

INDIVIDUAL EVENT SPECIALIST
PETITION PROCEDURE TO XCEL REGIONAL CHAMPIONSHIPS

AS DEFINED IN THE 2025-2026 USA GYMNASTICS WOMEN'S PROGRAM RULES AND POLICIES

All Xcel Diamond and Sapphire IES petitions to the
2026 Xcel Region 1 Gymnastics Championships
must be e-mailed or faxed to all:

- 1. GIGI IAVARONE, Regional Technical Committee Chairman:**
Gigi.RTC1@cox.net, 949-573-1654
- 2. JILL PRESTON Regional Xcel Committee Chairman:**
jill@gymcats.com, 702-566-1414
- 3. PERRY SIU State Administrative Committee Chairman:**
norcalchair@gmail.com, 415-899-8275, Fax 415-597-6395

Please use the subject line:
Petition_StateAbbreviation_Level_Athlete'sLastName
(Example: Petition_NorCal_10_Smith)
State Abbreviations: AZ, NV, UT, SoCal, NorCal

Petitions must contain:

- 1) Completed, legible [Injury Petition Form](#)
- 2) Verification of qualifying score which must include:
 - a. Name of meet
 - b. Date of competition
 - c. Scores for events (up to 3) must be 9.25 or higher for Xcel Diamond and Sapphire only.
- 3) Licensed Medical Professional's note which must include:
 - a. Written verification of illness or injury
 - b. Date of release for return to gymnastics activity
 - c. Signature of medical professional

WRITTEN REQUEST FROM THE COACH AND OFFICIAL RESULTS ARE DUE BY

5:00 PM, MONDAY, MARCH 30, 2026

ALL OTHER DOCUMENTS (PHYSICIAN'S NOTE) ARE DUE BY

5:00 PM, WEDNESDAY, APRIL 1, 2026