
Livermore Fusion Principles of Play



WE - PHASE 1>2:

TEAM POSTURE AND PLAYER ROTATIONS

- CENTRAL
- BALL-SIDE



TEAM

1. **All players attack and all players defend:** All players must be involved in the game as a unit.
2. **Numerical advantage:** Soccer is a game of numbers where we try to create a numerical advantage in attack and avoid being in a numerical disadvantage in defense.
3. **Flow of the ball:** The ball should flow from inside (of the space) to outside and outside to inside. Balls out wide are more secure and the ball in the middle increases the options of play.
4. **Triangle principle and passing options:** The player in possession of the ball must receive constant support and have at least two passing options.
5. **Speed of play:** Quick movement of the ball creates 2v1 situations.
6. **Movement off the ball:** Find the best available space to create passing options for the player in possession of the ball.
7. **Pressure as a unit:** Organized pressure forces the opponents to commit errors.
8. **Transition:** Improve transition by reducing the number of passes needed to arrive at the target area or the opponent's goal.
9. **Direction of the game:** The game flows in two directions. Keep the essence of the game in the majority of your practices.
10. **Take initiative during the game:** Team breakdowns will occur. The team must be capable of adapting to new situations and imposing its own style of play during the game.

Team System: 1-4-3-3

WE - Phase 1; Primary Team Posture

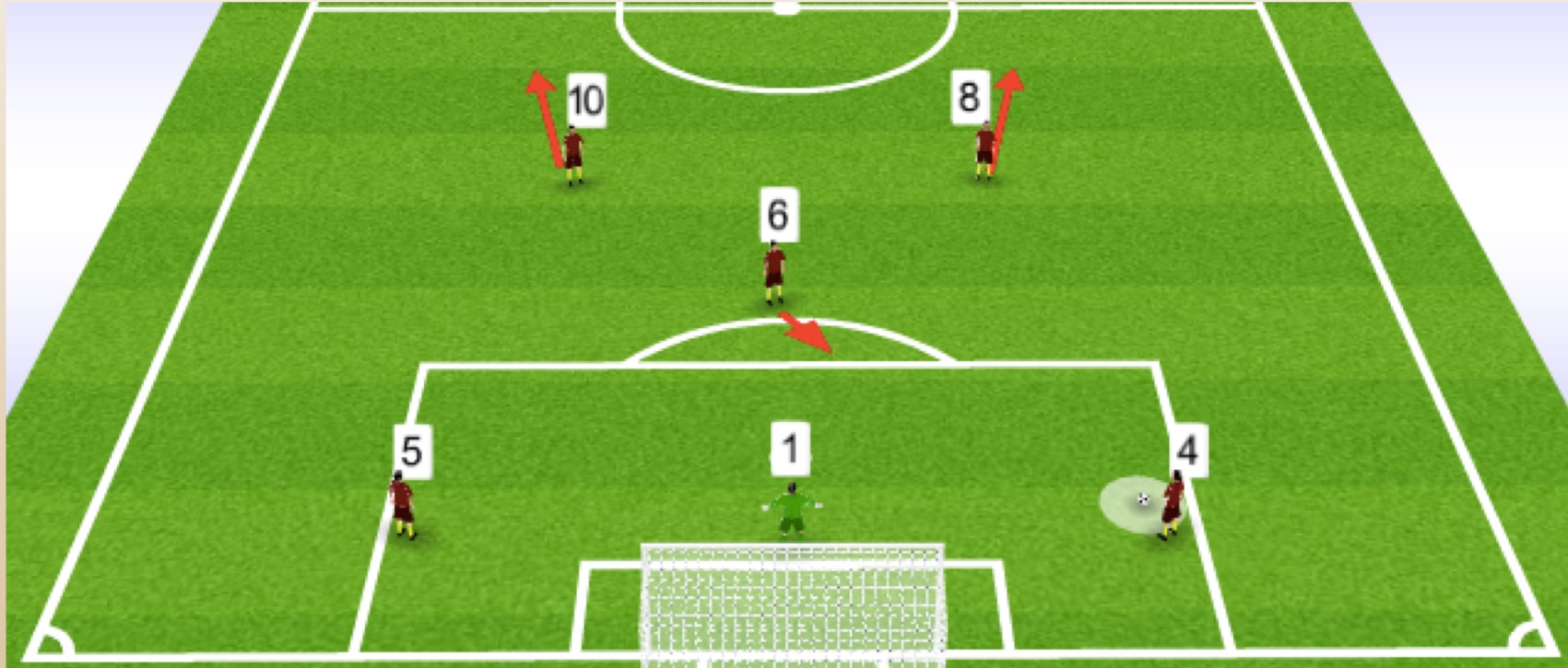


- 3 Forwards
- 3 Midfielders
- 4 Backs
- 1 Goalkeeper



Build the Attack; stretch the midfield vertically - central player rotation A

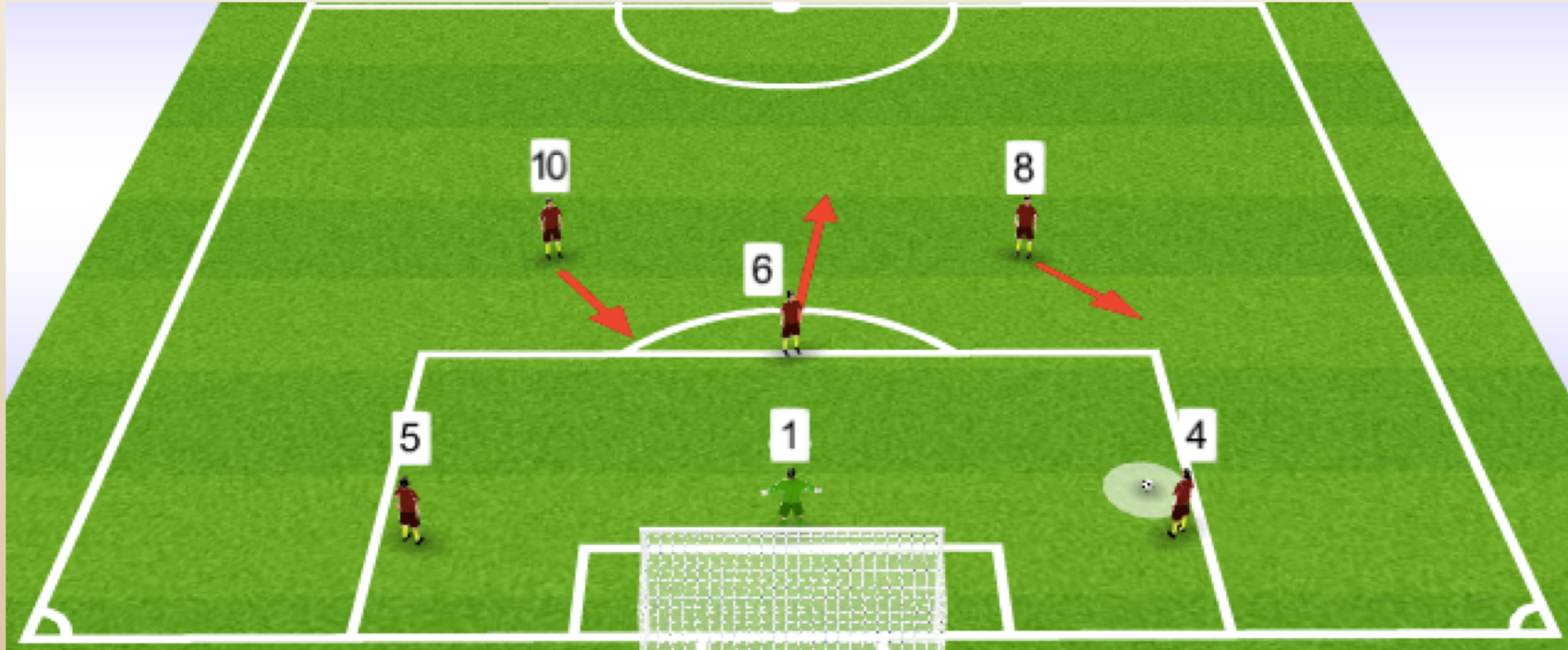
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#10 AND #8 **STRETCH** THE FIELD **VERTICALLY** BY MOVING UP THE FIELD. #6 STRETCHES THE FIELD VERTICALLY BY **CHECKING** DOWN TO THE BALL. IF OUR OPPONENT PRESS WE WILL HAVE A **SURPLUS OF PLAYERS** BEHIND THEM AND EASILY SKIP A LINE. IF THEY DROP WE WILL HAVE A SURPLUS OF PLAYERS IN FRONT THEM AND BUILD AN ATTACK THROUGH #6, #4 AND #5

Build the Attack; stretch the midfield vertically – central rotation B

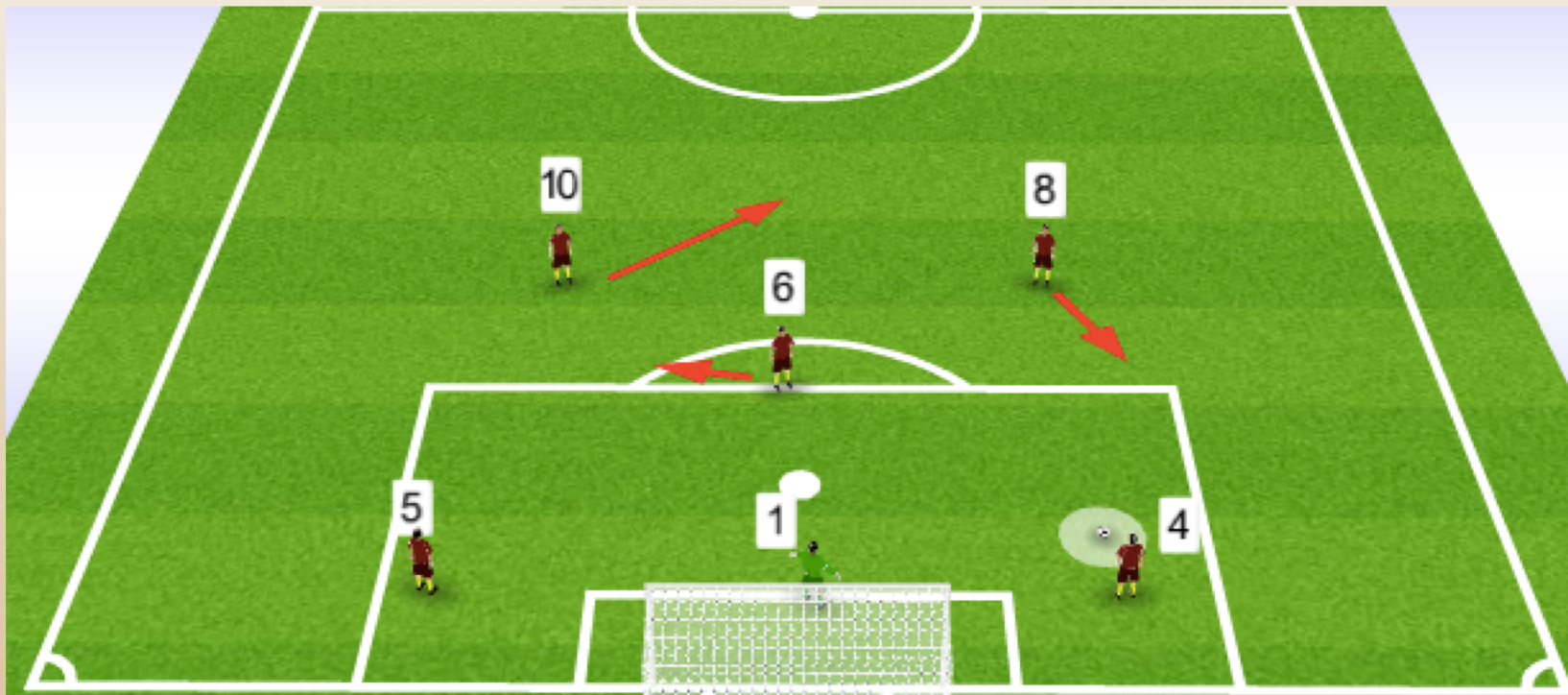
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#8 AND #10 **CHECK** DOWN TO THE BALL WHILE #6 **PUSHES UP** THE FIELD IN ORDER TO **STRETCH THE DEFENSE** VERTICALLY AND CREATE MORE SPACE **BETWEEN THEIR LINES**.

Build the Attack; unbalance the midfield - central player rotation C

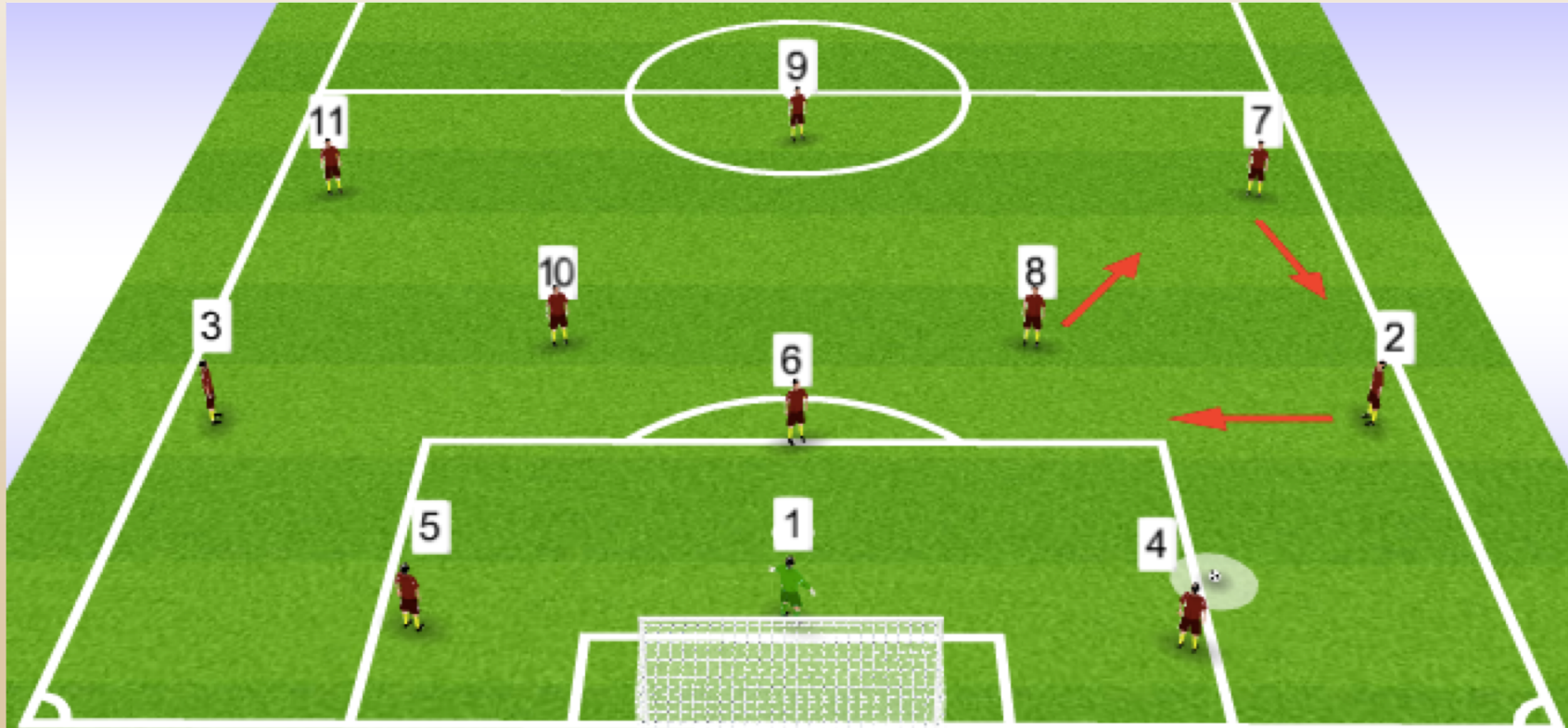
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#10, #8 AND #6 SPIRAL THEIR RUNS TO **UNBALANCE** AND **CREATE GAPS** IN THE OPPONENT'S PRESS FOR A FORWARD PASS. THE MOMENT THIS OCCURS IS BASED ON THE TIMING AND SHAPE OF THE OPPONENT'S PRESSURE ON THE BALL.

Build Attack; ball-side rotation A

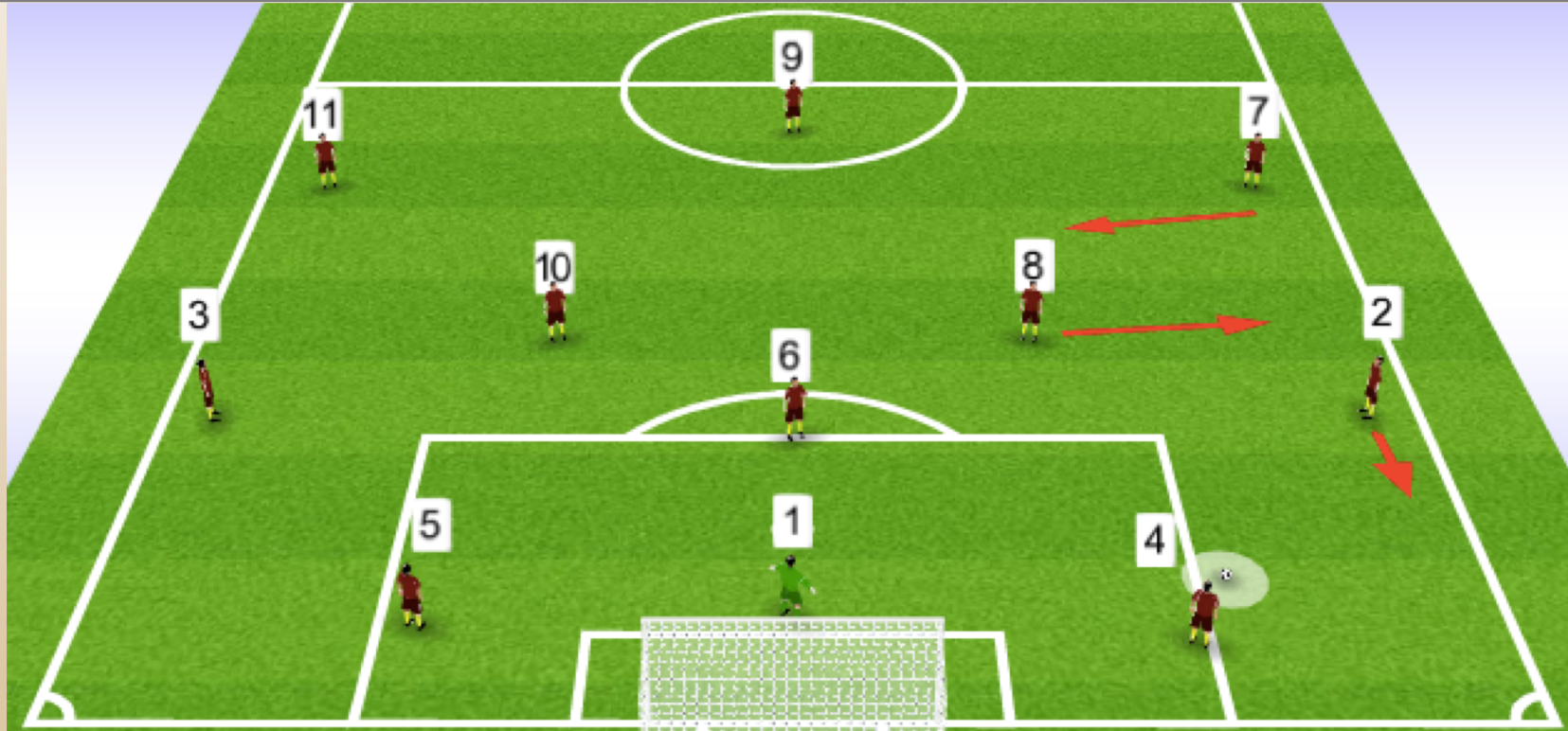
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#2 CHECKS INSIDE, IF HE IS MARKED THE SPACE IS CREATED FOR #7 TO CHECK DOWN AND RECEIVE THE BALL, IF #6 IS NOT MARKED WE WILL HAVE A SURPLUS PLAYERS INSIDE. #8 STRETCHES AND BALANCE THE FIELD FOR BALANCE AND RANGE OF THE ATTACK

Build Attack; ball-side rotation B

<https://www.youtube.com/watch?v=-FGcEWIVS28>



#2 CHECKS BACK LOW TO THE BALL, #7 AND #8 ROTATE FROM INSIDE TO OUT W EACH OTHER IN ORDER TO UNBALANCE THE DEFENSE Laterally AND CREATE GAPS AND PASSING LANES

Build the Attack; ball-side rotation C

<https://www.youtube.com/watch?v=bIPhdeFYmn4>



#2 CHECKS BACK FOR THE BALL, #7 AND #8 ROTATE TO UNBALANCE THE DEFENSE VERTICALLY.