

## **2026 Gymnastics State Banquet Guidelines**

Congratulations! You have qualified a Team or Individuals to the State Gymnastics Tournament, won the Section Academic Award, or are the Head or Assistant coach of the year for your Section! Your Team, Individuals, friends & family are invited to attend. Gymnasts should wear “**Nice dress wear**”. We ask that your gymnasts wear shorts underneath their dresses. They will be announced on an elevated stage, and we would not want our guests in the front row to be uncomfortable in their seats during the event.

### **RiverCentre Exhibition Hall**

Location is 175 W. Kellogg Blvd. in St. Paul

Thursday, February 19, 2026

Parking is available across the street in the RiverCentre ramp.

Please arrive inside by 5:30pm

**Banquet will start at 6:00pm**

### **Banquet Meal**

**6oz Seared Chicken Breast** with herb pan sauce served with herb roasted potatoes, green beans, (GLUTEN/DAIRY/NUT FREE)

OR

**Vegetarian Meal** (VEGETARIAN/GLUTEN/DAIRY/NUT FREE)

Each table will have a basket of bread rolls, chocolate chip cookies and tea, water & lemonade.

**Reserve Meals for \$33 per person**

All Reservations must be paid for in advance. Please designate one person per team to order & pay for banquet reservations together by going to <https://www.mshsca.org/gymnastics-state> We need your School, Card payment, Number of People, Phone Number & dinner Reservations Chicken or Vegetarian meals which must be ordered **by Sunday night, February 15th by 11:59pm**

**Banquet State Gymnastics T-Shirts can be ordered at:**

<https://stategymnasticsapparel2026.itemorder.com/>

**Make sure you select the correct Class when ordering!**

Shirts are pre-order only and will be distributed at the State banquet. T-shirts must be ordered by **Sunday February 15<sup>th</sup> by 11:59pm**

**Head coaches of the qualifying teams**, are seated at the head table & will announce their team, coaches & section individual qualifiers. (Do not announce JV/managers) **Double-check name pronunciations!** (You do still need to order and pay for a reservation)

**All-State forms** can be turned in & certificates picked up near the entrance of the banquet.

**Elite All-Around** will be recognized in the program & at the banquet. Submit the form on the MGGCA website by **Sunday February 15<sup>th</sup> by 11:59pm**.

Thanks and Congratulations!  
Kaitlyn Helmbrecht @ 952-217-1524 State Banquet Coordinator