

Heat Guideline – IMPACT Soccer Club

Approved by the Board of Directors – Updated August 19, 2020



Policy Statement

There will be days throughout each season where the temperature may rise into the high 90's or over 100 degrees. There are not many, if any, reschedule dates available in our season to move games. As such, our ultimate goal is to play all games as scheduled.

Our policy at IMPACT SC with regards to heat is as follows:

Our Referee's may offer one of the following options when the weather conditions warrant it:

- 1 minute water break at the midpoint of each half.
- 2-3 minute cooling off period, at the midpoint of each half.
- shortened halves (5 or 10 minutes)

Implementation of any of these must be determined prior to the match beginning. Under 104 degrees, our intention is to play all matches. Unless communication comes from IMPACT SC, the expectation is that all matches will be played. Depending upon the conditions, the coaches will work together to agree upon any of the options above which will be implemented in the best interest of player safety, communicating this to the referee. At 105 or above, coaches will have the option of canceling their match. IMPACT SC will do their best to reschedule the game either on another available weekend or weeknight, but it is a very real possibility that the game will not be rescheduled. Coaches should make every effort to play each game as scheduled. Our Competitive teams will take their direction from the Director of Coaches and Referee Director.

Coaches should always work to create the best environment for all players. If the temperature is hot and your opponent has limited to no subs, this should not be looked at as a competitive advantage, but rather an opportunity to make sure those players are in a safe environment. A break or shorter halves are highly recommended.

Excessive Heat on Training Days:

The decision to cancel or switch trainings to a virtual environment will be made by the DOC only and will be communicated via the ISC Office with website updates, email messages and/or text messages. **The "CLUB / FIELD STATUS" and "HEAT / AIR QUALITY INDEX UPDATES" will be made daily by no later than 12pm. Please ensure this is checked before contacting the office or your coach.**