



HFC TOPSOCCER

BUDDY NEED-TO-KNOWS



Stay with your player

To ensure a positive & safe experience, stay with your player at all times. Buddies should remain near their player throughout the session.

Open to adapt & accommodate

Every player is unique and every session is different. What you do should be based off what your player is up for that day. Be flexible, creative, and encouraging. Make changes as needed to keep the player engaged.

Call a coach if you need help

It's OK if you're having a difficult time or aren't sure what to do. Always let us know if you feel uncomfortable or need suggestions.

Celebrate all successes

Celebrate the little things (and the big things too). Remember that success looks different for each player

Engage with your player

Building relationships is one of the most important parts of the program. Everyone communicates differently, but positive interactions are important and meaningful to the players! Always bring your smile.

Remember to have **FUN!**

The players will have more fun if they see you having fun too!