

# NORTHERN UNITED FC

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## Adult Soccer League Special Rules

Northern United FC is a volunteer-based, non-profit organization consisting of dedicated volunteers who work hard to provide our area youth with a high-quality soccer program. Our adult league prides itself in offering an enjoyable soccer experience for all skill levels. To ensure that we accomplish this goal, we have implemented several special rules that must be followed at all times. Please bring your positive spirit, good sportsmanship, and your soccer skills to the field and let's have some fun!

### FIFA Laws of the Game

All Northern United FC Adult Soccer League games are governed by the FIFA Laws of the Game. Additional Northern United FC policies that are applicable for the Adult League are as follows:

#### A. NUFC Yellow and Red Card Policy

1. A “Yellow Card” is a caution with no penalty. Repeated “Yellow Card” offenses by the same player may be subject to further action from the league coordinator (such as a suspension or dismissal from the league with no refund).
2. A “Red Card” (straight or two “Yellow Cards” in a game) is an ejection and will result in a minimum 1-game suspension.
3. Multiple “Red Card” offenses (2 or more) in a season will result in dismissal from the league with no refund.
4. If a “Red Card” is issued as a result of violent conduct (fighting, etc.), the offender will be immediately dismissed from the league with no refund.

#### B. Player, Spectator and Officiating Crew Safety

1. Only active players (meaning, those playing in the game or those serving as substitutes) are allowed on the field of play. No other individuals are allowed on the field of play during the game without the expressed permission of the center referee.
2. Contact with the goalie who has full or partial possession of the ball is prohibited. Deliberate contact with the goalie may result in a “Red Card”.
3. Northern United FC has a “zero tolerance” policy towards referee abuse. Violation of this policy will result in dismissal from the league with no refund.
4. Players and spectators are not allowed to engage in any discussions with the Assistant Referees (ARs) related to officiating decisions (including but not limited to: offsides calls, out of bounds calls, and fouls) during a game. While all of the ARs are certified referees, the majority are younger soccer players within our organization looking to gain additional experience in a safe environment. Violation of this policy will result in dismissal from the league with no refund. Players and spectators are allowed and are encouraged to provide positive feedback to our ARs after each game!

On behalf of the entire Board of Directors, thank you very much for following these rules. As in past seasons, we are confident that everyone will have a safe and enjoyable soccer experience!