



Injury & Concussion Protocol/Guidelines

Injury Protocol

Injuries sustained by players will be categorized into three tiers based on the type and severity of the injury. The appropriate protocol will be followed to aid our players and ensure effective communication with parents.

Injury Tiers and Protocols

Tier 1 Injuries:

Description: Minor injuries that do not significantly impact the player's ability to participate in activities.

Examples: Minor cuts, bruises, sprains, ice administered.

Protocol:

- Immediate first aid administered by coaching staff.
- Notification via text or email to parent(s) after practice or game.

Tier 2 Injuries:

Description: Moderate injuries that may require medical attention and could temporarily impact the player's ability to participate.

Examples: Sprains, strains, minor fractures, sign(s) of concussion.

Protocol:

- Immediate first aid and assessment by coaching staff.
- Notification to parents immediately following the injury.
- Recommendation for medical evaluation and follow-up.
- If any level of concussion is suspected, concussion guidelines provided by Children's Healthcare of Atlanta (CHOA) are to be followed.
- Required medical clearance before returning to play.

Tier 3 Injuries:

Description: Severe injuries that require immediate medical attention and significantly impact the player's ability to participate.

Examples: Major fractures, concussions, ligament tears.

Protocol:

- Immediate first aid and emergency response initiated by coaching staff.
- Immediate notification to parents and emergency contacts.
- Required medical clearance and adherence to a rehabilitation plan before returning to play.

Acknowledgment

By signing below, I acknowledge that I have read and understood the policies and procedures of Ace Volleyball & Athletics, including the injury protocols. I agree to adhere to these guidelines and to support the organization's efforts in providing a safe and effective environment for all athletes.

Agreement to Policies and Procedures

As a parent/guardian of a player at Ace Volleyball & Athletics, I acknowledge that I have read and understood the policies and procedures set forth by the organization. By signing this contract, I agree to comply with all guidelines and requirements established by Ace Volleyball & Athletics to ensure a safe, supportive, and productive environment for all athletes.

Parent/Guardian Signature

Signature: _____

Date: _____

Player Signature

Signature: _____

Date: _____