

QUAD CITY – SEASON (upd 3/2026)

AMERICAN LEAGUE RULES

BASE DISTANCE	90 feet
PITCHING DISTANCE	60 feet 6 inches
INNINGS	6
MAX PLAYERS ON FIELD	9
MAX PLAYERS ON INFIELD	4
WALKS PER INNING	NO LIMIT
INTENTIONAL WALKS	NO
BALKS CALLED	YES – 2 WARNINGS
STEALS PER INNINGS	UNLIMITED
LEADING	YES
STEALING HOME	YES
DELAYED STEAL	YES
DOUBLE STEALING	YES
ADVANCE ON CATCHER'S OVERTHROW	YES
INFIELD FLY	YES
BUNTING	YES – NO SLASHING
ADVANCE DROPPED 3 RD STRIKE	NO
SACRIFICE FLY	YES
MAX INNINGS PER PITCHER PER GAME	3
MAX INNINGS PER PITCHER PER WEEK	6
HIT BATTERS	2 IN A ROW PITCHER IS REMOVED
HIT BATTERS IN GAME	4
MAX RUNS PER INNING	6
MAX RUNS LAST INNING	NO LIMIT
BAT RESTRICTIONS	USA BASEBALL OR BBCOR ONLY (USSSA bats are NOT allowed)

American League Rules

1. One pitch = one inning pitched. A pitcher must pitch consecutive innings in a game. Once a pitcher is removed he is not allowed to pitch for the remainder of that game. Pitch counts must be recorded and limits be imposed on pitchers. No pitcher should throw more than 90 pitches in a game. Once the total pitch count has been calculated, a pitcher must take defined amount of days off from pitcher as follows:

0 to 50 Pitches = 1 Days Rest
51 to 70 Pitches = 2 Days Rest
71 to 90 Pitches = 3 Days Rest

2. Pitcher must be removed from game if 4 batters are hit by pitch in a game or 2 batters in a row. A hit batter is a hit batter whether the ball bounces or not. This would still be an indication that the pitcher lost control of the pitch.

3. If the umpire declares a balk, the play is dead and all baserunners are allowed to return to their base. After the 2nd balk, the runners will be awarded a base from then on.

4. If a home run is hit, all runs will count regardless of inning. This exception only applies if it is an actual home run and does not apply if the batter reaches home as a result of error(s) in the field.

5. Batters must wear helmets. Helmets with cages are not required in this division and are optional. All helmets must be NOCSAE approved.

6. No steals allowed by a team that has a 10-run lead. If lead drops below 10 runs stealing allowed again until the 10-run lead is regained.

7. Once the ball is in possession on a fielder within 6' of the pitching rubber, the runners can no longer advance. Runner will be allowed to return to the base they came from.

8. There is a 1 hour 50 minute time limit on all games which means no inning can start once you have reached the 1:50 mark in the game. You must finish the last inning that was started. If it becomes too dark to finish the inning, the game reverts back to the score before the incompleting inning started. Extra innings are allowed as it will be subject to the time limit. If the game ends in a tie and there is still time before the time limit is reached, we will allow extra innings and follow the time limit rules as stated.

9. The minimum players to start a game is 7. With that 2 players from opposing team are to help out with fielding in LF and RF till other players show. It is hard enough getting these games in without having to reschedule them because of not enough players.

10. Mercy Rule – 15 run lead after 4 completed innings (3 ½ innings for home team lead)

11. No steals allowed by a team that has a 10-run lead. If lead drops below 10 runs stealing allowed again until the 10-run lead is regained.

12. If a bat, not marked USA or BBCOR, is used, the batter is automatically out and all baserunners return to their original bases. This is a safety issue. Do NOT use USSSA or unlabeled bats.

13. TEAMS MUST SHOW SPORTSMANSHIP EVERY GAME!