



**Prior Lake High School  
Girls Swim & Dive Team  
Weekly Update**



**MARK YOUR CALENDARS**

(Remember to ALWAYS have a water bottle at practices!)

MONDAY – August 27, 2018

Practice: 3:30pm-6:00pm @HOMS

**DRYLAND: 3:30pm-4:15pm**

**Bring ALL Dryland Attire (shorts/T-shirts/Sneakers etc.)**

TUESDAY – August 28, 2018

Practice: 3:30pm-6:00pm @HOMS

WEDNESDAY – August 29, 2018

Practice: 9:00am-11:00am @HOMS

**DRYLAND: 10:00am-11:00am**

**Bring ALL Dryland Attire (shorts/T-shirts/Sneakers etc.)**

THURSDAY – August 30, 2018

SWIM MEET vs. Lakeville North

Swimming Starts at 6:00pm @Kenwood Trail MS (19455 Kenwood Trail – Lakeville)

**BUS LEAVES HOMS at 3:45pm for swimmers**

**\*\* There is construction on Kenwood Trail so PLEASE allow for extra travel time \*\***

Diving starts at 5:00pm @McGuire MS (21220 Holyoke Avenue – Lakeville)

**BUS LEAVES HOMS at 3:30pm for divers**

**\*BE ON TIME FOR THE BUS! THE BUS WILL NOT WAIT\***

FRIDAY – August 31, 2018

Practice: 7:30am-10:30am @HOMS

SATURDAY – September 1, 2018

**NO PRACTICE** – Have a Safe and Happy Labor Day Weekend

**LAKERS**



# Prior Lake High School Girls Swim & Dive Team Weekly Update



[FB Athletes](#)



[FB Parents](#)



[PLHS Activities Website](#)



[Email](#)



## Announcements from Coach Katie

1. Warm-ups: The girls were all issued warm-ups at the end of last week. Please check your daughter's warm-up number and have them remember which one is theirs. I am looking for number #46 if anyone comes across it - please let me know!
2. Practice Change: I am going to be moving practice Wednesday 8/29/18) to the morning due to conflicts we are having in the evening. Justin will need to be at the high school for Freshman Orientation and all of our kids have their open houses scheduled at their schools, which means I will need to get our own children to both the elementary school for our twins and the middle school for our son. Beth also has open house with her daughters; therefore, we are going to move practice to the morning (9:00am-11:00am). Please let me know if you have any conflicts with this schedule change. **This will apply to both swimmers and divers.**
3. Checks: Anyone that has **NOT** turned in checks to me please do so ASAP. I would like to get everything checked off my list and turned in to the LABC treasurer.
4. Fundraising: We have had a lot of success with our Papa Murphy's fundraiser so far. I have 1 athlete that has already sold 11 cards! If your daughter would like more - please let me know! We will run this through next Friday (8/31/18).
5. Apparel: Those that placed orders in July should have already received their orders. Due to an issue with manufacturers the joggers were not available so anyone that ordered those will be issued a refund by Elsmore. All orders placed in August should be done within the next week or two.

**LAKERS**



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**THANK YOU**

Thank you to all the athletes and parents/volunteers who donated their time on Wednesday packing food at Feed My Starving Children – the girls helped pack 169 boxes of food / with a total of 36,504 meals / feeding over 100 children for a year – it is a wonderful experience each year the girls do this and they look forward to it each and every year!

Thank you to all that donated your time, energy, food and drinks on Friday for the Mock Meet and Team Sleepover! The girls had a great meet with lots of great swimming, awesome times and most importantly – SMILES and LAUGHTER! We are looking forward to a GREAT Season!



**MOCK MEET DAY Photos**

[2018 PLHS Swim & Dive Mock Meet Part 1](#)

[2018 PLHS Swim & Dive Mock Meet Part 2](#)

Thank you to Troy Bauer & Michael Lein for taking amazing photos! We are lucky to have such amazing people to capture these moments!!



**REMINDER**

Just a reminder that there is an admission fee for ALL Swim Meets – the admissions vary at each location!





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**UPCOMING HOME MEETS Sign-Up Genius**

[SWIM MEET vs Burnsville \(09/06/2018\)](#)

[2018 Prior Lake Invite \(09/08/2018\)](#)



**We have a HASHTAG**

When posting photos or any communication about PL Girls Swim & Dive on Instagram, Twitter, Facebook etc. please include the hashtag

**#PLSWIMFAM**

- If you would like to be removed from the Girls Swim & Dive communications for 2018-2019 season please click unsubscribe HERE: [UNSUBSCRIBE](#)
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- **Our mailing address is:**  
Prior Lake Girls Swimming and Diving  
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**LAKERS**