

TRFAHA Covid preparedness plan

Thief River Falls Amateur hockey association is committed to provide a safe and healthy atmosphere for all of our volunteers, coaches, athletes, staff and guests. To ensure that we have developed the following COVID-19 preparedness plan in response to the COVID-19 pandemic.

Screening and policies for any persons entering The Old

Arena

All persons entering are required to self monitor for signs and symptoms of COVID-19. The following policies and procedures are being implement for the safety and health of our community.

Prior to coming to the arena a self-check health screening must be completed.

<http://www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf>

If any signs or symptoms of illness are present those persons may not enter the arena or will be asked to leave if they develop while in the arena

Adults entering the arena are required to sign the log book at the front entrance.

Masks must be worn at all times while in the arena. Players may remove their mask when entering the ice for practice and games.

Persons should follow social distancing practices within reason to the best of their ability

Facility specific rules

Players will be allowed 10 minutes before and after practice and games to put skates on.

No locker rooms will be available for use.

Concession stand will be available during games.

No one under 18 unless your skating will be allowed into the arena for practices.

Bathrooms are available for emergencies only.

Water fountains are not available, players are allowed a water bottle for personal use only.

8u/Mites and younger will be allowed 1 adult help with equipment.

All Safe Sport rules apply

Games

Due to limited availability in the lobby players are encouraged to come with as much of their equipment on as able.

Away team will enter through the zamboni doors and get dressed in the lobby by the concession stand.

Home team will enter from the front doors and get dressed by the water fountain.

Spectators will not be allowed in until game time. Each player is allowed two (2) spectators per skater. Spectators must exit the building as soon as possible following the game.

Resurfacing will be done only as needed.

Masks and social distancing mandatory including coaches on the bench. The visiting team will exit back out the zamboni doors.

Practice

Players should come as dressed as possible.

Doors will open 10 minutes before practice start time and players will have 10 minutes after to exit.

Players must wear a mask while getting ready and can take it down once on the ice.

Coaches must wear masks at all times with the exception of demonstrating specific skills or to adequately communicated if needed.

Positive cases

If a case of COVID-19 is reported to our organization, MDH must be notified by email at health.sports.covid19@state.mn.us. MDH will be available to answer any questions you have and can provide guidance. MDH also has template notification letters for close contacts of other individuals who may have questions about their risk of COVID-19. MDH/LPH will interview the case, determine the dates when the case was infectious, identify anyone that may have been exposed, and collect contact information for those individuals.

- People identified as exposed (close contacts) are those who spent at least 15 minutes within 6 feet of the case while the case was infectious (the infectious period starts 2 days before symptom onset, or 2 days before the case was tested, if they had no symptoms).
- Exposed persons (close

contacts) will need to quarantine for 14 days from the last contact with the COVID-19 case. ▪ If necessary, MDH may contact our organization for information on close contacts.

Additional Resources

The knowledge and circumstances around COVID-19 are changing constantly and, as such, Minnesota Hockey encourages all programs engaging in activities to stay up-to-date on future developments. Below are some additional resources for programs to reference.

Minnesota's Stay Safe Plan –

<https://mn.gov/covid19/for-minnesotans/stay-safe-mn/stay-safe-plan.jsp>

CDC Considerations for Youth Sports –

<https://www.health.state.mn.us/diseases/coronavirus/sportsguide.pdf>

USA Hockey Coronavirus

<https://www.usahockey.com/playersafety>

Minnesota Ice Arena Managers Association COVID-19 Resources –

<https://miama.org/members/covid-19-reference-page/>