



# Passing & Playmaking

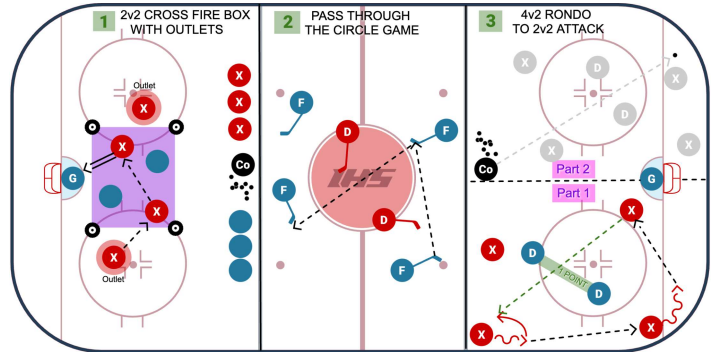
Tuesday, October 24th, 2023

**Please Note: The Practice of the Week is designed to bring value across multiple age levels. You can use this to build ideas to develop your own practice. With that being said, we highly encourage you to adjust the drills based on your team's age and skill levels. IHS should always be used as a starting point and you can add/remove constraints to fit your team.**

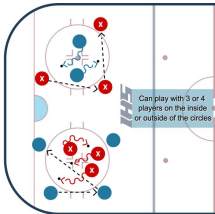
**Practice Theme:** This is an up-tempo practice designed to stimulate players' awareness, decision-making, and play-making skills. The drills and Small Area Games reinforce the importance of recognizing passing lanes, executing on puck movement, and being a quick support option for teammates.

Offensively, players have to be comfortable making and receiving pucks with limited time to make their next play. Players off the puck have to find lanes and become scoring threats as they get into high-quality shooting areas.

Defensively, players should focus on limiting offensive players' space, killing plays and regaining possession.



## Pit Chaos Handling with Passes

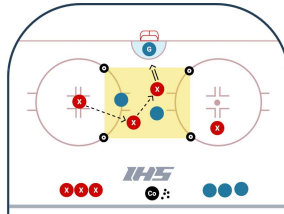


Can play with 3 or 4 players on the inside or outside of the circles

### Everyone

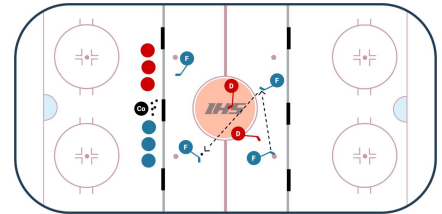
Start practice with an up-tempo puck control and passing game that gets players hands, feet and eyes going right away.

## 2 V 2 Crossfire Box Game With Outlets



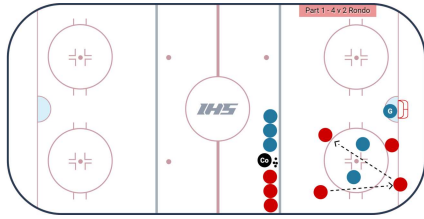
### Station #1

## Pass Through The Circle Game

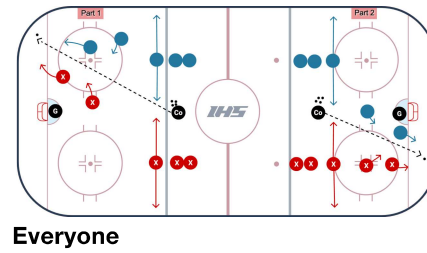


### Station #2

### 4 v 2 Rondo to 4 v 2 Quick Attack



### The Box Game



### 4 Corner Possession Game - Offensive Advantage

