



MARSHALL AREA YOUTH WRESTLING PROGRAM



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MAWA YOUTH



WHEN SHOULD MY CHILD WRESTLE?

Youth wrestling has many different opportunities for your child to wrestle at different tournaments. They can wrestle individually or can be a part of the K-3 or K-6 team.

Individual Wrestling: Wrestlers attend individual tournaments on their own. Parents are their coaches at the event, unless our coaches are available at the event.

K-3 Team Tournaments: If your child is interested, let Coach Nath know. Kids in PreK-3 can wrestle on this team. It is more relaxed and allows kids to gain confidence and practice the sport of wrestling while building relationships with their teammates.

K-6 Team Tournaments: This team is based on performance at practice and the need to fill the wrestling weight classes. Sometimes coaches will conduct wrestle offs if there are multiple kids at the same weight class. If your wrestler is interested, please let Coach Nath know.

WHAT DO I NEED TO KNOW?

EQUIPMENT NEEDED:

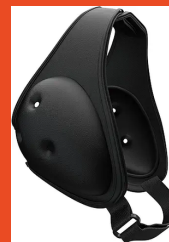
- **Singlet-** This is PROVIDED for you! All you need to do is write a check for \$75 (Checks payable to MAWA and will NOT be cashed) At the end of the season, if you return your singlet in good condition, we will give you your check back! If you do not return the singlet or it is damaged, we will cash the \$75 check.



- **Wrestling Shoes-** Available on Amazon, Borches, or any sports equipment store. Shoes can be used or new. There are many brands, colors, and styles.



- **Wrestling Headgear-** There are many different options and styles- find what your child likes best! Headgear typically comes in youth sizes and are adjustable. Borches and Amazon are great places to start!



WHAT IS THE GUILLOTINE?

The Guillotine is a Minnesota Wrestling website. It has information on all youth, high school and college wrestling events. The website has a ton of information on wrestling as a sport, and is a great place to find tournaments if you are looking for extra competition. The Guillotine also posts results from tournaments. This is a great resource for you to check out!

www.theguillotine.com





IMPORTANT DATES

HOW CAN I GET INVOLVED?

The Youth Wrestling Program is always looking for families to get involved! Here are some things to look at if you are interested! More information to come as the season progresses!

- Food for team tournaments
- Goodie bags for wrestlers
- Door signs for tournaments
- Pool outing / wrestler get together Activities
- Wrestler of the week awards
- Pins for pin awards
- Parades
-and more!

We would love to hear ideas from you! Our goal is to ensure that wrestlers and their families feel **welcomed**, **involved**, and have **fun** while growing as a **team**! Please share your ideas and thoughts throughout the season!

Contact:

Head Coach: Blake Nath
blakenath67@gmail.com

Youth Director: Sara Nath
schulz11211@gmail.com

Parent Info Night: October 27th @ 5:00 pm-
High School Cafeteria

First night of practice: December 1st
6:00-6:45 for K-2 *Must be 5 or older
7:00-8:15 for 3-6th grade
(Practices are Mondays and Thursdays)

Picture Night: December 15th 6:00pm-
Wrestling Room

Marshall Individual Youth Tournament:
December 14th

The Brawl K-6 Team Tournament: January 25th

Marshall K-3 Team Tournament: February 7th

Marshall K-6 Team Tournament: February 8th

Last day of regular season practice:
February 19th

NWYA State Tournament: March 26th - 29th

*As a reminder, there are plenty of opportunities for wrestlers to compete. Information will be sent on those opportunities as soon as possible.

*There is NO expectation that you child competes in tournaments. It is a great opportunity for them to wrestle other kids and get a feel for what competition looks like. However, our main goal is that wrestlers are having fun and feel a part of the team. If competing is too much for them at this time that is okay! Get them to practice, get them involved with their teammates, and have fun!