



SEPTEMBER 2023 NEWSLETTER

SHSAA BOARD OF DIRECTORS
2023 - 2024

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Sarah Pickering

ELIGIBILITY OFFICER:

Roger Morgan

SHSAA OFFICE

#1 - 575 Park Street

REGINA SK S4N 5B2

Tel: 306-721-2151

shsaa@shsaa.ca

www.shsaa.ca

SHSAA MISSION STATEMENT

*"To provide educational opportunities through
school sport"*

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SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

Executive Director's Report

The SHSAA is experiencing a “runner’s high” following the 75th Anniversary of the Association. With plans to continue the momentum, we welcome you to the 2023-24 year of high school sport and the prospect of having a positive impact on students by providing opportunities through SHSAA activities. I hope you had a relaxing summer with a chance to spend quality time with family and friends and re-energize for a rewarding year offering experiences that will further students’ growth as contributing citizens.

Roger Morgan was the successful candidate for the new position of Eligibility Officer with the SHSAA. His role will be to oversee eligibility and student transfers. We welcome Roger to the staff and look forward to working with him in this new capacity. In addition to Roger and myself, your SHSAA office staff will include Jeff Kitts (Assistant Executive Director), Jessica Blair (Executive Assistant), and Sarah Pickering (Executive Assistant). Our office hours are 8:00am - 4:30pm from Monday to Thursday; Friday hours may vary. A list of [assigned office responsibilities](#) can be found in the handbook and on the website to assist you in directing your inquiries when contacting the office for assistance. Our team is very excited about the opportunity to serve the SHSAA and the dedicated group of people (teachers, coaches, officials, parents, and volunteers) that make school sport in Saskatchewan a reality. Together we will provide the best experience possible to the student-athletes of our province.

The Board of Directors underwent a few changes at the 2023 AGM that was hosted in White City/Emerald Park. Brad Nemish was elected as the new President of the SHSAA. Al Wandler remains for a sixth year on the Board serving as Past President after three years as Section I Representative and two productive years as Association President. New to the Board of Directors is Glenn Thiessen (Saskatoon Representative), Logan Woytowich (Regina Representative), Greg Knot (Section IV Representative), and Ken Garinger (LEADS Representative). Returnees include: Ken Parker (Officials’ Representative), Lance Morrison (Section I Representative), Dan Alspach (Section II Representative), Ryan Trumbley (Section III Representative), and Cathy Morrow (SSBA Representative). Angelin Comfort completed a one-year term as Women’s Representative and will be starting a two-year term as an Equity Director. A heart-felt thank you goes out to those who served on the Board of Directors this past year.

Sponsorship continues to be critical for successfully meeting the goals of the Association. Funding from major sponsors allows SHSAA to keep participation fees at minimum levels attempting to remove barriers for student participation. Please find time to say thank you to representatives from our major sponsors: Saskatchewan Milk Marketing Board and SaskTel. There are many other Educational, Event, and Program sponsors that assist SHSAA throughout the year; these include: University of Saskatchewan Huskie Athletics, University of Regina Faculty of Kinesiology and Health Studies, Hudl, Sport Logo, Al Anderson’s Source for Sports, Spalding, SGI Canada Inc, Just Volleyball, and Yonex. Sask Lotteries is a major funder of SHSAA. Sask Sport Inc. is licensed to operate Saskatchewan Lotteries, and through an agreement with the Government of Saskatchewan, proceeds from Saskatchewan Lotteries are dedicated to sport, culture, and recreation organizations to benefit communities throughout the province. Please view [SHSAA sponsors and the links to their websites](#).

The Board of Directors engaged in Strategic Planning during the 2022-23 school year. With the guidance of an external facilitator, the Board Members analyzed the Mission, Vision, Values, and Strategic Priorities of the Association. The Board of Directors is proud to present the [2023-28 Strategic Plan](#) that will guide the Association for the next five years.

SHSAA has been collaborating with Dr. Chad, Dr. Friessen, and Dr. Humbert from the University of Saskatchewan on two related surveys which have focused on the experiences that participants had during the 2021-22 and 2022-23 school years when high school sport returned. It is incredible to have local data from responses collected right here in SK! The SHSAA Board of Directors analyzed the themes that emerged from the data when creating the 2023-28 Strategic Plan and the professors from the U of S continue to share the data to a broader group at International Conventions.



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The Board of Directors did a lot of work with a consultant from Multicultural Council of Saskatchewan (MCoS) during the 2021-22 school year regarding diversity, inclusion, and equity with the objective of providing leadership for the Association in this area. The SHSAA has taken a step toward “Functional Inclusion” during the 2022-23 school year by welcoming voting members that self identify as: Indigenous, oppressed by racism, 2SLGBTQ+, new to Canada, female, with disabilities, neurodiverse, from non-dominant faith communities, or people who historically were and currently are under-represented in the Association. During the 2023-24 school year, the SHSAA Board will include one Equity Director and welcome a second Equity Director next year. MCoS provided informational videos to reiterate “[Why](#)” these changes were needed for the Association and “[How](#)” to implement the changes in a positive manner. The SHSAA is steadfast in continuing to move the Association in a positive direction with the eventual goal being “Transformational Inclusion”. Diversity will provide multiple perspectives and experiences to the Association.

“SHSAA stands in solidarity with truth and reconciliation and affirms the calls to action.” The Association will once again declare this on The National Day of Truth and Reconciliation and behooves this to be recognized by schools on September 30th and every other day during the year.

Educational athletics is a tremendous way to engage students and build relationships in Saskatchewan schools. The STF is “celebrating teachers that go above and beyond” by planning a social media campaign featuring teachers and the extra-curricular activities they lead. Please [share your experiences about school sport](#) and encourage your colleagues to reap the benefits of being involved with students in an educational setting outside of the traditional classroom.

The SHSAA office will be offering a webinar for new ADs (or experienced ADs that would like a refresher) on Wednesday, September 6, 2023 at 3:30pm; [sign up for the webinar](#). ExNet tutorials have also been created as a support for athletic directors; the videos can be found at the [SHSAA YouTube Channel](#).

On September 7th, the SHSAA will be offering the second annual Youth Officials Volleyball Clinic virtually from 3:45 – 4:45pm. Registration for the clinic can be found on the SHSAA Website or by [clicking on the following link](#). The clinic will provide athletes and teams with a better understanding of the rules, rotations, and everything related to completing a volleyball match.

School Sport Week has been proclaimed by the Minister of Education from October 8 – 14th, 2023. With your collective help, the week will be filled with activities across the province that culminate in a celebration of school sport during the Provincial Cross Country Championship to be hosted in Regina. Over 30,000 students participate in school sport each year and this week will recognize the many students, coaches, and volunteers who make it possible.

The SHSAA has had some very positive discussions with the Saskatchewan Legion surrounding our playoffs that are scheduled this fall during the November 11 weekend; we thank them for their support. The championships will bring communities together and provide an additional opportunity for student-athletes to be involved in Remembrance Day programming that will signify the importance of the day. SHSAA will once again honour the Legion member cards for free admission to any of our SHSAA playoffs during the lead up to November 11 and look forward to distributing poppies for all participants of SHSAA playoffs to wear during their competitions. Everybody involved will take time to pay respect to all those that served and continue to serve; those that protect our freedom which provide us the ability to engage in activities such as sport.

I sincerely look forward to my travels around the province this year. The meetings, presentations, and championships are true highlights in the yearly calendar. The opportunity to work with each of you makes the job so rewarding and is what continues to humble me as I serve the membership and students of our province.

Dave Sandomirsky, SHSAA Executive Director



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AGM Recap

The 2023 SHSAA AGM was successfully hosted by QVDA in White City/Emerald Park. Trevor Viergutz and the entire hosting committee provided an entertaining and well-organized event. The highlight of the AGM was the 75th Anniversary celebration which included over 50 past Merit Award winners joining current SHSAA Members to recognize very deserving individuals from around the province. Information regarding the recipients can be found later in this newsletter as well as links to the videos that pay tribute to these individuals that have made a major impact on the Association.

Two presentations highlighted the Thursday morning general session:

- Cadmus Delorme delivered an entertaining and thought-provoking message of hope and truth in our journey toward reconciliation.
- Samantha Becotte and Angela Banda from the Saskatchewan Teachers' Federation (STF) presented information regarding Provincial Collective Bargaining and provided the SHSAA Membership an opportunity to ask questions.

A summary of the changes approved at the AGM are listed below ([a complete review of the resolution package can be accessed at the SHSAA website](#)):

- The Board of Directors will create an ad-hoc committee to address logistical challenges that SHSAA coaches face in attaining certification for Aboriginal Coaching Modules (ACMs)
- E-5s for Golf, Soccer, and Football will be due on the 2nd Wednesday of September
- Withdrawal date for Basketball will be the Wednesday prior to Family Day
- Late withdrawal fines will be \$400. If the withdrawal occurs after 12:00am on the Sunday preceding the playoff, the fine is \$600 with \$200 going to the host
- Open Doubles Curling will be offered as an SHSAA sanctioned event starting 2024-25 school year
- 1A/2A 6-aside football will be classified with half the teams being placed in 1A and half in 2A. 1A and 2A teams will play in conferences together, but participate in playoffs against their own classification
- 4A/5A classification for all activities adjusted
- 1A/2A classification for basketball adjusted
- Volleyball and Basketball have a mechanism which moves teams when the number of teams reaches a certain threshold with respect to the number of teams in a classification
- North Saskatchewan League was created in 5A 12-aside football
- Pay Scale for Officials was increased for:
 - Soccer
 - Football
 - Volleyball
 - Basketball
 - Meal Allowance for all officials
- Headgear will not be allowed for indoor activities, except for curling. Outdoor activities will follow the rulebook regarding headgear specific to each activity
- Badminton participants will be allowed to remove or tape jewellery, or replace it with an unobtrusive plastic retainer
- A tie-breaker procedure for first place at Provincial Golf has been introduced
- Increase to 5 officials for 6-aside football games
- Volleyball and Badmintons rule received wording clarifications
- Curling:
 - teams can start a competition with three participants
 - Open Mixed Curling positions can be in any order, regardless of gender
 - LRA will occur following the eight-minute warm-up
 - Provincial Draw for 3-sheet facility has been adjusted
 - SBTRS has been adjusted
- Basketball visible undergarments and footwear policies will follow FIBA rulebook updates



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Open Bids

At each AGM, championship hosts for the upcoming year, and following year, are determined by district rotation and open bids. The championships for 2023-24 have been confirmed, with the exception of Track & Field, and posted on the [SHSAA website](#). The SHSAA Board of Directors will be accepting Bids to Host for Track & Field until Sept 14, 2023.

The following championships are OPEN for bid in the 2024-25 school year:

2024 - 25		**Bids for all championships due by November 29, 2023	
4A Girls Soccer	1A Boys Volleyball	3A Boys Volleyball	Regional Wrestling
Boys Curling	Open Mixed Curling	Doubles Curling	

A few districts were unable to name their championship host sites for the 2023-2024 activities that are assigned by district rotation. Districts will be asked to declare a host no later than the Presidents' meeting in December, after which time all championships in 2024-25 without a host site will be declared OPEN. A list of these OPEN championships and the deadline for bids to host will be published in the January newsletter.

Awards

The AGM was a time to recognize individuals for their contributions to high school sport and SHSAA. Service and Merit tribute videos were created and are available on the [SHSAA YouTube Channel](#) along with previous Merit and Service Award tributes. The following individuals were recognized at the AGM:

The Merit Award was bestowed upon two very deserving individuals:

Al Wandler – South Central
Don Morrison – Qu'Appelle Valley

The following individuals were recognized with an SHSAA Service Award from their district:

Ryan Nickell	Battle West	Dave Clark	Qu'Appelle Valley
Gale Stack	Central Valley	Aaron Anderson	Regina
Curtis Spelay	East Central	Kevin Harbidge	Saskatoon
Marvin Renneberg	Horizon Central	Joanne Feeley	South Central
Rylan Michalchuk	North Central	Ryan Fowler	South East
Scott Brinklow	North East	Talena Scott	South West
Ryan Sklapsky	North West	Rose Tam	West Central

Districts were also asked to name recipients of the SHSAA Outstanding Coach & Official Awards. These individuals are recognized by each district during a district or school function. Congratulations to the following:

2023 SHSAA Outstanding Coach & Official Awards

DISTRICT	MALE COACH		FEMALE COACH		OFFICIAL
Battle West	Chris Kent	McLurg	Kristina Binette	John Paul II	Kyle Clark Unity
Central Valley	Ty Pylypow	Delisle	Rochelle Otsig	Allan	Marla Laskowski Waldheim
East Central	Luke Krienke	Langenburg	Karie Thomas	Kamsack	Warren Burrell Yorkdale
Horizon Central	Paul Raycroft	Humboldt	Erin Bernhard	St. Brieux	Garth Anderson Foam Lake
North Central	Tom Hazzard	Carlton	Renee Gareau	Ecole St. Mary	Terry Springett Prince Albert
North East	Dwight Wrubleski	Naicam	Connie Atkinson	Creighton	Trent Kozun Carrot River
North West	Dean Powell	Paradise Hill	Lori Bartee	St. Walburg	Brad Lejeune Maidstone
Qu'Appelle	Ryan Yanko	Vibank	Miranda Wenc	Kelliher	Zion Nowosad Regina
Regina	Andrew Turbuck	Winston Knoll	Alissa McKinna	Winston Knoll	John Ross Regina
Saskatoon	Steven Kovach	E.D. Feehan	Sarah Laverty	Walter Murray	Dale Wilson Saskatoon
South Central	Matt Lothian	Assiniboia	Michelle Bean	Rouleau	Nathan Rust Assiniboia
South East	Jody Kerr	Weyburn	Laurie James	Arcola	Kylee Carver Fillmore
South West	Riley Zielke	Shaunavon	Connie Allemand	Shaunavon	Frank Meyers Herbert
West Central	Mitchell Wintonyk	Rosetown	Paula Berezowski	Rosetown	Lloyd Tulp Outlook



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Coach Education Reminders and Requirements

SHSAA has implemented a number of initiatives in the area of coach education for those involved with the student-athletes of our province. In addition to the initiatives listed below, there are a number of Coach Education resources available through the [NFHS Learning Center](#) and the [Professional Development document](#). The SHSAA initiatives are listed below with references as to how to access the information:

Respect in Sport

On behalf of Sask Sport, SHSAA continues to request that every coach (head coach, associate coach, or assistant coach) involved with a school team complete the Respect in Sport (RiS) for Activity Leaders on-line training program. Upon completion of the three-hour course, each individual will be provided with a certificate number which schools are asked to enter into the coach information section for each team registration (E-5). Once the training has been completed, it does not have to be repeated in future years. When registering for the course, please select Saskatchewan High Schools Athletic Association as one of the sponsor groups along with any other sport groups you may be wishing to register with. There is no cost to the individual or school when registering and completing the course.

There is an easy and quick way for coaches who have already taken RiS [to access their certification number](#); simply enter your name and date of birth and the validation tool will recall your certificate number.

[Click here for more information and access to the on-line RiS course and the Respect in Sport Resource Line.](#)

Concussion Protocol

Every coach involved in school sport needs to complete the NCCP on-line concussion course [“Making Head Way in Sport”](#). There is no cost to take the course. Completion of the course will appear on the learning transcript of the coach which is created when registering to use The Locker. The NCCP number of the coach should be entered into the coach information section when completing the E-5 registration for each team at a school.

SHSAA has a [Concussion Protocol – Policy Statement](#); please take the time to familiarize yourself with the content of the Policy Statement and put it into practice.

There is an on-line concussion course designed for students available through [NFSHlearn.com](#). This is not a mandatory course, but SHSAA is encouraging schools to provide this information to their student-athletes so that concussion awareness and student safety becomes a maintained priority for our Association.

Aboriginal Coaching Modules (ACM)

This course offers curriculum that reflects the uniqueness of Indigenous culture, values, and lifestyles. Originally designed for coaches of First Nation, Métis, and Inuit heritage, the program has been expanded to include non-Indigenous coaches working within Indigenous communities and with Indigenous people.

The course is an 8-hour, in-person workshop. Course availability can be found through the [Coaches Association of Saskatchewan \(CAS\)](#). Randi Keshane (rkeshane@sasksport.ca) with the CAS will be the contact for any inquiries.

All coaches and assistant coaches (both faculty and non-faculty) of school sport will be required to complete this course by September 1, 2027.

Coaching School Sport: Redefining Winning

[This course](#) has been developed through the cooperation of School Sport Canada and the Coaches Association of Canada. The Course is centered on educational athletics and the student-athlete. The course has no other equivalents or substitutes.

Although the course is a required course for all first-time non-faculty applications, all SHSAA coaches are strongly encouraged to take the course to understand the philosophy of educational athletics and the importance of a student-athlete centered approach to program delivery.



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Website

Message Board

Coaches are encouraged to use the message board for their tournaments and scheduling as well as reporting results or general discussion. To post on the message board, you must first register to use the message board and await approval from the moderator of the message board. Please contact the [SHSAA office](#) to become a registered user. The message board is available by using Quick Links on the [SHSAA homepage](#) or at <http://ext.shsaa.ca/members/index.php>

Sanctioned Tournaments

If your school is travelling out-of-province for competition or will have an out-of-province team involved in a competition that you are hosting, check the [Sanctioned Tournaments](#) listed on the SHSAA website. Schools cannot attend or host tournaments that are not sanctioned by SHSAA. As a host, it is your responsibility to begin the sanction process by submitting an [E-4 form](#) to the SHSAA office. As a visiting team, it is your responsibility to check the list of sanctioned tournaments and make appropriate inquiries if the tournament you are planning to attend is not listed.

Tournaments hosted by a SHSAA Member high school involving only Saskatchewan high schools are not required to sanction the tournament.

School Logos

Many schools have contributed to the depository of [school logos](#) on the SHSAA website. Please check the page to see if your school logo appears. Please submit your logo or updated logo to the [SHSAA office](#).

X / Facebook / Instagram / YouTube

A reminder that the SHSAA is on X, Facebook, and Instagram. Check out our [homepage](#) to link to these sources of information. Please subscribe to the [SHSAA YouTube channel](#).

Forms

All [SHSAA forms and due dates](#) are available in the SHSAA Handbook and under Quick Links on the website. Most of the forms appear in both .pdf and .docx version. Note that all of the forms have been updated for the 2023-24 school year and forms submitted to SHSAA should be the most current version of the form.

ExNet

This area of the website is where school information is recorded (school contact, student enrolment, team registration, and student registration). Each school principal has been provided a username and password to access [ExNet](#). If your school has misplaced this information, please contact the SHSAA office for to have the password reset.

Several "how to" videos to assist with navigating ExNet and the required tasks are available on the [SHSAA YouTube channel](#).

School Information

The first item we ask all schools to attend to is ensuring that the school contact information is correct. Please update the School Info as needed and contact our office to let us know of the changes. Multiple email addresses should be separated by a semi-colon (e.g. dave@shsaa.ca; jeff@shsaa.ca)

Team Registrations

1. Select the activities that will be offered at the school using School Team Registration Form (found under Registration tab) **DUE DATE - September 13**. After September 13, the option to save changes to the School Team Registration Form will not be available to schools - please contact the SHSAA office to make changes after September 13.
2. Invoices for team fees will be sent to schools after October 1. Once you receive the invoice, promptly pay the fees listed.



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3. Create eligibility forms for each team. **Eligibility forms must be created by the due date for each activity or prior to the first competition, whichever occurs first.** To complete the eligibility form, choose Activity Eligibility Form (under the Registration tab) and complete the information requested:
 - a. Coach information including first and last name, phone number, email address, NCCP certification, RiS certification, Aboriginal Coaching Module, Coaching School Sport: Redefining Winning, and Concussion certification
 - b. Intent to participate in SHSAA playoffs – YES/NO
 - c. Joint sponsorship - only joint sponsorships approved by the SHSAA office can be created
 - d. Assistant Coach info: first and last name, NCCP, RiS, and Concussion certification
 - e. Team roster
4. Remember that an E-5 needs to be completed for any team that is participating in competition (regular, season, exhibition, tournament, playoff, etc.). There is an option when registering the team to indicate the intent to participate in SHSAA playoffs. **A school should register a school representative team before selecting any other Grade 9 - 12 options** (Jr. Varsity, Blue, Green, "B", Developmental, etc.)
5. The team roster is completed by selecting students from the database that exists for your school. If a student does not appear, add the student using the options shown at the bottom of the eligibility form. **NOTE: THE STUDENT LEARNING NUMBER IS A REQUIRED FIELD.** If an attempt to enter a student is not accepted, please contact the SHSAA office as this would indicate an eligibility or transfer issue.
6. In schools where multiple teams exist in a specific gender activity but there is no option to select multiple teams, all students in grades 9 - 12 that will be representing the school should be listed on the one E-5 created for that activity.
7. If a school is utilizing a home school or distance learning student, the student must be correctly entered into the school's ExNet database and [form E-18](#) must be completed and submitted to the SHSAA office.

School Enrolments

School Enrolments are to be submitted into ExNet using the enrolment numbers as of September 30, 2023. The information to enter includes the total number of students in each grade (9-12) and the number of ineligible students in each grade (9-12). **An ineligible student is a student that has exhausted their period of eligibility (see page 39 of the handbook).** If you need assistance when completing this information, please contact the SHSAA office.

To enter the enrolment information, please use the School Enrolment Registration option (under the Registration tab). The ability to save entered information will only be available to schools from **September 30 - October 4**. Any submissions after October 4 will need to be completed by contacting the SHSAA office and will be considered a late submission and subject to a late filing penalty.

SHSAA MAJOR SPONSORS



SASK LOTTERIES



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

Notices

District Meetings

Each District will be holding fall organizational meetings; it is imperative that each school has at least one representative at the meeting. The SHSAA office staff or Board member will be present at each meeting to distribute the SHSAA annual publications including handbooks, calendars, and yearbooks. Districts use the meetings for planning yearly activities and setting the course for their District. Your attendance is crucial in order that communication from the province and district levels is relayed to the school and coach level.

DISTRICT	PRESIDENT	SCHOOL	PHONE	MEETING LOCATION	DATE	TIME
<i>Battle West</i>	Ryan Nickell	Maymont	389-2045	NBCHS	August 29	4:30pm
<i>Central Valley</i>	Chris Anderson	Allan	257-3311	Warman	September 7	4:00pm
<i>East Central</i>	Curtis Spelay	Yorkton Regional	786-5560	GSEC Birch Room	September 1	9:00am
<i>Horizon Central</i>	Curtis Strueby	Lake Lenore	231-6392	Humboldt Collegiate	August 30	2:30pm
<i>North Central</i>	Nathan Noble	St. Mary	940-8593	St. Mary High School	August 29	4:00pm
<i>North East</i>	Dwight Wrubleski	Naicam	874-2253	Tisdale, TMSS	September 12	5:30pm
<i>North West</i>	Brad Lejeune	Maidstone	392-0895	Meadow Lake Carpenter	September 12	2:00pm
<i>Qu' Appelle</i>	Trevor Viergutz	Indian Head	695-3929	Wolseley Opera House	September 12	5:30pm
<i>Regina</i>	Lance Ford	Winston Knoll	527-6146	Regina Public Board Office	September 18	1:15pm
<i>Saskatoon</i>	Will Redl	Aden Bowman	683-7600	Saskatoon Golf & Country Club	August 30	7:30am
<i>South Central</i>	Mitch Singleton	Rouleau	577-3278	Assiniboia Elementary	September 7	2:30pm
<i>South East</i>	Margie Gibson	Moosomin	435-3341	Arcola	August 30	4:00pm
<i>South West</i>	Rob Englot	Vanguard	582-7555	Swift Current CEC Room 1A	August 30	3:45pm
<i>West Central</i>	Mitch Wintonyk	Rosetown	882-2655	Rosetown	August 28	4:00pm

Sport Advisory Groups

This will be the 12th year for SHSAA Sport Advisory Groups. Each group is chaired by a member of the Board of Directors; most correspondence occurs electronically but some groups have made arrangements to meet in person once during the year. The process for finalizing the 2023-24 Sport Advisory Groups has already begun but if you are interested in becoming a member of a Sport Advisory Group, please complete the [registration form](#) that is found on our website - DUE DATE September 8, 2023.

Hotel Room Bookings

SHSAA continues to make arrangements with hotels around the province to achieve reduced room rates for students during SHSAA Championships. Schools are encouraged to use these properties when travelling during the season. Please see the [SHSAA Accommodations page](#) for links to the hotel groups, booking links, and information about room blocks at the various regional and provincial championships.

InnVest Hotels are featured on the current edition of the SHSAA Coaches' Card. When booking at the Comfort Inn, please inform them that you are a member school of the SHSAA.

SIAAA / CIAAA

The development of the [Saskatchewan Interscholastic Athletic Administrators Association](#) (SIAAA) continues under the umbrella of SHSAA. In addition to the hundreds of Saskatchewan Athletic Directors who have benefited from attending courses and conferences delivered, hosted, and promoted by the CIAAA, there have been numerous individuals from the province that have utilized the courses provided to complete a M.Sc. in Athletic Administration through Grace College. This ad hoc committee of SHSAA was created to work closely with CIAAA office staff in promoting CIAAA and planning courses and workshops delivered to Saskatchewan members. SIAAA Committee members include Sandra Surkan (Regina), Mitch Singleton (Rouleau), Margie Gibson (Moosomin), Ryan Trumbley (St. Brieux), Troy Snider (Kerrobart), Shaun Nechvatal (Saskatoon), and SHSAA office staff. As the school year gets under way there may be changes to these volunteer positions. Please don't hesitate to reach out if you have questions regarding SIAAA or CIAAA.



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The [National Conference](#) for the 2023-24 school year will be held in Regina from April 11-13, 2024. More information about the conference will be made available as the year progresses.

A reminder that each school is provided with [one membership in CIAAA](#) that is intended for the school Athletic Director. One of the many benefits of membership includes access to an on-line resource bank loaded with materials that will assist you in your role as an athletic director.

Please visit the CIAAA website ciaaa.ca. Caleigh Wojcicki is the Executive Director of the CIAAA. Caleigh can be reached at caleigh@ciaaa.ca.

Additional Professional Development opportunities are always available for those involved in school sport administration. If you are interested in any of the following, please contact our office for more information and assistance:

- School Sport Canada Annual Meetings (Canmore, AB) – Sept 20-22, 2023
- National Athletic Directors Conference (Orlando, FL) – December 15-19, 2023
- CIAAA National Athletic Directors Conference (Regina, SK) – April 11-13, 2024
- NFHS Summer Meetings (Boston, Massachusetts) – June 28-July 2, 2024



SHSAA Coaches Card (2023 – 2025)

ABOUT THE CARD

The purpose of the SHSAA Coaches' Card is to show appreciation to those who volunteer their time for the students of Saskatchewan schools. The Principal/Athletic Director will designate those eligible in the school but we suggest that the following be considered: school athletic coaches, school administrators, directors/superintendents of education, retired coaches and other teachers active in the interschool program.

CARD EXPIRY

The Coaches' Card is valid for a period of TWO years. The latest version (2023-2025) is now available. Fill out the [application form](#) or contact our office to place your order. Over 1500 volunteer teacher coaches and others involved in educational athletics held the last edition of the card.

COST

Cards are available at a cost of **\$12.00 each** and are valid for TWO years (September 1, 2023 – August 31, 2025).

SPONSORS

For a complete list of Coaches Card sponsors, please see the application form available at the link found above.



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

Using life skills to promote social justice: Youth sport as a vehicle for social change

February 1, 2023

<https://sirc.ca/blog/using-life-skills-to-promote-social-justice/>

Corliss Bean, Tarkington J. Newman, Martin Camiré, Leisha Strachan

As youth sport researchers, we seek to understand how youth develop and transfer life skills. In recent years, cultural issues have urged us to evolve our understanding of life skills. For instance, the Black Lives Matter and #MeToo movements continue to raise awareness of inequities within sport and beyond. Additionally, the climate change movement has helped to illustrate the disproportional impacts on Indigenous populations. As such, over the past few years, we have intentionally and critically challenged what life skills are commonly believed to be.

Being mindful of historic and ongoing systems of oppression, such as racism, sexism, and homophobia, among others, we believe that life skills can be so much more than traditional concepts like self-control, effort, and teamwork. As scholar-activists, if our work reflects the diversity of lived experiences and dynamic environments in which youth live, we can reimagine not only life skills, but also positive youth development (PYD), as an approach to promote social change.

This blog builds off a 3-part blog series published in 2019 that discussed the importance of [teaching life skills through sport](#) and [transferring life skills beyond sport](#).

An important step in evolving life skills involves creating alignment between how athletes learn and use life skills, and how these skills are understood in the context of social movements.

Three ways of evolving life skills through a social justice lens:

1. *Expand the meaning of life skills*

When we think of life skills, we often think of “traditional” life skills, including teamwork, communication, or leadership. However, we can extend our understanding to consider teamwork as a critical skill needed to engage with individuals and groups that may differ culturally, or hold different belief systems.

Similarly, through a social justice lens, leadership can consist of advocating for change and working toward a socially just society, which can involve coaches, captains or other informal leaders taking part in a peaceful protest or standing up for a teammate harassed because of their racial or ethnic background, gender identity, or sexual orientation.

2. *See life skills through a sociopolitical lens*

We should also consider how certain life skills may unintentionally uphold inequities. For instance, some life skills, such as resilience and grit, may be loaded concepts that perpetuate the notion that youth who face barriers must navigate environmental stressors and challenges that youth from more privileged backgrounds may not have to navigate. As a sport system, can we work to change the odds, instead of asking youth facing barriers to continuously work to beat the odds?

3. *Teach life skills that address youth’s social realities*

Youth are more likely to develop and transfer life skills if they can relate to them. As such, we must ensure life skills are culturally relevant and based on youth’s social realities. Life skills mean different things to different people, in different situations. However, how a specific life skill is valued, learned, and ultimately exhibited may be different for youth living in upper-middle class households compared to youth living in low-income public housing or for girl-identifying youth compared to boy-identifying youth.

Taking action

The youth sport landscape has tremendous potential to be a vehicle for positive change. Below we make calls to action for three stakeholder groups to help support both top-down and bottom-up changes (Spaaij et al., 2020):



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

What you can do if you're a sport administrator:

- Ensure that evidence-informed professional development opportunities are available for coaches and other sport staff to help them identify abuse, prevent inappropriate behaviours and become aware of how unintentional actions may harm some athletes (Tam et al., 2021)
- Create equitable policies, organizational processes and hiring practices. For instance, pay and compensation should be reflective of the job duties, not the gender of the candidate
- When possible, make coach education compulsory, particularly educational opportunities that integrates youth development and social justice content (for example, anti-racism training)
- Pursue collaborative opportunities with community-based social justice organizations that represent the diversity of youth athletes within your programming (Jones et al., 2020)

What you can do if you're a coach:

- Consider what social injustices are prevalent throughout your community and impact the youth athletes on your team (Camiré et al., 2022)
- Reflect on your coaching philosophy to ensure that your approach allows for the deliberate discussion and practice of life skills development and transfer (Bean et al., 2018)
- Teach life skills in ways that reflect a deliberate commitment to equity rather than upholding the status quo. This requires a focus on seeking out diversity, promoting inclusivity, and ensuring all athletes have equitable opportunities (Camiré, 2022)
- Make sure your coaching practices are relayed in a culturally competent manner (this means that you respect and can thoughtfully engage with cultures and backgrounds other than your own). Similarly, demonstrate cultural humility (this means it's okay that you may not fully understand the lived experiences of all athletes on your team, as long as you respect it)
- Collaborate with sport administrators, other coaches, athletes, and caregivers to foster a welcoming environment for everyone. Create space for athletes to share experiences and advocate for issues that are important to them. Build community connections as you collectively decide what is relevant to your team or organization in terms of social justice efforts

What you can do if you're an athlete:

- Look out for the needs of teammates, particularly those who may be underrepresented on your team
- Seek out opportunities to get involved in community-based efforts to promote social justice or challenge social injustices (Checkoway, 2009)
- Develop relationships with athletes from other sport teams and learn about each other's unique cultural traditions and values
- Be a leader and mentor for other athletes, especially for new members of your team

Sport can serve as a setting for addressing social justice. By expanding the meaning of life skills, seeing life skills through a sociopolitical lens, and teaching life skills that address youth's social realities all stakeholders in the sport system can work together to progress the positive development of youth and evolve life skills.

SHSAA EDUCATIONAL, PROGRAM, AND EVENT SPONSORS





SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

2023 PROVINCIAL GOLF

- ENTRIES:** Please submit entries by email to event commissioner and SHSAA office on or before **Sunday, September 17, 2023**. Provincial entry forms are available from district presidents/commissioners. The qualifying scores submitted must be the scores that the qualifying golfers shot at their respective district competition.
 - ❖ The provincial tournament will consist of district representatives in individual competitions for both boys and girls, and a district team competition.
 - ❖ The boys' team may be made up of three members to a maximum of four; the total of the three best scores recorded by the team on each hole will determine team scoring. The girls' team may be made up of two members to a maximum of four; the total of the two best scores recorded by the team on each hole will determine team scoring.
 - ❖ In addition to the four district qualifying golfers in each gender from the district, the host school for the Provincial championship is allowed to enter additional golfers such that no more than four golfers of each gender are representing the host school.
- ELIGIBILITY:** Eligibility forms (**Form E-5**) for golf are due on or before **Wednesday, September 13, 2023**.
- COMPETITIONS:** Details regarding start time and other information will be sent to each district commissioner and posted on the SHSAA website. Please refer to the activities section of the [SHSAA handbook](#) for more details regarding the golf championships.
- PLAYOFFS:**
 - **Tie for 1st place** – a sudden victory playoff will occur with the hole(s) to be played determined by the SHSAA and Host.
 - *Individual* – all of those who are tied will play together.
 - *Team* – Teams will play separately with each team accompanied by an observer.
 - **Tie for 2nd place** – no playoff and all who are tied receive silver medals. The bronze medals will not be awarded.
 - **Tie for 3rd place** – no playoff and all who are tied receive bronze medals.

PROVINCIAL GOLF CHAMPIONSHIP

SITE: Harbor Golf Course – Elbow, SK

DATES: September 22 - 23, 2023

COMMISSIONER: Karen McConnell, West Central District
Email: karen.mccconnell@sunwestsd.ca

ACCOMMODATIONS: Information can be found on the [SHSAA Website](#)

SCHEDULE:

Thursday: Practice times arranged through golf course at 306-854-2300
\$20.00 for athletes / \$25.00 for coaches; cart rentals extra

Friday: Registration - 8:30am; Practice green - 8:30am; Coaches' Meeting - 9:45am; Opening Ceremonies & Players' Meeting - 10:15am; Shotgun start - 11:00am

Saturday: Practice green - 8:00am; Players' Meeting - 8:45am; Shotgun start - 9:00am

MISCELLANEOUS:

There is no practice range at the golf course

Practice green and driving cage available.

Food at clubhouse available for purchase throughout the competition.

Power carts will be available for facilitators on Friday and Saturday.



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

2023 PROVINCIAL CROSS COUNTRY

PROVINCIAL SITE:

Canada Games Athletic Complex
Regina

DATE:

Saturday, October 14, 2023

1. ENTRIES:

Senior – 16 and over as of August 31st, 2023

Junior – under 16 as of August 31st, 2023

Intermediate – under 15 as of August 31st, 2023

Entries are submitted electronically on the forms provided by the SHSAA Office to the District Presidents. Entries to the provincial meet must be sent to the **Provincial Commissioner** (Dwayne Ell – d.d.ell@rcsd.ca) and the **SHSAA office** (jeff@shsaa.ca) before **October 9, 2023**.

Please Note:

Substitutions for original entries are accepted until 4:00pm October 11, 2023 and must be sent to the SHSAA Office and Provincial Commissioner. Scratches can be communicated during registration (9:00 – 10:00am).

2. ELIGIBILITY:

Student athlete eligibility forms (**Form E-5**) for Cross Country are due on or before **September 20, 2023**. Forms must be completed on-line via the [SHSAA website](http://shsaa.ca). Enter the SHSAA ExNet – Login.

3. PROCEDURES:

Please refer to the SHSAA handbook ([Cross Country in Activities section](#)) for competitive details and starting procedure.

4. ACCOMMODATION:

Schools are encouraged to use **room blocks created by SHSAA**. Room blocks can be found on the [SHSAA Website](#).

5. LOCAL DETAILS:

Information, maps, and virtual tours will be posted on the [Cross Country Activity page](#) as they become available.

COMMISSIONER:

Dwayne Ell

Regina High Schools Athletic Association

Phone: 306-530-0127

Email: d.d.ell@rcsd.ca

6. COMPETITION:

Order of races:

Intermediate Girls	3000m - 12:00pm
Intermediate Boys	3000m - 12:25pm
Junior Girls	4000m - 12:50pm
Junior Boys	4000m - 1:15pm
Senior Girls	4000m - 1:40pm
Senior Boys	5000m - 2:05pm

NOTE: The intermediate girls' race starts at 12:00pm. All other times are approximations.

Athletes registration: 9:00 – 10:00am

Opening Ceremonies: 10:00am

Course familiarization walk: 10:15am

Coaches Meeting: Wednesday, Oct. 11 via Zoom

School team champions will be declared in five classifications as per SHSAA classification rules:

1A: less than 41 total eligible students

2A: 41 to 85 total eligible students

3A: 86 to 200 total eligible students

4A: 201 to 500 total eligible students

5A: greater than 500 total eligible students

All final results will be posted on the SHSAA website after the meet.

Awards Presentation: Presentations will follow the Senior Boys race and tabulation of final results. All teams are requested to be present for the presentations and wearing their district uniforms.

7. INQUIRIES:

Please contact the commissioner or the SHSAA office.



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

2023 PROVINCIAL SOCCER

SPORT SPECIFICS:

Please refer to the [SHSAA handbook](#) for details of hosting and playoff procedures. Follow all registration and competitive procedures as outlined in the **GUIDELINES** section of the handbook.

ELIGIBILITY:

Student athlete eligibility forms (**Form E-5**) for Soccer are due on or before **September 13, 2023**. Forms must be completed on-line via the SHSAA website (www.shsaa.ca). Enter the SHSAA ExNet – Login.

REGIONAL CHAMPIONSHIPS – playoffs will take place on October 20 - 21, 2023.

The draw template and schedule for regional competitions can be found on the [SHSAA website](#) and are subject to change.

Regions for soccer will be created following the Enrollment Declaration Deadline, September 30, 2023. The projected classifications are listed below and posted on the [SHSAA Website](#) (Districts will be notified regarding Regional hosting responsibilities after September 30, 2023). The district designated to host will need to declare a host school and notify the SHSAA office.

The SHSAA office will seed all regional tournaments as well as the 3A (7 v 7). ***It is imperative that all soccer teams complete and forward a [seeding form \(E-16\)](#) to the SHSAA office by October 12, 2023.***

In the 3A (7 v 7) and 4A classifications, there will be 2 or 4 regional tournaments depending on the number of entries into the playoffs. If there are more than 15 entries, then four regional tournaments will be created each advancing two teams to an eight-team Provincial Championship. If 15 or fewer teams are entered in the playoffs, there will be two regional tournaments created each advancing two teams to a four-team Provincial Championship. *In each instance, the region with the team hosting the provincial championship will only advance one team in addition to the provincial host.*

In the 5A classification, Regina and Saskatoon Districts will advance teams from their league playoffs and Region A and D will advance teams from a seeded regional tournament of the teams listed to an eight-team Provincial Championship. ***In each instance, the district or region with the team hosting the Provincial Championship will only advance one team in addition to the provincial host.***

PROVINCIAL CHAMPIONSHIPS – playoffs will take place October 27 - 28, 2023.

The draw template and schedule for provincial competitions can be found on the [SHSAA website](#) and is subject to change.

Host Sites:

3A Boys (7 v 7) – Walter W. Brown (Langham)

Commissioner: Jolan Lingelbach

4A Boys – Humboldt

Commissioner: Nicole Unrau

5A Boys – Saskatoon

Commissioner: Jud Heilman

3A Girls (7 v 7) – Chief Little Pine (North Battleford)

Commissioner: TBD

4A Girls – Regina (University of Regina)

Commissioner: Dwayne Ell

5A Girls – Yorkton Regional

Commissioner: Michael Chapman

Accommodations: Schools are encouraged to use **room blocks created by the [SHSAA and Host](#).**



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

2023 SOCCER PROJECTIONS (MARCH 31, 2023)

Schools are shown by projected classification only. Regions will be created following the September 30th declaration of enrollment. The regions may be revised following the October 11th withdrawal deadline. The schools listed in 7 v 7 are those that played in that classification in previous years. Provincial Hosts are indicated in ***Bold**.

BOYS

3A BOYS			
(7V7) (1-200)	Ahtahkakoop - NC Maymont - BW Stobart - CV Cst. Robin Cameron - CV	*Langham - CV Osler VCA – CV Rosthern JC – CV Waldheim - CV	St. Brieux – HC Wynyard – HC Cudworth – HC Lake Lenore - HC
4A BOYS			
(1-500)	Chief Little Pine - BW Martensville - CV Sacred Heart - EC *Humboldt - HC	Huda - RG Laval – RG Luther – RG MJ Central - SC	Chief John Keenatch - NC NB John Paul II - BW Notre Dame - QV
5A BOYS			
(>500)	Yorkton Regional - EC PA Carlton - NC PA St. Mary - NC Swift Current - SW	Regina District will advance two (2) teams to Provincials *Saskatoon District will advance two (2) teams to Provincials	

GIRLS

3A GIRLS			
(7V7) (1-200)	*Chief Little Pine - BW Maymont - BW Cst. Robin Cameron – CV	Osler VCA – CV Rosthern JC – CV Stobart - CV	Waldheim - CV Lake Lenore – HC LCBI – WC
4A GIRLS			
(1-500)	NB John Paul II - BW Martensville - CV Sacred Heart - EC	Chief John Keenatch - NC *Luther – RG	MJ Central - SC MJ Vanier - SC
5A GIRLS			
(>500)	Warman - CV *Yorkton Regional - EC PA Carlton - NC PA St. Mary - NC Weyburn - SE Swift Current – SW	Regina District will advance two (2) teams to Provincials Saskatoon District will advance two (2) teams to Provincials	



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

2023 PROVINCIAL FOOTBALL

ELIGIBILITY: Student athlete eligibility forms (**Form E-5**) for Football are **due prior to the first game** or before September 13, 2023, whichever comes first. Forms must be completed on-line via the SHSAA ExNet – Login.

OFFICIALS: Game officials for all post conference or post league games are paid by the SHSAA office (five for 6-aside, five for 9-aside, six for 12-aside). The assignments are done by the District Officials Commissioner and must be approved by the SHSAA office.

SPECIAL RULES: Please note the information in the SHSAA handbook or on the football activity page on the [SHSAA website](#); refer to your particular category of football in the Activities section. Note the overtime procedure for high school football.

GAME TIME: Playoff games are scheduled for 1:00 p.m. unless otherwise stated or the teams and officials involved agree to a time change and receive approval from the SHSAA office.

GAME BALL: The official game ball for football will be the **Wilson F2000**.

TEAM COLOURS: If a conflict in colour occurs and only one team has a second set of uniforms, then that team would be responsible for changing uniforms. If both teams have a second set of uniforms or neither team has a second set of uniforms, it is the responsibility of the visiting team to change uniforms or find an alternate uniform if there has been at least four days' notice given prior to the respective game day.

PROVINCIAL PLAYOFF DRAW: The draw template and schedule for each provincial championship is listed on the [SHSAA website](#) and is subject to change.

FOOTBALL CONFERENCES 2023

1A 6-ASIDE	CONFERENCE 1 Hafford – BW Kerrobot – BW Macklin – BW Big River – NC Plenty – WC	CONFERENCE 2 Hanley – CV Cupar – QV Lemberg – QV Milestone – QV Southey – QV	CONFERENCE 3 Preeceville – EC St. Brieux – HC Viscount – HC Carrot River – NE Ministik – NE	*Not participating in SHSAA Playoffs Conference games count in standings
2A 6-ASIDE	CONFERENCE 1 Unity – BW Biggar – WC Eatonia – WC Kindersley – WC * Outlook – WC * Rosetown – WC	CONFERENCE 2 Clavet – CV Watrous – HC Assiniboia – SC Briercrest – SC Davidson – WC	CONFERENCE 3 Kamsack – EC Ituna – HC Lanigan – HC Wynyard – HC	CONFERENCE 4 Hague – CV Rosthern – CV Wakaw – HC Birch Hills – NC Shellbrook – NC Creighton – NE
4A 9-ASIDE	CONFERENCE 1 Churchill – NC Melfort – NE Nipawin – NE Tisdale – NE	CONFERENCE 2 Lumsden – QV Notre Dame – QV MJ Vanier – SC Gull Lake – SW Maple Creek – SW Shaunavon – SW	CONFERENCE 3 Esterhazy – EC Melville – EC Sacred Heart – EC Broadview – QV Fort Qu'Appelle – QV Indian Head – QV	CONFERENCE 4 NB John Paul II – BW Delisle – CV Foam Lake – HC Humboldt – HC
5A 12-ASIDE	SASKATOON Aden Bowman – ST Bishop Mahoney – ST Evan Hardy – ST Marion Graham – ST Tommy Douglas – ST	REGINA **Balfour – RG Balgonie – QV Johnson – RG **Martin/Luther – RG Sheldon-Williams – RG **Thom – RG	SOUTH Yorkton Reg. – EC MJ Central – SC MJ Peacock – SC Estevan – SE Weyburn – SE Swift Current – SW	NORTH North Battleford – BW Martensville – CV PA Carlton – NC PA St. Mary – NC Lloydminster – NW
6A 12-ASIDE	SASKATOON Bethlehem – ST St. Joseph – ST Centennial – ST Walter Murray – ST Holy Cross – ST		REGINA Campbell – RG O'Neill – RG *LeBoldus – RG Riffel – RG Miller – RG *Winston Knoll – RG	

* 5A by enrolment but reclassified to play 6A

** 6A by enrolment but playing 5A - No Playoffs



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

2023 PROVINCIAL VOLLEYBALL

This information will include all preliminary material that teams need for the volleyball playoffs leading to the Provincial Championship. Templates and information are found in the SHSAA handbook and on the volleyball activity page of the [SHSAA website](#).

- **Seeding** conference, regional, and provincial tournaments is important to the success of the events. **Form E-16 can be found here**. All teams **MUST** submit the results of their season to the **SHSAA office by October 25, 2023**. Include results of all matches played up to that date. Games played after the due date may be submitted to the SHSAA office to be used in the seeding process.
- **Provincial Tournaments** (1A – 5A) will follow the ten-team 2 pools – 2 courts schedule found in the [SHSAA handbook](#). Some modification of the draw times may be necessary to accommodate host plans. The SHSAA office must approve changes to the draw.
- **Results** for conference, regional, and provincial events will be posted on the [SHSAA website](#) as the events occur.

PLAYOFFS LEADING TO THE PROVINCIAL CHAMPIONSHIP:

CONFERENCE CHAMPIONSHIP

All teams registered for volleyball will be placed in one of three (3) regions for classifications with 54 or less teams. For classifications of 55 teams or more, distribution of teams will be into four (4) regions. Regions with nine or more teams will be divided into conference tournaments as determined by the SHSAA office with two or more teams advancing from each conference tournament to the regional tournament. Regions with eight or fewer teams entered will advance directly to a regional playoff with no conference playoff conducted.

The projected classifications have been listed later in the newsletter and on the SHSAA website. The lists are according to the 2022 entries in the playoffs and will be subject to change based on registration and enrollment of teams in 2023. After September 30, 2023, enrolment declarations are to be completed by the school; schools that change classification will be placed in an appropriate conference or region.

Conference playoffs will consist of one of the following draws: **less than six teams** – the conference tournament will consist of a full round-robin tournament with no playoff round. The **six-team conference** tournament will consist of two pools of 3, with the top two teams from each pool advancing to the playoff round. All of these conference tournaments will be played as one-day events. A **seven or eight team conference** tournament will consist of two pools, with the top 2 teams in each pool advancing to the playoff round. These conference tournaments will be played as 1.5 day events. Details for the various draws will be listed on the [SHSAA website](#).

In the 1A – 4A classifications, conference playoff for girls will be held on November 4, 2023. Conference playoffs for boys will be held on November 10 - 11, 2023. Competition will not commence until 1:00pm on November 11th. Conference and Regional championships may become a 1.5 day event to accommodate Remembrance Day services on the morning on November 11th. ***Districts/Schools wanting to host on a different date must first contact the SHSAA office to seek further direction.*** In the 5A classification, no conference playoffs will be held, and all teams will advance to either the city district playoff or the north/south regional tournament to determine the provincial representatives.



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

REGIONAL CHAMPIONSHIP

Conference tournaments will advance two or three teams, as previously noted, to the regional level of playoffs. Regional tournaments, in most instances, will be six-team tournaments in two pools, with the top two teams from each pool advancing to a playoff round that will determine the teams to advance to the provincial tournament. In some instances, when a conference playoff is not necessary, the regional will be conducted as designed by the SHSAA office to determine representatives to advance to the provincial tournament.

REGIONAL DATES:

5A Boys and Girls **Nov 10-11, 2023**
1A, 2A, 3A, 4A Girls **Nov 10-11, 2023**
1A, 2A, 3A, 4A Boys **Nov 18, 2023**

Regional host locations will be determined after the September 30th enrollment declaration.

PROVINCIAL CHAMPIONSHIP

Provincial Tournaments will consist of ten teams in all categories, decided in the following manner:

- 1) The host team
- 2) In 1A-4A classifications comprised of only three regions, the top three teams from each of the three regional tournaments will advance to the Provincial Championship.
- 3) In 1A-4A classifications comprised of four regions, the top two teams from each of the four regional tournaments will advance to the Provincial Championship. In addition, the third-place team from the region of the previous year's gold medalist will advance to the Provincial Championship.
- 4) In the 5A classification, the Provincial Championship will consist of ten teams. Districts are assigned to the North and South only for purposes of determining the number of Provincial Championship berths:
(North: CV, NC, ST, WC, BW, NW, NE)
(South: QV, SC, RG, EC, HC, SW, SE)
5A representatives are selected from North Rural, South Rural, Saskatoon, and Regina. When the 5A championship is in the South, then South Rural has 3 reps, Regina has 3 reps, North Rural has 2 reps, and Saskatoon has 2 reps. When the 5A championship is in the North, then South Rural has 2 reps, Regina has 2 reps, North Rural has 3 reps, and Saskatoon has 3 reps.

Information on each Provincial Championship event is listed below:

PROVINCIAL DATES: **5A Boys and 5A Girls** **November 17 - 18, 2023**
1A, 2A, 3A, 4A Girls **November 17 - 18, 2023**
1A, 2A, 3A, 4A Boys **November 24 - 25, 2023**

Updated Classification (2023 AGM):

- If there are less than 18 teams in a classification, the next highest classification will send teams with the lowest enrolment(s) down to the classification until 18 teams are present.
- If there are more than 72 teams in a classification, teams will be moved from this classification, in order of enrolment, to the adjacent classification with the fewest number of teams until the 72-team threshold has been met.
- In the case where teams are required to move to meet a minimum/maximum threshold in any classification, but there are multiple teams with the next eligible enrolment to move, then all teams with the same enrolment will change classification.
- In instances where a provincial host is one of the teams to be moved to another classification, that team would not be moved and the school with the next appropriate school enrolment would be moved.
- Classification for teams will be based on those registered to participate in the activity on the E-10 deadline. If a team withdraws after the E-10 deadline, no further adjustments to a classification will be made to meet minimum/maximum threshold levels.



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

2023 PROVINCIAL VOLLEYBALL CHAMPIONSHIPS

"5A" GIRLS

Host School: Ecole St. Mary (Prince Albert)
Second Site: Sask Polytechnic
Commissioner: Shaun Hunko
Phone: 306-791-7365
Email: shaun.hunko@pacsd.ca
Team Entry: 10 Teams: **Two** teams from south region, **Three** teams from north region (including the host), **Three** teams from Saskatoon, **Two** teams from Regina.

"4A" GIRLS

Host School: Vanier Collegiate (Moose Jaw)
Second Site: Sask Polytechnic
Commissioner: Levi Broda & Leanne Meili
Phone: 306-693-6744
Email: levi.broda@htcsd.ca
Team Entry: 10 Teams: **Host school** and the top **Three** teams from the three regions.

"3A" GIRLS

Host School: Indian Head
Second Site: Wolseley
Commissioner: Trevor Viergutz
Phone: 306-695-3929
Email: Trevor.Viergutz@pvscd.ca
Team Entry: 10 Teams: **Host school** and the top **Three** teams from the three regions.

"2A" GIRLS

Host School: St. Walburg
Second Site: Turtleford
Commissioner: Lori Bartee
Phone: 306-248-3602
Email: lori.bartee@nwscd.ca
Team Entry: 10 Teams: **Host school**, the top **Two** teams from the four regions & a third team from region with 2022 Gold Medalist (Naicam).

"1A" GIRLS

Host School: Annaheim
Second Site: Watson
Commissioner: Karma Knittig
Phone: 306-598-2110
Email: karma.knittig@horizonsd.ca
Team Entry: 10 Teams: **Host school**, the top **Two** teams from the four regions & a third team from region with 2022 Gold Medalist (Rose Valley).

"5A" BOYS

Host School: Carlton Comprehensive Public HS
Second Site: Two gyms at Carlton
Commissioner: Bruce Friesen
Phone: 306-922-3115
Email: bfriesen@srsd119.ca
Team Entry: 10 Teams: **Two** teams from south region, **Three** teams from north region (including the host), **Three** teams from Saskatoon, **Two** teams from Regina.

"4A" BOYS

Host School: Melfort
Second Site: Two gyms at MUCC
Commissioner: Kelly Linnell
Phone: 306-752-2891
Email: Linnell.kelly@nesd.ca
Team Entry: 10 Teams: **Host school** and the top **Three** teams from the three regions.

"3A" BOYS

Host School: Unity
Second Site: Two Gyms at UCHS
Commissioner: Vicki Orobko
Phone: 306-228-2657
Email: vicki.orobko@lskysd.ca
Team Entry: 10 Teams: **Host school** and the top **Three** teams from the three regions.

"2A" BOYS

Host School: Ponteix
Second Site: Pambrun
Commissioner: Lori Kendall
Phone: 306-625-3277
Email: lkendall@chinookscd.ca
Team Entry: 10 Teams: **Host school** and the top **Three** teams from the three regions.

"1A" BOYS

Host School: Annaheim
Second Site: Lake Lenore
Commissioner: Blair Wourms
Phone: 306-598-2110
Email: blair.wourms@horizonsd.ca
Team Entry: 10 Teams: **Host school** and the top **Three** teams from the three regions.

REMEMBER TO SEND IN YOUR SEEDING FORM BY OCTOBER 25, 2023

Seeding Form (E-16) available in the SHSAA Handbook or on-line at:

<http://www.shsaa.ca/page/show/968456-forms-and-due-dates>



SASKATCHEWAN HIGH SCHOOLS ATHLETIC ASSOCIATION

2023 VOLLEYBALL PROJECTIONS - BOYS (MARCH 31, 2023)

- Below are the projected volleyball classifications for the fall of 2023. These projections are based on teams that participated in volleyball in 2022 and will not reflect registrations that occur in 2023.
- Conferences will be created following the September 30th enrollment declaration and will be based on the schools that register a team in 2023. Adjustments may occur following the October 11th withdrawal deadline.
- **1A - 3A Boys:** Conferences will be held on Sat. Nov 11 (and Fri. Nov 10, if required); Regionals will be held on Sat. Nov 18 (and Fri. Nov 17 if required); Provincials will be held on Fri. Nov 24 and Sat. Nov 25.
- **4A Boys:** Regionals will be held on Sat. Nov 18 (and Fri. Nov 17 if required); Provincials will be held on Fri. Nov 24 and Sat. Nov 25.
- **5A Boys:** Regionals will be held on Sat. Nov 11th; Provincials will be held on Fri. Nov 17 and Sat. Nov 18.
- Provincial Hosts are indicated in ***Bold**

1A BOYS (1-40)	Classification Projections. Conferences will be formed after the Sept. 30 deadline		
	Leoville - BW Medstead - BW Poundmaker - BW Bellevue - HC Muenster - HC *Annaheim - HC Englefeld - HC Choiceland - NE Goodsoil - NW Glaslyn - NW Edam - NW Canoe Lake - NW	Peepeekisis - QV Broadview - QV Central Butte - SC Eyebrow - SC Kincaid - SC Glentworth - SC Lafleche - SC Rouleau - SC Mossbank - SC Coronach - SC Avonlea - SC Gladmar - SE Ogema - SE	Yellow Grass - SE Fillmore - SE Stoughton - SE Lampman - SE Wawota - SE Fox Valley - SW Frontier - SW Cabri - SW Herbert - SW Hazlet - SW Beechy - WC Kyle - WC
2A BOYS (41-85)	Classification Projections. Conferences will be formed after the Sept. 30 deadline		
	Pelican Lake - BW Wilkie - BW Luseland - BW Hepburn - CV Langham - CV Mistawasis - CV Rosthern - CV Preeceville - EC Sturgis - EC Langenburg - EC Kelvington - HC Strasbourg - HC Little Red - NC Meath Park - NC Birch Hills - NC Kinistino - NC Hudson Bay - NE	Buffalo River - NW Minahik - NW Waterhen - NW Pierceland - NW Paradise Hill - NW St. Walburg - NW Lashburn - NW Neilburg - NW Rossignol - NW Beauval - NW Chief Napew - NW Turtleford - NW Thunderchild - NW Vibank - QV Montmartre - QV Cowessess - QV Payepot - QV	Grenfell - QV Kahkewistahaw - QV Nakoda Oyade - QV Harvest City - RG ECF - ST MJ Cornerstone - SC MJ Riverview - SC Gravelbourg - SC Radville - SE Rocanville - SE Redvers - SE Arcola - SE Leader - SW *Ponteix - SW Dinsmore - WC Davidson - WC Eston - WC
3A BOYS (86 - 200)	Classification Projections. Conferences will be formed after the Sept. 30 deadline		
	*Unity - BW Spiritwood - BW Rosthern JC - CV Dalmeny - CV Waldheim - CV Clavet - CV Delisle - CV Osler VCA - CV Canora - EC Esterhazy - EC Sturgeon Lake - NC Reindeer Lake - NC	S Myles Venne - NC Stanley Mission - NC S Allan Bird - NC Maidstone - NW Ille-a-la-Crosse - NW Pinehouse - NW Makwa - NW Island Lake - NW Fort Qu'Appelle - QV Kipling - QV Laval - RG RG Christian - RG	ST Christian - ST Briercrest - SC Assiniboia - SC Carlyle - SE Oxbow - SE Carnduff - SE Moosomin - SE Shaunavon - SW Biggar - WC Rosetown - WC Outlook - WC LCBI - WC



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4A BOYS		Classification Projections. Regions will be formed after the Sept. 30 deadline			
(201 - 500)		NB John Paull II – BW Martensville – CV Melville – EC Sacred Heart – EC Humboldt – HC PACI – NC	Churchill – NC *Melfort – NE Tisdale – NE Nipawin – NE Sakaskohc – NW La Loche – NW	Meadow Lake – NW Lumsden – QV ED Feehan – ST MJ Central – SC MJ Vanier – SC MJ Peacock – SC Kindersley – WC	
5A BOYS		NORTH REGION		SOUTH REGION	
(>500)	(3)	NB Comp – BW Warman – CV *PA Carlton – NC PA St. Mary – NC (RH) Lloydminster – NW	(2)	Yorkton Regional – EC Balgonie – QV Estevan – SE Weyburn – SE Swift Current – SW (RH)	Regina District advances 2 teams to Provincials Saskatoon District advances 3 teams to Provincials



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2023 VOLLEYBALL PROJECTIONS - GIRLS (MARCH 31, 2023)

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- **1A - 3A Girls:** Conferences will be held on Sat. Nov 4 (and Fri. Nov 3, if required); Regionals will be held on Sat. Nov 11 (and Fri. Nov 10 if required); Provincials will be held on Fri. Nov 17 and Sat. Nov 18.
- **4A – 5A Girls:** Regionals will be held on Sat. Nov 11 (and Fri. Nov 10 if required); Provincials will be held on Fri. Nov 17 and Sat. Nov 18.
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1A GIRLS (1-40)	Classification Projections. Conferences will be formed after the Sept. 30 deadline			
	Maymont – BW Hafford – BW Kerrobert – BW Leoville – BW Medstead – BW Poundmaker – BW Perdue – CV Vonda – CV Allan – CV Churchbridge – EC Invermay – EC Cudworth – HC Bruno – HC *Anaheim – HC Middle Lake – HC	Englefeld – HC LeRoy – HC Rose Valley – HC Bellevue – HC Canwood – NC Debden – NC Sandy Bay – NC Choiceland – NE Goodsoil – NW Hillmond – NW Canoe Lake – NW Glaslyn – NW Edam – NW Lemberg – QV Lipton – QV Wolseley – QV	Coronach – SC Rockglen – SC Glentworth – SC Kincaid – SC Avonlea – SC Rouleau – SC Bengough – SC Central Butte – SC Mossbank – SC Lafleche – SC Fillmore – SE Stoughton – SE Midale – SE Wawota – SE Lampman – SE Ogema – SE	Gladmar – SE Yellow Grass – SE Maryfield – SE Bellegarde – SE Fox Valley – SW Hazlet – SW Frontier – SW Herbert – SW Vanguard – SW East End – SW Lucky Lake – WC Elrose – WC Dinsmore – WC Kyle – WC Beechy – WC Eatonia – WC
2A GIRLS (41-85)	Classification Projections. Conferences will be formed after the Sept. 30 deadline			
	Luseland – BW Wilkie – BW Mistiwasia – CV Rosthern – CV Aberdeen – CV Hepburn – CV Langham – CV Asquith – CV Colonsay – CV Hanley – CV Preeceville – EC Langenburg – EC Sturgis – EC Ituna – HC Wadena – HC Kelvington – HC Raymore – HC Quill Lake – HC Foam Lake – HC	Wakaw – HC St. Brieux – HC Strasbourg – HC Big River – NC Little Red – NC Meath Park – NC Birch Hills – NC Kinistino – NC Naicam – NE Porcupine Plain – NE Hudson Bay – NE Carrot River – NE Nisto – NE Lashburn – NW Birch Narrows – NW Buffalo River – NW Minahik – NW Pierceland – NW *St. Walburg – NW	Thunderchild – NW Turtleford – NW Neilburg – NW Rossignol – NW Beauval – NW Chief Napew – NW Loon Lake – NW Nakoda Oyade – QV Cowessess – QV Grenfell – QV Kahkewistahaw – QV Payepot – QV Milestone – QV Cupar – QV Vibank – QV Montmartre – QV Whitewood – QV Southey – QV Harvest City – RG	Legacy – ST ECF – ST ST Christian – ST Gravelbourg – SC MJ Cornerstone – SC MJ Riverview – SC Radville – SE Arcola – SE Redvers – SE Rocanville – SE Leader – SW Gull Lake – SW Ponteix – SW Plenty – WC Davidson – WC Kenaston – WC Eston – WC



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3A GIRLS		Classification Projections. Conferences will be formed after the Sept. 30 deadline			
(86 – 200)		Spiritwood – BW Unity – BW Osler VCA – CV Waldheim – CV Rosthern JC – CV Dalmeny – CV Clavet – CV Delisle – CV Stobart – CV Hague – CV Canora – EC	Kamsack – EC Esterhazy – EC Watrous – HC Lanigan – HC Wynyard – HC Sturgeon Lake – NC S Myles Venne – NC Shellbrook – NC Reindeer Lake – NC S Allan Bird – NC Stanley Mission – NC	Ahtahkakoop – NC Creighton – NE Makwa – NW Island Lake – NW Maidstone – NW Fort Qu'Appelle – QV *Indian Head – QV Kipling – QV RG Christian – RG Laval – RG Assiniboia – SC	Briercrest – SC Oxbow – SE Carnduff – SE Carlyle – SE Moosomin – SE Maple Creek – SW Shaunavon – SW Biggar – WC Rosetown – WC LCBI – WC Outlook – WC
4A GIRLS		Classification Projections. Regions will be formed after the Sept. 30 deadline			
(201 - 500)		NB John Paull II – BW Martensville – CV Melville – EC Sacred Heart – EC Humboldt – HC	Churchill – NC Melfort – NE Tisdale – NE Nipawin – NE Meadow Lake – NW	Saskatoon – NW La Loche – NW Lumsden – QV Notre Dame – QV Scott – RG	ED Feehan – ST MJ Central – SC *MJ Vanier – SC MJ Peacock – SC Kindersley – WC
5A GIRLS		NORTH REGION		SOUTH REGION	
(>500)	(2)	NB Comp – BW Warman – CV PA Carlton – NC *PA St. Mary – NC Lloydminster – NW (RH)	(3)	Yorkton Regional – EC Balgonie – QV Estevan – SE Weyburn – SE (RH) Swift Current – SW	Regina District advances 3 teams to Provincials Saskatoon District advances 2 teams to Provincials