



# 2023 COULEE CONFERENCE FOOTBALL ALL-CONFERENCE TEAM

## FIRST TEAM

|                    |                          |                   |    |
|--------------------|--------------------------|-------------------|----|
| Blake Sutton**     | Westby                   | Quarterback       | 12 |
| Kyle Seiling**     | Gale-Ettrick-Trempealeau | Running Back      | 11 |
| Rhett Stenslien    | Westby                   | Running Back      | 12 |
| Andrew Fassbinder  | Viroqua                  | Wide Receiver     | 12 |
| Anders Stakston    | Westby                   | Wide Receiver     | 11 |
| Lucas Bendel       | Westby                   | Tight End         | 12 |
| Shane Willenbring* | Aquinas                  | Offensive Lineman | 12 |
| Max Maliszewski    | Aquinas                  | Offensive Lineman | 11 |
| Cisco Jimenez      | Gale-Ettrick-Trempealeau | Offensive Lineman | 12 |
| Sam Stenberg       | West Salem               | Offensive Lineman | 12 |
| Chase Bendel       | Westby                   | Offensive Lineman | 12 |
| Walter Berns       | Aquinas                  | Defensive Back    | 12 |
| Brett Plomedahl    | West Salem               | Defensive Back    | 12 |
| Brady Mowery       | Westby                   | Defensive Back    | 12 |
| Brady Lehnherr     | Aquinas                  | Linebacker        | 12 |
| Trevor Arentz      | West Salem               | Linebacker        | 11 |
| Joey Ellefson      | Westby                   | Linebacker        | 12 |
| Chase Bendel       | Westby                   | Linebacker        | 12 |
| Shane Willenbring  | Aquinas                  | Defensive Lineman | 12 |
| Cisco Jimenez      | Gale-Ettrick-Trempealeau | Defensive Lineman | 12 |
| Miles Olson        | West Salem               | Defensive Lineman | 11 |
| Ryon Berklund      | Westby                   | Defensive Lineman | 11 |
| Landon Michlig     | West Salem               | Punter            | 10 |
| Domanick Knott     | Gale-Ettrick-Trempealeau | Kicker            | 12 |
| Anders Stakston    | Westby                   | Special Teams     | 11 |

Co-Players of the Year: Kyle Seiling (G-E-T), Blake Sutton (Westby)  
Lineman of the Year: Shane Willenbring (Aquinas)

## **Coulee Conference Football – 2023**

### **SECOND TEAM**

|                  |                          |                   |    |
|------------------|--------------------------|-------------------|----|
| Luke Baginski    | West Salem               | Quarterback       | 11 |
| Kyle White       | Aquinas                  | Running Back      | 11 |
| Trevor Arentz    | West Salem               | Running Back      | 11 |
| Walter Berns     | Aquinas                  | Wide Receiver     | 12 |
| Logan Becker     | Aquinas                  | Wide Receiver     | 10 |
| Owen Zahm        | Viroqua                  | Tight End         | 12 |
| Evan Steffen     | Altoona                  | Offensive Lineman | 12 |
| Jon Kearney      | Aquinas                  | Offensive Lineman | 11 |
| Brett Ziolkowski | Aquinas                  | Offensive Lineman | 12 |
| Miles Olson      | West Salem               | Offensive Lineman | 11 |
| Ryon Berklund    | Westby                   | Offensive Lineman | 11 |
| Jackson Berg     | Altoona                  | Defensive Back    | 12 |
| Ted Teske        | Arcadia                  | Defensive Back    | 11 |
| Kyle Seiling     | Gale-Ettrick-Trempealeau | Defensive Back    | 11 |
| David Malin      | Aquinas                  | Linebacker        | 12 |
| Max Sobotta      | Arcadia                  | Linebacker        | 11 |
| Taylor Haney     | Gale-Ettrick-Trempealeau | Linebacker        | 12 |
| Oliver Pelock    | Viroqua                  | Linebacker        | 12 |
| Max Maliszewski  | Aquinas                  | Defensive Lineman | 11 |
| Carter Repaal    | Gale-Ettrick-Trempealeau | Defensive Lineman | 12 |
| Owen Zahm        | Viroqua                  | Defensive Lineman | 12 |
| Rhett Stenslien  | Westby                   | Defensive Lineman | 12 |

## **Coulee Conference Football - 2023**

### **HONORABLE MENTION**

|                  |                          |        |    |
|------------------|--------------------------|--------|----|
| Jackson Berg     | Altoona                  | RB     | 12 |
| Isaac Johnson    | Altoona                  | LB     | 10 |
| Evan Steffen     | Altoona                  | DL     | 12 |
| Austin Wirth     | Altoona                  | DL     | 10 |
| David Malin      | Aquinas                  | RB     | 12 |
| Anthony Miller   | Aquinas                  | DB     | 12 |
| Jacob Thornton   | Aquinas                  | QB     | 11 |
| Max Blaschko     | Arcadia                  | DL     | 10 |
| Logan Calverley  | Black River Falls        | DL     | 12 |
| Noah Kubaskie    | Black River Falls        | OL     | 12 |
| Roman Madvig     | Black River Falls        | OL     | 10 |
| Chris Muir       | Black River Falls        | LB     | 12 |
| Omar Jimenez     | Gale-Ettrick-Trempealeau | LB     | 11 |
| Cale Pickering   | Gale-Ettrick-Trempealeau | OL     | 11 |
| Carter Repaal    | Gale-Ettrick-Trempealeau | TE     | 12 |
| Anthony Depietro | Viroqua                  | LB     | 11 |
| Isaac Pratt      | Viroqua                  | DB     | 11 |
| Slade Stackhouse | Viroqua                  | OL, DL | 12 |
| Cole Everson     | West Salem               | WR     | 12 |
| Brendon Ghelfi   | West Salem               | WR     | 12 |
| Logan O'Brien    | West Salem               | LB     | 12 |
| Adam Schams      | West Salem               | LB     | 12 |
| Lucas Bendel     | Westby                   | LB     | 12 |
| Quinn Bergdahl   | Westby                   | DB     | 12 |
| Shaun Dahlen     | Westby                   | OL     | 12 |
| Brady Mowery     | Westby                   | RB     | 12 |
| Blake Sutton     | Westby                   | DB     | 12 |