



Jersey Colts Ice Hockey Club Spring 2019



Jersey Colts 2019 Spring hockey objective is to prepare players for the upcoming season.

Every clinic will focus on:

Power Edge Pro skill development, power skating, edge control, passing, shooting, goalie drills and much more.



Power Edge Pro is an on-ice player development system utilizing propriety equipment and training patterns. The system focuses on Reactive Countering Training™, engaging multiple motor skills simultaneously to develop a player's small area game performance. All patterns are completed while maintaining puck control and are designed to provide 5x as many repetitions as standard drill based practices, leading to faster development of elite skills. Who trains on PEP? Over a 130 NHL, College and Junior players. To watch video of Connor McDavid, Taylor Hall and other NHL players train on PEP, go to <http://powerededgepro.com>

Spring 2019 clinic teams Fees (per player)

Teams:	<u>15 Clinics/2 Tournaments</u>	<u>15 Clinics</u>
ONLY		
• U18 ('01 & '02)	\$825	\$625
• U16 ('03 & '04)	\$825	\$625
• Bantam ('05 & '06)	\$825	\$625
• Pee wee ('07 & '08)	\$825	\$625
• Squirt ('09 & '10)	\$825	\$625

Weekly clinics begin April 24 - June 12, 2018

All Clinics are on Tuesday and Thursday each week
Squirt / Pee Wee @ 5:45 PM
Bantam / Midget @ 7:00 PM

The clinics will be held on the following dates:

4/23 - 4/25 - 4/30 - 5/2 - 5/7
5/9 - 5/14 - 5/16 - 5/21 - 5/23
5/30 - 6/4 - 6/6 - 6/11 - 6/13

Total of 15 skill development clinics

Mite Spring 2019 Twin Oaks

- Mite (2011 birth year & under)
- Cost - \$375.00 per Player
- League runs 4/8 to 6/17

Fee includes:

*10 games & 5 practices

Schedule to be published in March by the Twin Oaks management

For selection to the Twin Oaks Mite team, please talk to a coach or Board member.

Spring 2019 tournament dates

- Squirt, Pee wee, Bantam & Midget - TBD - one local and one travel
- **U18 (00, 01, 02) Chowder Cup - July 18 - 21, Boston, MA - Invite only - \$200.00**

Register on-line at
www.coltsicehockey.com