



Bracebridge Soccer Club

Return to Play (RTP) Guide

Protocols and Recommendations



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Introduction

COVID-19 - INFORMATION

Coronaviruses are a large family of viruses. Some cause illness in people and others cause illness in animals. Human coronaviruses are common and are typically associated with mild illnesses, similar to the common cold. COVID-19 is a new disease that has not been previously identified in humans. Rarely, animal coronaviruses can infect people, and more rarely, these can then spread from person to person through close contact.

Those who are infected with COVID-19 may have little to no symptoms. You may not know you have symptoms of COVID-19 because they are similar to a cold or flu.

Symptoms may include:

- Cough
- Fever
- Difficulty breathing/Shortness of Breath
- Sore Throat
- Runny nose

In severe cases, infection can lead to death. Symptoms may take up to 14 days to appear after exposure to COVID-19. Recent evidence indicates that the virus can be transmitted to others from someone who is infected but not showing symptoms. This includes people who have not yet developed symptoms (pre-symptomatic) and never develop symptoms (asymptomatic).

Given these characteristics of the virus, it is extremely important to follow the proven preventative measures.

Preventative Measures

Canadians should continue to think ahead about the actions they can take to stay healthy and prevent the spread of COVID-19 in Canada. This includes staying at home as much as possible and being prepared in case you or a family member becomes ill. Everyone should practice physical (social) distancing.

As we continue to see transmission of the virus within different communities, we know that everyone must take precautions. In an effort to prevent the spread of COVID-19 within communities and across the country, all Canadians are advised to:

- Stay at home unless you have to go to work. Talk to your employer about working at home if possible.
- Avoid non-essential trips in your community.
- Do not gather in groups and follow the Government of Ontario directives (colour zone restrictions).
- Limit contact with people at higher risk, such as older adults and those in poor health.
- Go outside to exercise, but stay close to home.



If you leave your home, always keep a distance of at least two (2) meters (6 feet) from others. Household contacts (people you live with) do not need to distance from each other unless they are sick. The use of a mask, properly covering the nose, mouth and chin is strongly recommended outside of the home. For information on the proper selection and use of masks, see the Public Health of Ontario website:

<https://www.publichealthontario.ca/>

Physical (social) distancing

We can slow the spread of COVID-19 by making a conscious effort to keep a physical distance between each other. Physical (social) distancing is proven to be one of the most effective ways to reduce the spread of illness during an outbreak.

This means making changes in your everyday routines to minimize close contact with others, including:

- Avoiding crowded places and non-essential gatherings.
- Avoiding common greetings, such as handshakes, hugs, etc.
- Limiting contact with people at higher risk like older adults and those in poor health.
- Keeping a distance of at least two (2) meters from others (6 feet).

Hygiene

Proper hygiene can help reduce the risk of infection or spreading infection to others:

- Wash your hands often with soap and water for at least 20 seconds, especially after using the washroom and when preparing food.
- Use alcohol-based hand sanitizer if soap and water are not available.
- When coughing or sneezing, cough or sneeze into a tissue or the bend of your arm, not your hand.
- Dispose of any tissues you have used as soon as possible in a lined wastebasket and wash your hands afterwards.
- Avoid touching your eyes, nose, or mouth with unwashed hands.

Cleaning

Coronaviruses are one of the easiest types of viruses to kill with the appropriate disinfectant product when used according to the label directions. Health Canada has published a list of hard surface disinfectants that are likely to be effective for use against COVID-19 (<https://www.canada.ca/en/health-canada.html>).

Cleaners and disinfectants can play a role in limiting the transfer of microorganisms. Health Canada recommends cleaning high-touch hard surfaces often, using either regular household cleaners or diluted bleach according to the label directions. This bleach solution should be prepared according to the instructions on the label or in a ratio of 250 mL (1 cup) of water per 5 mL (1 teaspoon) of bleach. Directions are based on bleach that is 5% sodium hypochlorite, to give a 0.1% sodium hypochlorite solution. Never mix bleach with other



chemical products and use it in a well-ventilated area. Special precautions must be used when cleaning with bleach to avoid serious incidents. For more information on using bleach appropriately, visit the Canadian Centre for Occupational Health and Safety website (<https://www.ccohs.ca/oshanswers/chemicals/bleach.html>).

These surfaces include:

- Toilets
- Phones
- Electronics
- Door handles
- Tables and chairs
- Remotes.

Wearing masks or face coverings

Medical masks, including surgical, medical procedure face masks and respirators (like N95 masks), should be kept for health care workers and others providing direct care to COVID-19 patients.

Wearing a non-medical mask or face covering while out in public is recommended for periods of time when it is not possible to consistently maintain a two (2) metre physical distance from others, particularly in crowded public settings, such as training and competition facilities. Consistent and appropriate use of masks is currently deemed the most important strategy when an individual is unable to safely physically distance.

Public health officials will make recommendations based on a number of factors, including the rates of infection and/or transmission in the community. Recommendations may vary from community to community.

If you do choose to wear facial covering, refer to guidelines on wearing non-medical masks, how to make your own and the Special Advisory Committee recommendations on the use of non-medical cloth masks or face coverings in community settings.

Masks alone will not prevent the spread of COVID-19. You must consistently and strictly adhere to good hygiene and public health measures, including frequent hand washing and physical (social) distancing.

For additional information about COVID-19 and local updates, visit <http://www.simcoemuskokahealth.org/Topics/COVID-19>



Bracebridge Soccer Club's Return to Play (RTP) guide follows the direction set out by Ontario Soccer and their Return to Play (RTP) plan updated Feb 18, 2021. For reference, details of Ontario Soccer's RTP plan can be found at: <https://www.ontariosoccer.net/page/show/5787197-return-to-play-guide>

Any soccer activity in Ontario must comply with health and safety protocols as outlined in the Ontario Soccer Return to Play (RTP) Guide, as well as any new protocols issued by Ontario Soccer the Province of Ontario health authorities, and Simcoe Muskoka District Health Unit. Any protocols also contained in the Ontario Soccer RTP but not referenced in this RTP will also apply.

Bracebridge Soccer Club appreciates the patience and understanding of all members and volunteers for their on-going support for minor soccer programs and our community through this challenging time. The Club's Board of Directors will continue to strive towards developing soccer activities that can occur in a safe environment that does not jeopardize the health and well-being of our participants, their families and the community.



Ontario Soccer Return to Play Overview

Ontario Soccer’s 3 phases approach to Return to Play.



Reference Guide (Zones) - OVERVIEW

	Grey	Red	Orange	Yellow	Green
Completion of Canada Soccer Return to Soccer Assessment Tool	Yes	Yes	Yes	Yes	Yes
Organization’s own RTP Guide/Plan in alignment to Ontario Soccer’s RTP Guide	Yes	Yes	Yes	Yes	Yes
Age and Stage Considerations	Yes	Yes	Yes	Yes	Yes
Safety Field Marshal	Yes	Yes	Yes	Yes	Yes
Physical Distancing for Participants	Yes	Yes	No	No	No
Equipment disinfecting after each game/practice	Yes	Yes	Yes	Yes	Yes
Change rooms	No	No	Yes	Yes	Yes
Indoor Activities Permitted	No	Yes	Yes	Yes	Yes
Outdoor Activities Permitted	No	Yes	Yes	Yes	Yes
Games or Scrimmages	No	No	Yes	Yes	Yes
Maximum “Competitive Bubble”	N/A	N/A	50 players	50 players	50 players
Team Isolation Period before changing bubbles	N/A	N/A	14 days	14 days	14 days
Travel to other zones <i>Unless otherwise stated by local Public Health Unit</i>	No	No	Yes	Yes	Yes
Trials/Tryouts/Open Evaluations	No	No	Yes	Yes	Yes
Maximum number of Participants (Players, coaches, match officials) <i>Unless otherwise stated by local Public Health Unit</i>	No indoor or outdoor activities	10 Indoor 25 Outdoor	50 Indoor 100 Outdoor	50 Indoor 100 Outdoor	50 Indoor 100 Outdoor
Maximum number of Spectators <i>Unless otherwise stated by local Public Health Unit</i>	No spectators	No spectators, except for ONE parent per participant under the age of 18	No spectators, except for ONE parent per participant under the age of 18	50 Indoor 100 Outdoor	50 Indoor 100 Outdoor



Ontario Soccer determines the timelines for each phase in alignment with the Province of Ontario provincial Health Authorities involving government orders, restrictions and guidelines.

Prior to returning to play each organization must:

- Complete 'Canada Soccer return to Soccer Assessment Tool'
- Receive approval form Local Public Health Unit and incorporate any additional measures applicable to the area
- Share information with membership



Canada Soccer – Return to Play Assessment

2020

Risk Assessment Level

Low

Dear Bracebridge Soccer Club,

Thank you for completing Canada Soccer's Return to Soccer Assessment Tool. Based on the information provided as of the date of this correspondence, we are pleased to advise that your risk is assessed as LOW. When the Provincial and/or Municipal Public Health Authorities provide permission for sports activities to resume you may determine, together with Ontario Soccer, when you wish to renew your club's activities in accordance with your plan. You are reminded that should your club decide to return to train when restrictions are lifted, either fully or in part, it is the club's responsibility to ensure that the local conditions for a safe return to the pitch are met and that any impositions set by the local Public Health Authorities are factored into the process moving forward. Further, depending on the timeline between this assessment and when local restrictions are eased, the Club is responsible for continuing to update its mitigation plan as new information is provided by the local authorities.

In addition, Member Association Technical Directors and/or the Canada Soccer Development Department would be happy to discuss with your technical staff alternative training drills that respect social distancing and similar restricted sessions should you wish to take advantage of that opportunity.

Good luck in your return to soccer and stay safe.

Peter Montopoli
General Secretary, Canada Soccer



Return to Play (RTP) Plan: Phase 1

Phase 1 of RTP may happen when communities are in the **Red** (Control) Zone.

Overview of Guidelines during Phase 1:

- Soccer organization must have completed ‘Canada Soccer Return to Soccer Assessment Tool’.
- Physical distancing of at least two (2) meters is required from all participants. (Players, Coaches, Match Officials).
- No spectators permitted, but ONE parent or guardian may accompany each participant under the age of 18 years who is engaged and in any event cannot exceed:
 - 10 spectators for indoor facilities
 - 25 spectators for outdoor facilities
- No games or scrimmages, or contact between participants is permitted during this phase.
- Any locker rooms, change rooms, showers and clubhouses must be closed, except to the extent they provide access to equipment storage, a washroom or a portion of the facility that is used to provide first aid.
- Any equipment must be cleaned and disinfected between each use.
- Any soccer activity must comply with the social distancing measures and recommendations, along with any gathering restrictions issued by the provincial government health authorities, including the arrival and departure of players.
- The total number of participants permitted to be at an activity at any one time must be limited to the number that can maintain a physical distance of at least two meters from other persons at a facility, and in any event cannot exceed:
 - 10 participants for indoor facilities
 - 25 participants for outdoor facilities



Return to Play (RTP) Plan: Phase 2

Phase 1 of RTP may happen when communities are in the **Orange** (Restrict), **Yellow** (Protect), or **Green** (Prevent) zones.

Overview of Guidelines during Phase 2:

- Soccer Organization must have completed ‘Canada Soccer Return to Soccer Assessment Tool’
- Physical distancing is not required of participants engaged in training or games.
- In Orange Zone - No spectators permitted, but ONE parent or guardian may accompany each participant under the age of 18.
- In Yellow or Green Zone, spectators are permitted but must follow the gathering limits and in any event cannot exceed:
 - 50 spectators for indoor facilities
 - 100 spectators for outdoor facilities
- Games or scrimmages can be introduced:
 - Game formats must follow the age, stage of development, and conform to gathering restrictions issued by the Provincial Government and/or local public health unit.
- The total number of participants permitted to be at an activity at any one time must be limited to the number that can maintain a physical distance of at least two meters from nonparticipants in the facility, and in any event cannot exceed:
 - 50 participants for indoor facilities
 - 100 participants for outdoor facilities
- Exhibition games, tournaments/festivals and leagues can be organized under the following conditions:
 - Multiple teams, from different Clubs/Academies can form groupings (“Competitive Bubbles”) of no more than 50 players to participate in a league or sanctioned competition as per the current government order.
 - Note: Any government directives which impact bubble size, etc., will be communicated to membership accordingly.
 - Teams must observe a minimum of 14 days of “Team Isolation” before playing games within a different team “bubble” or against a new team outside the “bubble”.
 - During the “Team Isolation” period, only activities within the team can take place (i.e. training, inter-squad games.)
- It is highly recommended that a Safety Field Marshal be appointed to ensure compliance with social distancing rules and safety protocols. The Safety Field Marshall should be a recognized authority within the soccer organization. This is not the role of Match Officials.
- Trials/Tryouts/Open Evaluations can be hosted under the following conditions:
 - Organizations must focus on ensuring the health and safety of participants attending their sessions.



- Players not registered in OSCAR, Ontario Soccer's official registry must complete the Informed Consent and Assumption of Risk Agreement, for each clubs' sessions they attend, to be eligible for insurance coverage;
- Players must complete the Declaration of Compliance at each session;
- A Contact Tracing Log must be completed for each session;
- For all 11v11 games, the IFAB 2019/2020 Laws of the game shall be enforced.
 - Under the new Framework, throw-ins and headers are permitted in accordance with Laws of the Game.
- Modified rules to avoid physical contact between players must be in place, including:
 - Match Officials will allow substitutes to wear non-clashing colours (to the players on the field of play). They are not required to be official pinnies.
 - Automatic cautions for any players who are involved in face-to-face (but non-mass confrontation) interactions. Shoving, jostling, and fighting for space will result in a straight Yellow Card for Unsportsmanlike Behavior.
 - Match Officials should stay away and allow the emotional situation to deescalate before engaging from a safe distance.
 - Serious physical altercations will result in an automatic red card (players must leave the grounds).
 - Mass confrontations will result in automatic dismissals for all involved.
 - There will be ZERO tolerance for spitting on or around the field of play. If spitting is seen by one of the match officials, the following procedure will be followed:
 - If aimed/directed at someone it is an automatic red card and send off as per IFAB Laws of the Game.
 - If spitting at equipment, playing surface or elsewhere, a yellow card for unsporting behaviour will be issued.
 - Coaches are responsible for ensuring players are aware of the Spitting Zero Tolerance requirement, and the importance of following Covid-19 guidelines.

Return to Play (RTP) Plan: Phase 3

All restrictions are lifted and regular competition and training may resume



Age and Stage Recommendations

U6 and under (Active Start)

- Children at this age will struggle with maintaining social distancing
- Each player should be accompanied by a Parent/Guardian
- Players may play 3v3 scrimmages (when in Phase 2)
- Coaches should be overly conservative when setting up spacing for activities

U7-U8 (Fundamentals)

- Children at this age need individual interaction to stay engaged
- Each player should be accompanied by a Parent/Guardian
- Players may play 5v5 scrimmages (when in Phase 2)
- Coaches should be overly conservative when setting up spacing for activities

U9-U12 (Learn to Train)

- Players may play 7v7 (U9/U10) or 9v9 (U11/U12) scrimmages (when in Phase 2)
- Coaches should be overly conservative when setting up spacing for activities

U13+ (Soccer for Life)

- Players may play 11v11 scrimmages (when in Phase 2)
- Players should understand what Social Distancing is and be able to maintain it during games/practices

Club Guidelines and Recommendations

- All information in the Ontario Soccer RTP and this guide are widely available to all club members and the public through our club's website.
- All participants must complete a self-assessment prior to participating either using <https://covid-19.ontario.ca/self-assessment/> (or another method determined by the team officials)
- In each phase, participation to be limited to ages and levels that can adhere to distancing measures and recommendations issued by the Provincial Government and health authorities.
- Activities will be staggered to ensure a buffer between sessions. Group sizes will be based on Government of Ontario restrictions.
- All players and coaches/team officials must appropriately register (i.e. provide consent to authorize participation) with the club and will be registered in OSCAR, Ontario Soccer's official participant registry.



- **Any individual not officially registered may not participate in any sanctioned soccer activity.**
- Only the club's online portal will be used to complete registration for programs and liability waivers.
- All hygiene measures will be communicated in advance to all participants registered for club programs.
- A written consent/waiver from all registrants/parents/guardians will be completed indicating their understanding and acceptance of hygiene requirements.
- PPE will be provided to volunteers and contract staff if requested.
- If any participant reports contracting COVID-19 the Simcoe Muskoka District Health Unit will be contacted and support will be provided for contact tracing efforts. COVID-19 Emergency Response plan will be activated.
- Written approval must be secured from the Town of Bracebridge (to use Gostick Park) or the Trillium Lakelands District School Board (to use public/high school fields) for soccer activity.
- Club house, change rooms and washrooms will remain closed, during phase 1.
- A cleaning/disinfecting plan will be developed in conjunction with the Town of Bracebridge if the clubhouse, changerooms or washrooms are opened ensuring regular sanitization of high touch points.
- A field marshal (not an official) will be assigned to any games to ensure that social distancing protocols are being followed.
- Participation will be limited to ages that can understand and adhere to social distancing measures.
- Team sizes will be reduced where possible to allow for social distancing and smaller game formats.
- Any participant who does not feel well should not attend training sessions or leave immediately if when symptoms begin.

Team Guidelines and Recommendations

Prior to beginning the training season each team must:

- Review of all RTP guide, protocols and recommendations with players and parents/guardians.
- Communicate all hygiene measures in advance to all players and parents/guardians.
- Communicate all protocols and expectations to all players and parents/guardians.
- Ensure players/parents/guardians are aware of the COVID-19 Self-Assessment App at: <https://covid-19.ontario.ca/self-assessment/> (or another method determined by the team officials).

Team Official (Coaches/Managers)

- Coaches shall hold online meetings with parents/guardians and players regarding RTP protocols prior to first training session.
- Team Officials are responsible to ensure that each player completes a self-assessment prior to training and their attendance is recorded for contact tracing purposes. (**see Appendix B**).
- Individual equipment (balls, pinnies) is encouraged.
- Coaches must sanitize all shared equipment after each session.
- Only the coaching staff should handle equipment.



- For coaches/team officials using electronic devices for instruction (e.g. tablets, touch screens), they will not share the devices and will disinfect the device with an alcohol based wipe or spray (or consider the use of wipeable covers).
- Avoid sharing pinnies during training – each player should be assigned their own personal pinnie which they do not share and take home to wash. Teams do not collect team pinnies on a nightly basis.
- Prior to approaching a player who requires assistance (ie: for First Aid), team officials must put on a mask or face shield.
- Planning of activities will respect social distancing whenever possible – use cones to ensure areas are identified.
- Identify areas where players may leave their personal belongings spaced adequately apart.
- No hand contact with ball (by players).
- Create separate sessions for GK handling of ball - separate equipment should be set aside and used.
- Provide regular water and sanitization breaks – ensure these breaks are staggered by group.
- Ensure that proper hand sanitizing and hygiene protocols are followed.
- If any individual is experiencing symptoms, they must be sent home immediately (including but not necessarily limited to fever, cough, shortness of breath, runny nose, sore throat).

Player Guidelines and Recommendations

- Will not attend a soccer event if feeling ill or have any symptoms (including but not necessarily limited to fever, cough, shortness of breath, runny nose, sore throat).
- Must complete a self-assessment prior to arriving at training and report to the Team Officials to have your results and attendance recorded.
- Do not carpool unless with immediate family.
- Always follow instructions from coaches regarding physical distancing.
- Arrive no more than 15 minutes prior to session (Phase 1 training).
- Arrive no more than 30 minutes prior to a game (Phase 2).
- Do not congregate at any spot in the facility entry or exit point. Maintain physical distancing.
- Arrive prepared to train (e.g. in gear as change rooms will not be available).
- Bring your own water bottle – label it with your name and do not share.
- Do not share your apparel (e.g. pinnie) or equipment (e.g. shin pads, shoes).
- Follow Hygiene protocols.
- Maintain physical distancing (i.e. 2 metres or 6 feet) as required
- Avoid all “non-essential” contact (e.g. no handshakes, no high fives, no hugging, etc.)
- Bring hand sanitizer with you to training and sanitize immediately before and after training as well as during any water break.
- Do not bring handheld electronic devices to field (or keep in bag)



Parent/Guardian/Supporter Guidelines and Recommendations

- Review and adhere to all RTP protocols.
- Be aware of and follow hygiene protocols.
- Ensure players complete a self-assessment prior to arriving at training and report directly to their team official to have their results and attendance recorded (facilitate contact tracing efforts).
- Ensure players are healthy and have no symptoms (including but not necessarily limited to fever, cough, shortness of breath, runny nose, sore throat)
- Review all protocols with your children to support their understanding of participation requirements.
- Remind players to arrive dressed and ready.
- Ensure player's apparel and equipment is washed.
- Only 1 parent/guardian may attend soccer activity.
- Avoid congregating at the fields and keep a reasonable distance from the field. Parents/guardians should remain nearby in the event of injury or emergency.
- Maintain distancing as required during drop off, pick up, and spectating.
- Understand that if players are not following coaches' guidelines they will be asked to leave the field.

Match Officials

- Complete a self assessment prior to arriving at the field.
- Ensure that the 'Home' team adds you to their contact tracing log.
- Be aware of the modified rules for the phase and age of play.
- Any soccer activity must comply with the social distancing measures and recommendations, along with any gathering restrictions issued by the Province of Ontario health authorities, including the arrival and departure of players (except for family members or persons residing in the same household).
- The Thunder and Lightning Policy will be adjusted to read that if the game is stopped for severe weather, then the game is over in order to avoid gathering of participants in confined areas, and will not be rescheduled due to availability of fields/officials, etc.
- Match Officials must arrive in appropriate officiating gear to the game/training (clubhouse/change rooms may not be available).
- Ensure a Field Marshal has been assigned to monitor social distancing
 - Field Marshal should be a recognized authority within the organization and not the match official
- Do not share equipment with other match officials (Use new grip or fresh tape on flags if possible, do not share pens, cards etc.)
- Wash hands prior to leaving for games; bring personal use hand sanitizer to the fields.
- Match Officials have the right to abandon any game where the required COVID-19 protocols are not being followed. In these cases, it must be reported on a Special Incident Report to the appropriate authorities.
- It is recommended that hydration breaks be increased to allow for players and match officials that may be wearing masks/shields to take time to refresh. Please ensure coaches are aware at the start of each game as to the timing of the breaks.



- Officiating Adjustments
 - Player inspections may still be completed, but must be at a distance of no less than two (2) meters (6 feet).
 - Assistant Referees must stand a minimum of two (2) meters (6 feet) from the kicker during corner kicks.
 - Match Officials are to use their foot to pass the ball when transferring to a player (e.g. free kicks), or direct the player to retrieve the ball themselves.
 - It is optional for Assistant Referees to wear face shields/masks as they are positioned closer to spectators and benches. This provides an additional level of protection.
 - Clubs/Districts/Academies/Leagues may determine they need to reduce number of Match Officials needed for a game. League1 Ontario, League1 Ontario Reserve, OUA, OCAA, OPDL, Ontario Cup Semi-finals and Finals will have priority for three (3) officials.

General Hygiene Protocol

- Wash hands with sanitizer immediately before leaving home and after soccer activities and during water breaks.
- Do not spit at any time.
- Label your own water bottle and do not share.
- Cover mouth and nose with tissue or elbow (not your hands) when coughing or sneezing.
- Avoid touching eyes, nose, mouth.
- Shower at home before and after training.

Reduce Transmission

- Any /player/parent/coach/official/staff who is exhibiting symptoms of illness must stay home.
- Recognize and Assess – the virus is transmitted via droplets during close, unprotected contact with an infected person or by touching an infected surface and then eyes, nose, or mouth.
- **If you, or someone you have been in contact with either at work, home or at soccer begins to exhibit symptoms, it is imperative to inform your Coach/Club immediately. You should also:**
 - **Self-Isolate**
 - **Contact your primary health care provider**



Clubhouse / Fields

- Coaches shall ensure hand sanitizer is available upon entry/exit to the field
- Prior to entry and at the end of each session, all individuals to properly sanitize hands.
- In the event that a match is being held at a location where there is single entry or exit points to the field, one point should be marked as the entrance and one should be marked as an exit.
 - Gostick Soccer Field has full access around the field so there will be no identified entry or exit point. Players/parents/guardians will be reminded to leave space between others when walking to and from the field from the parking lot.
- Clean and Disinfect: all shared touch points after each session (ie: Team Benches, gates, tables etc...)
- Facility change rooms closed until further notice.
- A cleaning/disinfecting plan will be developed in conjunction with the Town of Bracebridge if the clubhouse, changerooms or washrooms are opened ensuring regular sanitization of high touch points.

Insurance Coverage / Legal Considerations

- Players & Coaches will continue to be registered via the Oscar Registration system to ensure full standard coverage through HUB International and Ontario Soccer.
- We have been advised by Ontario Soccer and our own personal insurance brokers that there is no current “pandemic” coverage available.
- Bracebridge Soccer Club will be applying a pandemic exclusion clause, which is being applied across all amateur sports throughout Canada.
- Youth and Adult waivers will be required to be completed by all members/players prior to return to play. Without a signed waiver, participation will not be granted.
- Youth and Adult Waivers are required for all participants registered with the Bracebridge Soccer Club. Waivers can be found in **Appendices D to F**:
 - 1) Release of Liability, waiver of claims and indemnity agreement; and
 - 2) Declaration of Compliance



COVID-19 EMERGENCY RESPONSE PLAN (ERP)

An Emergency Response Plan has been developed to outline the process to follow in the event that a positive COVID-19 case is reported to the club, as well as to ensure that all involved understand their roles and responsibilities (**See Appendix A** for the Club's ERP for injuries on the field).

Pre-Pandemic Phase	
Activity	Lead Responsibility
COVID-19 ERP Leader	Administrator
Complete Canada Soccer/ Ontario Soccer Online Risk Assessment	President
Educate all internal leaders on RTP protocols	Vice President, Programs
Communication to health authorities if there is a positive test for COVID-19 in the organization	Administrator
Verify Ontario Soccer, Municipal Government, and Provincial Government permissions for RTP	President
Positive Test Phase	
Activity	Lead Responsibility
Consistent with Federal/Provincial regulations, acts, and laws, coaches, staff, officials and families of players should self-report to the ERP Lead if:	Coach, Team Manager, Players, Parents/Guardians
a. they have symptoms of COVID-19 or	
b. a positive test for COVID-19 is recorded, or	
c. they were exposed to someone with COVID-19 within the last 14 days	
<u>Advise Sick Individuals to Stay Home</u> Sick coaches, staff members, officials, or players should not return until they are well enough based on Public Health Agency of Canada and Provincial Health Authority guidelines.	Administrator
<u>Isolate and/or Transport Those Who are Sick at Club/Academy Activities</u> Ensure that coaches, staff, officials, players, and families know that sick individuals should not attend a Club or Academy activity, and that they should notify officials if they (staff) or their child (families) become sick with COVID-19 symptoms, test positive for COVID-19, or have been exposed to someone with COVID-19 symptoms or a confirmed or suspected case.	Administrator, Coach, Team Manager
Coaches, staff, officials, and players with COVID-19 symptoms (i.e., fever, cough, shortness of breath) at any club activity must be immediately separated and isolated. Individuals who are sick should go home or to a healthcare facility, depending on how severe their symptoms are, contact their Family Physician, and follow Health Agency guidance for caring for oneself and others who are sick. Individuals who have had close contact with a person who has symptoms should be separated and sent home as well. If symptoms develop, individuals and families should follow Health Agency guidelines for caring for oneself and others who are sick.	Coach, Team Manager, Players



Parent contact information shall be readily available if you are calling an ambulance or bringing someone to the hospital. If calling an ambulance, please alert them that the person may have COVID- 19.	Coach, Team Manager
Clean and Disinfect Areas (or close off areas) used by a sick person and do not use these areas until after cleaning and disinfecting has been completed (for outdoor areas, this includes surfaces or shared objects in the area).	Coach, Team Manager
<i>Post Pandemic Phase</i>	
<i>Activity</i>	<i>Lead Responsibility</i>
Action and Communications	
a. Confirm Provincial Health Officer has declared the COVID-19 pandemic is over.	President
b. Send official written notice to your membership (i.e., volunteers, staff, coaches, parents, players, match officials) that the pandemic is officially over, the province's state of emergency order has been lifted and soccer activities can resume its full operations. Note: During this phase, there may be specific sport protocols to follow from Canada Soccer/Ontario Soccer and/or the Provincial health authorities (i.e. implementation of Infection Control Policies and Procedures).	President
c. Conduct a full review of COVID-19 Return to Play Implementation Plan as well as COVID-19 Emergency Response Plan. Include a list of recommendations for improvements.	Administrator
d. Update Bracebridge SC Emergency Response Plan (ERP) and Emergency Action Plan (EAP) for future use and have approved.	Administrator in conjunction with Board of Directors



Appendix A: Emergency Action Plan

BRACEBRIDGE SOCCER CLUB EMERGENCY ACTION PLAN (EAP) GUIDELINES

UPDATED JULY 2020

Emergency Action Plan: Rationale – Summary – Outline

Sport injuries can occur during soccer practices and games. An Emergency Action Plan (EAP) is a plan that team officials implement to help them respond appropriately to emergency situations. EAPs should be prepared by team officials in advance of the season, and are specific to the facilities or sites used for team events (practices, games, training sessions, team building activities, etc.).

The main components of an EAP are:

- Designating a Charge Person, as well as a back-up
- Designating a Call Person, as well as a back-up, with charged cell phone
- Identifying addresses and phone numbers for sites, hospitals and emergency services
- Prepare and communicate directions for emergency personnel to reach site as quickly as possible
- Having player medical profiles and contact information on hand for emergency personnel
- Having a first aid kit properly stocked and easily accessible
- Complete an Injury Report form
- Contact parents regarding the incident

An EAP should be activated in the event of a **serious** injury, or when an injured person:

- Is not breathing
- Does not have a pulse
- Is bleeding profusely
- Has impaired consciousness
- Has injured their back, neck or head
- Has a visible major trauma to a limb

The team officials are responsible for ensuring the First Aid Kit and the players' medical profiles are present at all soccer related activities. If First Aid Kits require updating/replenishing, team officials should connect with the club administrator. ***In addition, all infection prevention and control measures (e.g. as outlined in the RTP guide) must be followed.***



The **Charge Person** may be trained in First Aid, should have completed **Making Headway in Soccer** and begins to enact the EAP:

- Stops all soccer related activities in the vicinity of the injury, clears the risk of further harm to the injured player(s), secures the area, shelters the injured player from the elements
- Stays with the injured player(s) and tries to keep the injured player(s) calm until EMS arrives
- Directs the **Call Person** to call the appropriate emergency services (or 911)
- Designates someone to be in charge of the other players/participants
- Uses personal protective gear if necessary (e.g. gloves if blood involved)
- Assesses Airway, Breathing and Circulation of injured player
- Provides basic first aid, if required, using supplies from the first aid kit
- Completes an Injury Report and submits to club administrator within 24 hours
- Advises club administrator by phone/email as soon as possible of the injury

The **Call Person** is responsible for:

- Calling for emergency help (or 911)
- Providing all necessary information to dispatch (location, nature of injury, player demographics, first aid delivered thus far)
- Report back to the **Charge Person** with any updates from dispatch/emergency personnel
- Clearing traffic from entrance/access to field prior to ambulance arriving
- Waiting by the entrance to direct emergency personnel to the injured player
- Calling the emergency contact person listed on the player's medical profile

In the event of a serious injury to a player, the EAP should be implemented immediately. The **Charge Person** should advise the club administrator by phone or email of the incident as soon as possible. The **Charge Person** must complete an injury/incident report and submit it to the club administrator within 24 hours.



EAP Checklist

To assist team officials in being prepared in advance of the season, the following checklist has been devised to ensure all elements of the EAP are ready.

<input type="checkbox"/>	Access to phones	<ul style="list-style-type: none"> • Ensure that at least one team official has a fully charged cell phone at every soccer event
<input type="checkbox"/>	Directions to facilities	<ul style="list-style-type: none"> • Accurate directions to all facilities (including training grounds, indoor facilities, home/away games, team building activities, etc.) • Knowledge of local/nearest hospital
<input type="checkbox"/>	Player Information	<ul style="list-style-type: none"> • Copies of all player medical information forms, including emergency contact information (suggest a team binder that accompanies the First Aid Kit and Equipment Bag) • Knowledge of any pre-existing medical conditions • Should be prepared to share this information with EMS
<input type="checkbox"/>	EAP Action Plan	<ul style="list-style-type: none"> • NCCP EAP Action Plan should be completed for your home field and practice fields • Adapt your NCCP EAP Action Plan for away games, as needed • Identify a Charge Person and a Call Person
<input type="checkbox"/>	First Aid Kit	<ul style="list-style-type: none"> • A first aid kit, including ice packs, is provided to each development and representative team at the beginning of the season. • Ensure that supplies are replenished as they are used – contact the club administrator for supplies.



LIST OF LOCAL HOSPITALS

Bracebridge

South Muskoka Memorial Hospital, Muskoka Algonquin Hospital
24 Hour Emergency Department
75 Ann St., Bracebridge, Ontario
705-645-4404

Huntsville

Huntsville District Memorial Hospital, Muskoka Algonquin Hospital
24 Hour Emergency Department
100 Frank Miller Dr., Huntsville, Ontario
705-789-2311

Orillia

Soldier's Memorial Hospital
24 Hour Emergency Department
170 Colborne St. W., Orillia, Ontario
705-325-2201

Barrie

Royal Victoria Regional Health Centre
24 Hour Emergency Department
201 Georgian Dr., Barrie, Ontario
705-728-9802



LIST OF LOCAL SOCCER FACILITIES

Gostick Soccer Park
Outdoor soccer only
25 Hamblin Dr.
Bracebridge, ON

Bracebridge and Muskoka Lakes Secondary School
Indoor and outdoor soccer
100 Clearbrook Trail,
Bracebridge, ON

Saint Dominic Catholic Secondary School
Indoor and outdoor soccer
955 Cedar Lane,
Bracebridge, ON

Conroy Park
Outdoor soccer only
120 Brunel Rd.,
Huntsville, ON

McCulley-Robertson Sports Complex
Outdoor soccer only
300 Williams St.
Huntsville, ON

Monck Public School
Indoor and outdoor soccer
250 Wellington St.
Bracebridge, ON

Bracebridge Public School
Indoor and outdoor soccer
90 McMurray St.
Bracebridge, ON





EMERGENCY ACTION PLAN (EAP)

Date: Summer 2020

Event: Home Games Location: Gostick Soccer Park



Charge Person

Call Person

Head Coach

Assistant Coach

Backup

Backup

Assistant Coach

Manager

Backup

Backup

Manager

Team Parent

Important Addresses

Emergency Phone Numbers

Site or Facility (Address, City, Province)

Emergency Services

Gostick Soccer Park
25 Hamblin Dr.
Bracebridge, On

911

Nearest Hospital (Address, City, Province)

Facility Manager or Superintendent

South Muskoka Memorial Hospital
75 Ann St.
Bracebridge, ON

N/A

Additional Location Information

Other

Also entrance on Donald St. (fields #1 #2)

Have player's medical consent form ready





EMERGENCY ACTION PLAN (EAP)

Date: Summer 2020

Event: Home Games

Location: Gostick Soccer Park

Directions to site/facility

Fields 1 to 4:

North on Maitoba St.
Right turn (east) on Hamblin Dr.
Go to the end of Hamblin, thru the gates into soccer fields

For players who cannot be moved from the field of play, ambulances can directly access the fields via the southeast corner of the park, close to where the gate near Donald St. opens to the parking lot.

Alternate entrance off of Donald Street.

Charge Person Responsibilities

1. Conduct an initial assessment of the injury.
2. Designate someone to watch the other participants (stop all activities and ensure all participants are in a safe area if nobody is available to supervise).
3. Wait with the injured participant and help keep them calm until emergency medical services arrive and conduct their assessment of the injury.
4. Record the injury using their club's accident report form.

Call Person Responsibilities

1. Call for emergency help.
2. Provide all necessary information to dispatch.
 - The facility location
 - The closest access door to the injured participant
 - The nature of the injury
 - A description of first aid that has been performed
 - Other medical information, such as allergies or medical conditions
3. Clear any traffic from the facility entrance or access road before the ambulance arrives.
4. Wait by the entrance to direct the ambulance.
5. Call the participant's emergency contact person.
6. Assist the charge person as needed.

REMINDERS

- You can save and re-use this form to prepare an EAP for your usual practice site and for any site where you host competitions.
- When preparing for away competitions, ask the host team or host facility for a copy of their EAP in advance.
- Attach the medical profile and parent or caregiver contact information for each participant to this emergency action plan.



Appendix B: COVID-19 Symptoms Checklist

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COVID-19 SYMPTOMS CHECKLIST FOR STAFF/COACHES/PARTICIPANTS

Do you have any of the below symptoms?			
1	a. Fever (greater than 38.0 C)?	YES	NO
	b. Cough?	YES	NO
	c. Shortness of breath / difficulty breathing?	YES	NO
	d. Sore throat?	YES	NO
	e. Runny nose?	YES	NO
2	Has anyone in your household experienced any of the above symptoms in the last 14 days?	YES	NO
3	Have you, or anyone in your household travelled outside of Canada in the last 14 days?	YES	NO
4	Have you, or anyone in your household been in contact in the last 14 days with someone who is being investigated as a suspected case of COVID-19?	YES	NO
5	Are you currently being investigated as a suspected case of COVID-19?	YES	NO
6	Have you tested positive for COVID-19 within the last 10 days?	YES	NO

If an individual answers "YES" to any of the above questions, they are not permitted to participate in any in-person soccer activity for a minimum of 14 days.



Appendix D: Ontario Soccer Waiver for Participants of the Age of Majority and Over

**ONTARIO SOCCER
RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT
(To be signed by Participants of the age of majority and over)**

WARNING! By signing this document, you will waive certain legal rights. Please read carefully.

1. This is a binding legal agreement. Clarify any questions or concerns before signing. As a Participant in activities, programs, classes, services provided and events sponsored or organized by Ontario Soccer and its affiliated districts, leagues, clubs and teams and the sport of soccer, including but not limited to: games, tournaments, practices, training, personal training, dry land training, use of strength training and fitness conditioning equipment, machines and facilities, nutritional and dietary programs, orientational or instructional sessions or lessons, aerobic and anaerobic conditioning programs (collectively the "Activities"), the undersigned acknowledges and agrees to the following terms outlined in this agreement:

Disclaimer

Ontario Soccer, its affiliated districts, leagues, clubs and teams, and their respective directors, officers, committee members, members, employees, coaches, volunteers, officials, participants, agents, independent contractors, subcontractors, sponsors, owners/operators of the facility in which the Activities take place, , successors and assigns, and representatives (the "Organization") are not responsible for any injury, property damage, expense, loss of income, damage or loss of any kind suffered by a Participant during, or as a result of, the Activities, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

I have read and agree to be bound by paragraphs 1 and 2.

Description of Risks

I understand and acknowledge that

The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life;

The Organization may offer or promote online programming (such as webinars, remote conferences, workshops, and online training) which have different foreseeable and unforeseeable risks than in-person programming;

The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of my fitness or abilities, may misjudge weather or environmental conditions, may give incomplete warnings or instructions, and the equipment being used might malfunction; and

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, attending the Activities could increase your risk of contracting COVID-19.



2. I am participating voluntarily in the Activities. In consideration of my participation, I hereby acknowledge that I am aware of the risks, dangers and hazards associated with or related to the Activities which could result in damage, loss, serious physical injury, or death. The risks, dangers and hazards include, but are not limited to, injuries from:
- Health: executing strenuous and demanding physical techniques, physical exertion, overexertion, stretching, dehydration, fatigue, cardiovascular workouts, rapid movements and stops, lack of fitness or conditioning, traumatic injury, bacterial infections, rashes, and the transmission of communicable diseases, including viruses of all kinds, COVID-19, bacteria, parasites or other organisms or any mutation thereof.
 - Premises: defective, dangerous or unsafe condition of the facilities; falls; collisions with objects, walls, equipment or persons; dangerous, unsafe, or irregular conditions on grass, turf or other surfaces, extreme weather conditions; travel to and from premises
 - Use of Equipment: mechanical failure of the equipment; negligent design or manufacture of the equipment; the provision of or the failure by the Organization to provide any warnings, directions, instructions or guidance as to the use of the equipment; failure to use or operate the equipment within my own ability.
 - Contact: contact with soccer balls, other equipment, poles, stands, soccer equipment, nets, fences, or other persons, whether intentional or unintentional, is a common part of soccer programs, and may lead to serious bodily injury, including but not limited to concussions and/or other brain injury, or serious spinal injury.
 - Advice: negligent advice regarding soccer programs
 - Ability: Failing to act safely or within my own ability or within designated areas
 - Sport: the game of soccer and its inherent risks
 - Conduct: My conduct and conduct of other persons including any physical altercation between soccer participants
 - Travel: Travel to and from the Activities
 - Negligence: My negligence and negligence of other persons, including NEGLIGENCE ON the PART OF THE ORGANIZATION, may increase the risk of damage, loss, personal injury or death. I understand that the Organization may fail to safeguard or protect me from the risks, dangers and hazards of soccer programs, some of which are referred to above.

Terms

3. In consideration of the Organization allowing me to participate in the Activities, I agree:
- That my mental and physical condition is appropriate to participate in the Activities and I assume all risks related to my mental or physical condition;
 - That when I practice or train in my own space, I am responsible for my surroundings and the location and equipment that I select;
 - To comply with the rules and regulations for participation in the Activities;
 - To comply with the rules of the facility or equipment;
 - That if I observe an unusual significant hazard or risk, I will remove myself from participation and bring such to the attention of a The Organization representative immediately;
 - The risks associated with the Activities are increased when I am impaired, and I agree not to participate if impaired in any way;
 - That it is my sole responsibility to assess whether any Activities are too difficult for me. By commencing an Activity, I acknowledge and accept the suitability and conditions of the Activity;
 - That I am responsible for my choice of protective equipment and the secure fitting of that equipment; and
 - That COVID-19 is contagious in nature and I may be exposed to or infected by COVID-19 and such exposure may result in personal injury, illness, permanent disability or death and voluntarily agree to assume all the foregoing risks.

I have read and agree to be bound by paragraphs 3 -5.

Release of Liability and Disclaimer

4. In consideration of the Organization allowing me to participate in the Activities, use its equipment and facilities, I agree:
- That the sole responsibility for my safety remains with me;



- b) To ASSUME all risks arising out of, associated with or related to my participation;
- c) That I am not relying on any oral or written statements made by the Organization or its agents, whether in a brochure or advertisement or in individual conversations, to agree to be involved in the Activities;
- d) To WAIVE any and all claims that I may have now or in the future against the Organization;
- e) To freely ACCEPT AND FULLY ASSUME all such risks and possibility of personal injury, death, property damage, expense and related loss, including loss of income, resulting from my participation in the activities, events and programs of the Organization;
- f) To FOREVER RELEASE AND INDEMNIFY the Organization from any and all liability for any and all claims, demands, actions, damages (including direct, indirect, special and/or consequential), losses, actions, judgments, and costs (including legal fees) (collectively, the "Claims") which I have or may have in the future, that might arise out of, result from, or relate to my participation in the Activities, even though such Claims may have been caused by any manner whatsoever, including but not limited to, the negligence, gross negligence, negligent rescue, omissions, carelessness, breach of warranty, breach of contract and/or breach of any statutory duty of care of the Organization;
- g) TO HOLD HARMLESS AND INDEMNIFY the Organization from any and all liability for any damage, loss, expense or injury to any third party resulting from my participation in the Activities.
- h) To FOREVER RELEASE AND INDEMNIFY the Organization relating to becoming exposed to or infected by COVID-19 which may result from the actions, omission or negligence of myself and others, including but not limited to the Organization;
- i) That the Organization is not responsible or liable for any damage to my vehicle, property, or equipment that may occur as a result of the Activities;
- j) That negligence includes failure on the part of the Organization to take reasonable steps to safeguard or protect me from the risks, dangers and hazards associated with the Activities; and
- k) This release, waiver and indemnity is intended to be as broad and inclusive as is permitted by law of the Province of Ontario and if any portion thereof is held invalid, the balance shall, notwithstanding, continue in full legal force and effect.

Jurisdiction

5. I agree that in the event that I file a lawsuit against the Organization, I agree to do so solely in the province of Ontario, Canada and further agree that the substantive law of Ontario will apply without regard to conflict of law rules. I further agree that if any portion of this agreement is found to be void or unenforceable, the remaining document shall remain in full force and effect.

I have read and agree to be bound by paragraph 6

Acknowledgement

6. I acknowledge that I have read and understand this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, spouse, children, parents, guardians, next of kin, executors, administrators and legal or personal representatives. I further acknowledge by signing this agreement I have waived my right to maintain a lawsuit against the Organization on the basis of any claims from which I have released herein.

Name of Participant

Date

Signature of Participant

Witness



Appendix E: Ontario Soccer Waiver to be executed for Participants under the Age of Majority

ONTARIO SOCCER INFORMED CONSENT AND ASSUMPTION OF RISK AGREEMENT (To be executed by Participants under the age of majority)

WARNING! By signing this document, you will assume certain risk and responsibilities. Please read carefully!

Participant's Name: _____

1. This is a binding legal agreement. Clarify any questions or concerns before signing. As a Participant in activities, programs, classes, services provided and events sponsored or organized by Ontario Soccer and its affiliated districts, leagues, clubs and teams (collectively the "Organization") and the sport of soccer, including but not limited to: games, tournaments, practices, training, personal training, dry land training, use of strength training and fitness conditioning equipment, machines and facilities, nutritional and dietary programs, orientational or instructional sessions or lessons, aerobic and anaerobic conditioning programs (collectively the "Activities"), the undersigned being the Participant and Participant's Parent/Guardian (collectively the "Parties") acknowledges and agrees to the following terms outlined in this agreement:
2. I am the Parent/Guardian of the Participant and have full legal responsibility for the decisions of the Participant.

Description of Risks

3. The Parties understand and acknowledge that:
 - a) The Activities have foreseeable and unforeseeable inherent risks, hazards and dangers that no amount of care, caution or expertise can eliminate, including without limitation, the potential for serious bodily injury, permanent disability, paralysis and loss of life;
 - b) The Organization may offer or promote online programming (such as webinars, remote conferences, workshops, and online training) which have different foreseeable and unforeseeable risks than in-person programming;
 - c) The Organization has a difficult task to ensure safety and it is not infallible. The Organization may be unaware of the Participant's fitness or abilities, may give incomplete warnings or instructions, may misjudge weather or environmental conditions, and the equipment being used might malfunction; and
 - d) The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19; however, the Organization cannot guarantee that the Participant will not become infected with COVID-19. Further, attending the Activities could increase your risk of contracting COVID-19.
4. The Participant is participating voluntarily in the Activities. In consideration of that participation, the Parties hereby acknowledge that they are aware of the risks, dangers and hazards and may be exposed to such risks, dangers and hazards. The risks, dangers and hazards include, but are not limited to:
 - a) Contracting COVID-19 or any other contagious disease;
 - b) Executing strenuous and demanding physical techniques;
 - c) Vigorous physical exertion, strenuous cardiovascular workouts and rapid movements;
 - d) Exerting and stretching various muscle groups;
 - e) The failure to properly use any piece of equipment or from the mechanical failure of any piece of equipment;
 - f) Spinal cord injuries which may render the Participant permanently paralyzed;
 - g) Serious injury to virtually all bones, joints, ligaments, muscles, tendons and other aspects of the Participant's body or to the Participant's general health and well-being;
 - h) Abrasions, sprains, strains, fractures, or dislocations;



- i) Concussion or other head injuries, including but not limited to, closed head injury or blunt head trauma;
- j) Physical contact with other participants, spectators, equipment, and hazards;
- k) Not wearing appropriate safety or protective equipment, such as a helmet;
- l) Failure to act safely or within the Participant's ability or within designated areas;
- m) Grass, turf, and other surfaces including bacterial infections and rashes;
- n) Collisions with fences, poles, stands, and soccer equipment;
- o) Negligence of other persons, including other spectators, participants, or employees;
- p) Weather conditions; and
- q) Travel to and from competitive events and associated non-competitive events which are an integral part of the Activities

We have read and agree to be bound by paragraphs 1 - 4

Terms

- 5. In consideration of the Organization allowing the Participant to participate in the Activities, the Parties agree:
 - a) That the Participant's mental and physical condition is appropriate to participate in the Activities;
 - b) That when the Participant practices or train in his or her own space, the Parties are responsible for the Participant's surroundings and the location and equipment that is selected for the Participant;
 - c) To comply with the rules and regulations for participation in the Activities;
 - d) To comply with the rules of the facility or equipment;
 - e) That if the Participant observes an unusual significant hazard or risk, the Participant will remove themselves from participation and bring such to the attention of an Organization representative immediately;
 - f) The risks associated with the Activities are increased when the Participant is impaired and the Participant agrees not to participate if impaired in any way;
 - g) That it is their sole responsibility to assess whether any Activities are too difficult for the Participant. By the Participant commencing an Activity, they acknowledge and accept the suitability and conditions of the Activity;
 - h) That they are responsible for the choice of the Participant's protective equipment and the secure fitting of the protective equipment;
 - i) That COVID-19 is contagious in nature and the Participant may be exposed to or infected by COVID-19 and such exposure may result in personal injury, illness, permanent disability or death and voluntarily agree to assume all of the foregoing risks.
- 6. In consideration of the Organization allowing the Participant to participate, the Parties agree:
 - a) That the Parties are not relying on any oral or written statements made by the Organization or their agents, whether in brochure or advertisement or in individual conversations, to agree to be involved in the Activities; and
 - b) That the Organization is not responsible or liable for any damage to the Participant's vehicle, property, or equipment that may occur as a result of the Activities.

We have read and agree to be bound by paragraphs 5-6

General

- 7. The Parties agree that in the event that they file a lawsuit against the Organization, they agree to do so solely in the province of Ontario, Canada and they further agree that the substantive law of Ontario will apply without regard to conflict of law rules.
- 8. The Parties expressly agree that this Agreement is intended to be as broad and inclusive as is permitted by law and that if any of its provisions are held to be invalid, the balance shall, notwithstanding, continue in full legal force and effect.



Acknowledgement

9. The Parties acknowledge that they have read this agreement and understand it, that they have executed this agreement voluntarily, and that this Agreement is to be binding upon themselves, their heirs, their spouses, parents, guardians, next of kin, executors, administrators and legal or personal representatives.

Name of Participant (print)

Signature of Participant

Date of Birth

Name of Parent or Guardian (print)

Signature of Parent or Guardian

Date



Appendix F: Ontario Soccer – Declaration of Compliance – COVID-19

DECLARATION OF COMPLIANCE – COVID-19

Individual Name (print): _____

Individual's Parent/Guardian
(if the individual is younger than 18 years old) _____

Email: _____

Telephone: _____

WARNING!

ALL INDIVIDUALS ENTERING THE FACILITY MUST COMPLY WITH THIS DECLARATION

Ontario Soccer and its affiliated districts, leagues, clubs and teams (collectively the “Organization”) require the disclosure of exposure or illness in order to safeguard the health and safety of all participants and limit the further outbreak of COVID-19. This Declaration of Compliance will be kept safely, and personal information will not be disclosed unless as required by law or with your consent.

An individual (or the individual's parent/guardian, if the individual is younger than 18 years old) who is unable to agree to the terms outlined in this document is not permitted to enter the Organization's facilities or participate in the Organization's activities, programs, or services.

I, the undersigned being the individual named above and the individual's parent/guardian (if the individual is younger than 18 years old), hereby acknowledge and agree to the terms outlined in this document:

- 1) The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization and COVID-19 is extremely contagious. The Organization has put in place preventative measures to reduce the spread of COVID-19 and requires all individuals (or their parent/guardian, when applicable) to adhere to the compliance standards described in this document.
- 2) The individual has not been diagnosed with COVID-19. **OR** If the individual was diagnosed with COVID-19, the individual was cleared as noncontagious by provincial or local public health authorities.
- 3) The individual has not been exposed to a person with a confirmed or suspected case of COVID-19. **OR** If the individual was exposed to a person with a confirmed or suspected case of COVID-19, the date of exposure was more than 14 days prior to the date this Declaration of Compliance was signed.



- 4) The individual is attending or participating voluntarily and understands the risks associated with COVID-19. The individual (or the individual's parent/guardian, on behalf of the individual (when applicable)) agrees to assume those risks, including but not limited to exposure and being infected.
- 5) The individual has not, nor has anyone in the individual's household, experienced any signs or symptoms of COVID-19 in the last 14 days (including fever, new or worsening cough, fatigue, chills and body aches, respiratory illness, difficulty breathing, nausea, vomiting or diarrhea, pink eye, or loss of taste or smell).
- 6) If the individual experiences, or if anyone in the individual's household experiences, any signs or symptoms of COVID-19 after submitting this Declaration of Compliance, the individual will immediately isolate, notify the Organization, and not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since those symptoms were last experienced.
- 7) The individual has not, nor has any member of the individual's household, travelled to or had a lay-over in any country outside Canada in the past 14 days. If the individual travels, or if anyone in the individual's household travels, after submitting this Declaration of Compliance, the individual will not attend any of the Organization's facilities, activities, programs or services until at least 14 days have passed since the date of return.
- 8) The individual is following recommended guidelines, including but not limited to practicing physical distancing, trying to maintain separation of six feet from others, adhering to recognized hygiene best practices, and otherwise limiting exposure to COVID-19.
- 9) The individual will follow the safety, physical distancing and hygiene protocols of the Organization.
- 10) This document will remain in effect until the Organization, per the direction of the provincial government and provincial and local public health authorities, determines that the acknowledgements in this Declaration of Compliance are no longer required.
- 11) The Organization may remove the individual from the facility or from participation in the activities, programs or services of the Organization at any time and for any reason if the Organization believes, in its sole discretion, that the individual is no longer in compliance with any of the standards described in this document.

Signature: _____
Individual (if 13 and over)

Date: _____

Signature: _____
Parent/Guardian
(if the individual is younger than 18 years old)

Date: _____



SUMMARY

In summary, the Return to Play protocols included in this document represent multiple phases, and includes recommendations and guidelines directed by Ontario Soccer for affiliated Clubs and Ontario Registered Academies participating in sanctioned soccer activities. When we have received clearance for the return to play from Canada Soccer, the Province of Ontario, *and* local health authorities, the new reality for all of us will be that soccer will look different for the near future. We will not be able to kick the game off as we have done in the past.

Our collective focus, during the Return to Play three-phase plan, must be centered on the health and safety of our participants.

The multiple phase approach, with varying degrees of time in between phases, will ensure the highest level of safety for everyone involved in the game.

