



Drills: Partner Bunt

Goal:

To teach basic bunting technique

Description:

Players pair up and position themselves 15 feet apart. Player A kneels on the back knee with the front leg bent and front foot facing player B while holding a bat in the correct bunt grip. Player B tosses Wiffle balls or baseballs into player A's strike zone. Player A practices bunting balls left and right using the bottom hand to steer the bat. Players repeat the action 10 times with emphasis on cushioning the ball on contact and bunting only strikes.

