which is comprised of parents and volunteer coaches representing all programs that ACYBA offers.

All ACYBA Board Members, as well as all PARTICIPANTS, are equally responsible for supporting, implementing, complying with and providing recommendations to further improve all aspects of this COVID-19 Preparedness Plan.

ACYBA has specifically considered the Minnesota Youth Athletics Services’ Guidance for safely returning to play, which we understand was established after consultation with the University of Minnesota and the State of Minnesota Department of Health (see attached “Safe Play: Back to the Hardwood” or here: <http://myas.org/media/5527/mnbasketballreturntocompetitionrevised6-29.pdf>). Other government-issued guidance was also considered and is available at the Stay Safe Minnesota website (<https://staysafe.mn.gov>). ACYBA understands state recommendations are upon Centers for Disease Control and Prevention (CDC) and Minnesota Department of Health (MDH) guidelines for COVID-19, rules and standards, and Minnesota’s relevant and current executive orders. ACYBA has also reviewed requirements and suggestions issued by the Robbinsdale Area Schools, Community Education Department, and has strived to comply with all requirements and recommendations provided.

COMMUNICATION AND EDUCATION

ACYBA will provide notice of this PLAN to all PARTICIPANTS prior to the start of the ACYBA season. In addition, ACYBA will conduct training session(s) to make sure all PARTICIPANTS are aware of the PLAN and are able to comply with the plan requirements. The PLAN will also be posted on the ACYBA website, available for all PARTICIPANTS to review. Questions and concerns about the PLAN can be presented to any member of the ACYBA Board.

IDENTIFICATION OF SYMPTOMATIC INDIVIDUALS

All PARTICIPANTS are encouraged to closely self-monitor for the CDC-identified COVID-19 symptoms. All PARTICIPANTS must report on their self-monitoring prior to arriving at any meeting, practice or game. Participants must answer to “no” to the following:

- Do you have a temperature of 100.4(F) or higher?
- Do you have a new or worsening cough today?
- Do you have any of these other CDC-recognized symptoms:
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headaches
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea

If any participant answers “yes” to any of these questions, they must stay home. If any symptoms are noted during any event, the person will be asked to leave immediately and appropriate sanitation will be completed. Appropriate social distancing and notifications will be made.

ACYBA will maintain documentation, including list of attendees and self-monitoring representations, for any in-person ACYBA meeting or association-wide event to assist with contact tracing and notification efforts.

ACYBA team coaches or identified contact person will be asked to maintain documentation, including a list of attendees and self-monitoring representations, for individual team activities such as practices and games. Also, teams will be required to maintain a detailed list of games played, including names of opposing teams and locations of games, to assist in contact tracing and notification efforts. Each team is also required to maintain up-to-date contact information for each player/family on the team.

NOTIFICATION OF AND QUARANTINE SYMPTOMATIC OR EXPOSED INDIVIDUALS

The ACYBA PLAN ADMINISTRATOR will be the main contact person for ACYBA for other associations, vendors, facilities or government entities relative to COVID-19 issues. Each ACYBA team will also have a contact person similarly identified. Contact information for all these individuals will be maintained and available to those needing access. Team contacts should notify the PLAN ADMINISTRATOR by phone and email as soon as possible if a member of their team receives a positive diagnosis, shows symptoms, or was exposed to others with a positive diagnosis. Appropriate dissemination of information will take place,

including notification of facility contacts and other vendors or individuals of potential exposures where appropriate.

If someone involved with ACYBA receives a positive diagnosis, that person will be required to refrain from participation in ACYBA activities for at least 14 days. Others that may have been directly exposed to a person with COVID-19 will be contacted and asked to refrain from participation 14 days. Quarantining of other individuals will be determined based on contact tracing efforts and whether individuals meet the close contact definition provided by appropriate authorities.

In addition, ACYBA will protect the privacy of PARTICIPANTS' health status and health information. The identity of anyone being officially diagnosed with COVID-19 will be kept private under penalty of HIPAA.

SOCIAL DISTANCING EFFORTS

All meetings and events will be conducted pursuant to facility guidelines and recommendations and/or virtually. All in-person attendees will be required to maintain 6-feet between other individuals as much as allowed, depending on activity. If non-active participants are allowed to attend meetings, practices or games under any facility requirements, spectators will be required to be prepared to bring their own chairs and maintain appropriate social distance, unless a particular facility has other seating arrangements available.

Face coverings will be required pursuant to Executive Order 20-81 and Minnesota Department of Health Guidelines and recommendations. Players and active participants (such as coaches and referees) must wear face coverings while indoors, but may remove face coverings upon entering the playing court. Any PARTICIPANT not wearing a face covering pursuant to these rules will be asked to immediately leave the ACYBA event. All PARTICIPANTS are expected to follow appropriate social distancing guidelines even when wearing face coverings.

For most practices, only players and coaches will be allowed in the building. Parents, guardians or drivers are expected to remain outside. Players should be dropped off five-minutes before and picked up within five minutes after the scheduled times. PARTICIPANTS not involved in a scheduled event will not be allowed to linger in gyms or buildings prior to or after their scheduled times. Players and coaches will not be allowed to enter a reserved court until all players and coaches from a previous practice have conducted all necessary disinfecting and exited the court.

For most games, PARTICIPANTS are encouraged to drop players off and pick players up at times indicated by the host of the particular event. PARTICIPANTS should not expect that non-participating individuals will be allowed to linger in facilities. Total attendance at games will be determined by individual facility requirements, which are all beyond ACYBA's control. For example, currently ISD281 has limited the number of individuals on an inside court to 25, meaning it may not be possible for spectators to watch games. ACYBA will continue to monitor and communicate with facilities in order provide all PARTICIPANTS as much information as possible prior to events.

HYGIENE AND CLEANING EFFORTS

ACYBA encourages all PARTICIPANTS to follow all CDC and MDH guidelines as well as any facility requirements for personal hygiene and cleanliness. This includes additional hand washing and use of hand sanitizer prior to attending and upon arrival at ACYBA events. Otherwise, ACYBA encourages all PARTICIPANTS to adhere to governmental guidance to limit exposures.

Specific to basketball, ACYBA will institute the following:

- Individuals should bring water and not share with others. Water fountains will not be available. Drinks other than water will not be allowed in gyms.
- Players should bring their own basketballs and be encouraged not to share when possible.
- Coaches will be provided with hand sanitizer and players and coaches will be encouraged to routinely sanitize their hands.
- Coaches will be provided with disinfectant wipes and will be encouraged to liberally disinfect items that are commonly used among the team.

Certified by:

Signature: _____

Name: _____

Title: President, Armstrong Youth Basketball

Date: _____