



MOUNT PLEASANT

A T H L E T I C S

2021 FALL SPORTS

PARENT MEETING



MOUNT PLEASANT HS ADMINISTRATION

Principal

Russ Snyder

Athletic Director

Brad Hinson

Email: Bradley.hinson2@Cabarrus.k12.nc.us

Office Phone #: 704-260-6690

MPHS FALL HEAD COACHES

- Head Football: Mike Johns
- Head Men's Soccer: John Lewis
- Head Volleyball: Blair Sanders
 - JV: Danny Milam
- Head Cross-Country: TBD
- Head Women's Golf: Gordon Preddy
- Head Women's Tennis: Leslie Gray
- Cheerleading: Becky Daquila
 - JV: Courtney Cubit/Paige Blackwelder

PURPOSE OF MEETING

1. - To provide information about the MPHS Athletic Department, MPHS Athletic Training Information, tryout information, & the MPHS Athletic Booster Club for the 2021 Fall Sports Athletic season
2. - Communicate expectations for our student athletes- both the school and team level
3. - Provide information that may help avoid conflicts, problems, or questions that may arise during the upcoming seasons

1A/2A YADKIN VALLEY CONFERENCE (2021-2025)

Member Schools

ALBEMARLE (1A)

GRAYSTONE DAY (1A)

JM ROBINSON (2A)

MOUNT PLEASANT (2A)

NORTH STANLY (2A)

SOUTH STANLY (1A)

UNION ACADEMY (1A)

MPHS ATHLETIC DEPARTMENT

- Being a Mount Pleasant athlete is a privilege and not a right with the following expectations:
 - Held to high academic standards
 - Behavior on and off the playing surface should be exemplary
 - Failure to do so will result in discipline from the athletic department.
- We encourage multi-sport participation among our student athletes and will emphasize working together to better the entire athletic program.

PARENT/COACH COMMUNICATION

Athlete

- Athlete should approach the coach 1st regarding an issue

Parent

- Start with the coach by setting up an appointment
 - Please do not confront a coach prior to, during, or after a practice or contest
- If not satisfied, set up an appointment with the Director of Athletics
 - WILL NOT DISCUSS PLAYING TIME!!
 - Misinformation and rumors one of the biggest challenges we face
- PLEASE CONTACT THE ATHLETIC DEPT WITH QUESTIONS OR CONCERNS

MPHS SPORTS MEDICINE

Rachael Thompson

School Based Athletic Trainer

rachael.thompson2@Cabarrus.k12.nc.us

704-260-6690



Brett Wood

Atrium Health Athletic Trainer

brett.wood@atriumhealth.org



Atrium Health

RESPONSIBILITIES

- Prevention of injuries/ re-injury
- Recognition, evaluation, and assessment of injuries and conditions resulting
- Immediate care of injuries
- Rehabilitation and reconditioning of injuries
- Organization and administration
- Professional development and responsibility



COVERAGE

Athletic Training Room Coverage

The Athletic Trainer will be available for evaluations, treatments, rehabilitation, and questions from student athletes, parents, and physicians each school day afternoon.

Athletic Contest Coverage

All contests are covered by the home ATC.

All practices are covered by physical presence or phone.

INJURIES

Notify the coach, school nurse or athletic trainer as soon as possible if your child is injured.

Physician – Please bring in a note that informs us of diagnosis, what rehab or treatment the physician would like, and the playing status.
Without a note, there will be no participation.

Our philosophy is to return injured athletes to participation in the quickest and **SAFEST** manner possible.

INJURIES

■ When an athlete is hurting...

- The athlete will receive treatment in the ATR
- For a minor injury, a written note may be sent home or a conversation with student
- If a serious injury has occurred, the ATC will call home.
- If an injury happens at a contest, the ATC will speak to the parent regarding return to play

RETURN TO PLAY

A Parent, Coach, Athletic Director, Athlete, ATC, or Team Physician can exclude an athlete from participation.

All of these individuals must agree that the athlete can and should return to play

The role of the Athletic Trainer is to make sure your athlete is safe to return to play.

UNIVERSAL HYGIENE

Clean clothes and equipment daily

Showering after all practices/competitions

**Proper use of water bottles and cleaning
them daily**

**Encouraging these practices are essential to
minimizing the risk of infectious disease
including MRSA and H1N1**

CONCUSSIONS

A concussion is an injury to the brain

Concussions can alter a student's ability to learn

Signs & Symptoms include:

- Headache, confusion, dizziness, change in personality, difficulty sleeping, difficulty concentrating, loss of appetite, loss of memory, and others.**

NC law requires the completion of specific documentation of concussions. Report all concussion symptoms to the coach, school nurse, or athletic trainers.

EMERGENCY DEVICES

Students who require a special device like an inhaler, epi-pen, glucagon kit or any other health related device, should have it with them at EVERY team activity.

The required paperwork should be on file with the school.

CONCLUSION

If in doubt, Get Checked out!

See the Athletic Trainer!

Thank you and Good Luck



TICKET 2 PLAY CARDS

- -Once online registration is completed plus updated physical, Coach Thompson or Coach Hinson will confirm and your athlete will receive a TICKET 2 PLAY card.

- -T2P Card Pick-up Times:

- Tonight during Team Breakout Session- Coaches will distribute during meeting if everything has been turned in before today.
- WEDNESDAY(JULY 28) & THURSDAY- (July 29)- 9am-11am

****STUDENT-ATHLETE MUST RECEIVE CARD FROM COACH THOMPSON OR COACH HINSON BEFORE PARTICIPATING IN TRYOUTS!!****

NO TICKET 2 PLAY CARD=NO TRY-OUT

MPHS ONLINE REGISTRATION

- Cabarrus County Participation Form
- NCHSAA Eligibility & Authorization Statement
- Sports Physical
 - Current up-to-date- 395 days
 - Must use new NCHSAA approved physical form
- Concussion Statement Form (Student-Athlete & Parent)
- Insurance Information

MPHS ATHLETIC BOOSTER CLUB

President—Shawne Blackwell

Vice President— Jim Elliott

Fundraising- Mandie Condie

Secretary— Kelly Meade

Treasurer— Jamie Hammill

Membership— Bridget Fowler

Concessions- Rhonda Greenwood & Michelle Hoyecki

MPHS ATHLETIC BOOSTER CLUB

Membership

- **Minimum yearly dues are:**
 - Basic Level- \$35.00 – Voting Privileges & T-shirt
 - Senior Parent Level- \$75.00 - rewards from above plus one senior banner. Each additional banner will be \$50.
- **Athletic Booster Club helps fund the needs of ALL athletic teams.**
- **By joining the booster club you are supporting your athlete, school, community, and ensuring the success of the athletic programs at Mount Pleasant High.**

MPHS ATHLETIC ELIGIBILITY



■ Athletic Eligibility Requirements

- Properly enrolled for current semester and live within school administrative unit
- 8 consecutive semesters rule / No more than 4 seasons per sport rule
- Under 19 years of age on or before August 31st of current school year
- Minimum of 50% attendance during school day to participate that day
- Passed minimum course load of 3 previous semester and meet LEA promotion standards
- All Rising 9th Graders are eligible for 1st semester.

CABARRUS COUNTY SCHOOLS TRANSFER POLICY

Establishing a CCS School:

-The first day you tryout for a team, your CCS School has been established for the 2021-2022 school year.

-Once this has been established, you will not be able to participate in athletics at another CCS School for the remainder of the school year regardless of a bona fide move.

ADMISSION AND SEASON PASSES

YADKIN VALLEY CONFERENCE PRICES:

Varsity Football Games= \$7.00

All other paid sporting events(Volleyball, Soccer, JV Football) \$6.00

Kids 5 & Under= FREE

**In sport athletes DO NOT get in events for FREE!!

Season Passes:

Good for all home regular season events- no scrimmages, no endowment games, no RRC Tournament or NCHSAA playoff events

**ALL TICKET SALES(HOME GAMES) WILL BE DIGITAL THROUGH
TICKET SPICKET!!!

MPHS ATHLETIC WEBSITE

Website:

www.cabarruscountyathletics/mtpleasanth

- -Latest News & Announcements
- -Up-to-date Scores
- -Schedule Updates- MaxPreps
- -Important Links (MaxPreps, NCAA, Sponsors)
- -Important Documents & Forms Needed!!



Twitter: @MPTigerPride

Instagram: @mphs_athletics

GENERAL INFORMATION

- **Social Media (Instagram, Twitter, etc...)**
 - A great tool when used correctly
 - Please be aware of the possible dangers and consequences as a student and athlete
- **Sportsmanship / Behavior**
 - A class level of behavior and sportsmanship should be displayed towards officials, workers, athletes, fans, and opponents at all times
 - Expected of both our student athletes and their support group
- **Guests at away contests**
 - Your reputation proceeds you! Perception is reality!

MEET THE TIGERS NIGHT

GATES OPEN @ 5:15pm | FOOTBALL SCRIMMAGE @ 6pm | \$5 ADMISSION

Wednesday August 11th

ALL FALL SPORTS TEAMS INTRODUCED!

Join us for a night of FUN, FOOD, & ENTERTAINMENT!!



BEFORE YOU LEAVE TONIGHT....

- -Make sure you sign up to become a Booster Club Member!
- -Buy a SEASON PASS- (TICKET SPICKET) for yourself, family, etc.
- -Buy yourself or everyone in your family some Tiger Spirit Wear- (Men's, Women's, Kids, Neighbor, Boss at work, etc.)
- Attendance justification for tonight- QR CODE (last slide)

BREAKOUT SESSIONS

Fall Sports Coaches Breakout Sessions

Football

Auditorium

Men's Soccer

Cafeteria

Volleyball

Gym (home side)

Women's Tennis

Classroom C119

Women's Golf

Office Conf. Room

Cheerleading

Gym (visitor side)

Cross-Country

Classroom C114

ATTENDANCE FROM TONIGHT'S EVENT

- -Fill out QR CODE for attendance confirmation

