

What makes MOCO Unique?

The MOCO club philosophy is:

- 1) Family: We are a volleyball family. We support each other--both on the court and off—and we build lifelong friendships with our players and their parents.
- 2) Opportunity: We want everyone to have a chance to play volleyball. We provide as many opportunities for players to get on the court as possible. If a player isn't ready for club volleyball today, we want to help get them ready for tomorrow.
- 3) Competition: We compete at the highest level of our ability and use these challenges to develop ourselves into our best self.

What should I bring to tryouts?

Bring your USAV Medical Release form, volleyball attire, kneepads and a water bottle.

Are parents able to watch the tryout process?

No. Tryouts are closed to parents. Parents may help check players in. For U11, parents may wait in the designated waiting area. For all other ages we ask parents to leave the gym.

What if I'm injured or sick during tryout dates?

We will address each situation on a case-by-case basis.

How many teams do you have?

We are planning on teams for U11-U18. Age groups with large numbers of players trying out will have multiple teams.

How many players are you planning for on a team roster?

12. We may take less if we believe all positions will be covered well. Occasionally we will take more than 12 if we know of player schedule conflicts for tournaments in advance of selecting teams.

How “competitive” are your teams?

MOCOs top teams (our “1s”/open-level teams) are typically very competitive both within the CHRVA region and nationally. For example, most of our top teams were ranked in the top 10 in the

CHRVA region and in the top 10% nationally. Our 2s and 3s teams compete at the National and American level at tournaments, and are also very competitive.

What are you looking for at tryouts?

The goal of tryouts is to find the 12 players that form the best team. That does not mean that we are always looking for the “best” players in terms of athletic ability. In general, we evaluate players on the following traits:

- 1) Attitude: Do you have a positive, supportive attitude? Do you accept coaching well?
- 2) Effort: Do you give maximum effort, regardless of the situation you are placed in?
- 3) Learning Ability: Can you learn skills quickly?
- 4) Volleyball skill: Do you have the skills necessary for your position?
- 5) Athletic ability and physical ability: Do you have the athletic abilities that make for a high performing volleyball player (high vertical leap, strong arm swing, fast lateral movement, tall, etc.)?

At MOCO, poor attitude and poor effort are big red flags. We want players who want to play, who support their team regardless of their personal role and who want to grow as volleyball players.

We also take into account how parents and extended families support their players, their coaches and the club. When you join MOCO, you join our family, and we want to make sure everyone in our program has an enjoyable volleyball experience. Parents play a big role in running a successful club.

How does the offer process work?

You will receive a written offer either at tryouts or via email. For email offers, please immediately acknowledge that you have received the offer. Please either accept or decline as quickly as possible. You can certainly consider offers from other clubs, but please let us know if you are considering other offers.

If you or your family need to talk to the team coach, you can reach them via phone at the number that will be provided as part of the offer.

What if I don't get an offer at my tryout session?

Players that don't receive an offer at their first tryout may still receive an offer. We have multiple tryout sessions and evaluate a large number of players, so it is not unusual to receive an offer after we have had a chance to see everyone.

I have offers from multiple clubs, what should I do?

Congratulations, that's great! As you think through your decision, consider the following information:

- 1) Club Philosophy: Every club has a different approach to club volleyball. Some are focused on winning, others focused on beginner development, etc. Pick the one that is right for you.
- 2) Coach Philosophy & Approach: Every coach has an approach to how they coach. Make sure you know what your coach's philosophy and approach are and what their goals are for their team.
- 3) Individual Player Focus: Larger clubs tend to focus more on their top teams, but that sometimes means other players feel like they aren't getting the same amount of support and development opportunities. MOCO is purposely "middle-sized" – we have very competitive teams but we are small enough to make sure every player gets a chance to develop. For example, our club clinics are open to everyone, regardless of their age and/or skill.
- 4) Personal Goals: What are your goals as a volleyball player? Learning how to play? Making your school team? Competing at a national level? Playing in college? The club and team you select plays an important role in answering these questions. Be open and honest with your MOCO coach about your goals and they can help you understand how MOCO will support you.

How much time do I have to accept the offer?

Offers made by MOCO guarantee you a spot on one of our teams until 10 PM on the Tuesday after your tryouts. After the deadline, we will offer your spot to another player.

What happens after I accept the offer?

Per CHRVA rules, once you accept the offer you may not pursue an offer from another club or team. Coaches will contact you with the club contract, information on practice schedule, uniform information, etc.

If I make a team, when do practices start?

Club activities start the week of November 9th.

What will my team's practice schedule be?

Practice schedules are shared during tryouts via our website.

In general, all our teams practice 2x per week, with our top teams practicing 3x per week. All teams also offer additional club clinics and strength and conditioning training.