



The Torch

SYC Weekly Digest

August 30, 2022

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Travel Soccer Kickoff



Friday, August 26th was the return of our Kickoff Celebration event to get the travel soccer season started. There were over 500 participants in the celebration and a great time was had by all. The event kicked off with great music, food, and the much-talked-about rematch of the coaches game - Team Orange vs Team Blue. Team Blue won 4-2. The coaches on the losing team were sent over to the Dunk Tank! The families had a great time dunking the coaches! The Dunk Tank was the biggest hit of the evening! There were numerous skills stations to test your skills and win prizes at too.

DC United special guests David Ochoa, Tony Alfaro, and Pablo Amaya all came to sign autographs and interact with the players and their families. Morgan's Message had a table set up handing out information and selling t-shirts to raise awareness for mental health.

The evening ended with a Raffle for some great prizes. We gave away two \$250 gift cards to soccer.com, and 3 Adidas World Cup soccer balls (Value \$165 each). Overall it was a wonderful event, for our SYC travel soccer families to spend some time together and enjoy the festivities.

OPEN REGISTRATIONS

ANNUAL SPORTS

Soccer Developmental Academy (DA)
Track House of Speed Tryouts

FALL SPORTS

Fall Flag Football
Fall Kickball
Fall Boys Lacrosse Clinic
Fall Powerlifting
Fall Rugby (Girls, Boys, Coed) - Just Added!
Fall Rec Soccer - Some Waitlist/Closed
Fall Rec Soccer Monday Night Training (MNT)
Fall Rec Soccer Goalkeeper Training
Fall U5 Cubs Soccer
Fall Pee Wee Soccer
Fall UP Soccer
Fall Softball - Waitlist

FEATURED SPORT



Fall Rugby registration is OPEN!

This fall, we'll be seeing some Navy Men, Old Glory, NOVA Women, NOVA Men, and West End Alums who have all agreed to "guest coach"!

Join us for a lot of rugby fun!

[Read More and Register Here!](#)

NEWS AND SPECIAL EVENTS



House of Speed Tryouts are scheduled for September 18th! Tryouts are FREE!

[Read More and Register Here!](#)

WASHINGTON SPIRIT
@ AUDI FIELD
SEPTEMBER 17TH 2022

WELCOMES SPRINGFIELD/SOUTH COUNTY YOUTH SOCCER

\$30 TICKETS
+ PRE-GAME PHOTO

FEVO.ME/
SPRINGFIELDSOUTH

**WASHINGTON SPIRIT
VS.
NJ/NY GOTHAM FC**

7:00PM KICK OFF
GATES OPEN 5:30 PM

The graphic includes the Washington Spirit logo, the SYC logo, a QR code, and a photo of a player in a blue jersey celebrating.

Here's a great opportunity for your rec or travel soccer team! Cheer on the Washington Spirit as they take on NJ/NY Gotham at Audi Field! Springfield/South County Youth Soccer players and families have the opportunity to purchase discounted tickets.

Buy tickets in bulk for your soccer team, and the Spirit will waive the processing fees (about \$5 per ticket in savings). SYC players will get a pre-game photo op on the field!

- For team purchases, contact Matt Berner at mberner@washspirit.com or call 240.658.1237.
- For general ticket purchases, use this [Ticket Link](#).

SYC TACKLE FOOTBALL PEP RALLY!



Join us for the SYC Tackle Football Pep Rally on Friday, September 9th, 6:30PM - 8:30PM at [Lewis High School](#). Meet the teams and enjoy music, food, and lots of fun activities including a "Dunk your Coach" tank! Food is free for tackle football players, cheerleaders, and coaches. Food is available to fans with food tickets that can be purchased via the QR code or the link below.



HAPPY
**LABOR
DAY**

**THE SYC OFFICE IS CLOSED ON
MONDAY, SEPTEMBER 5TH**

FAMILY AND COMMUNITY



Children who play team sports tend to have better mental health outcomes than kids who don't: study

Children and adolescents who participated in team sports in the United States have fewer mental health difficulties compared to kids who did not participate in organized sports, but children who participated only in individual sports had worse mental health outcomes compared to those who don't play any sports, according to a recent study published in the open-access journal Plos One.

[Read More](#)

We'd love your feedback! Send questions or comments to admin@sycva.com.



NEVER MISS AN EDITION OF THE TORCH!
The latest edition is always available at sycva.com.

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