

Event	Age Group	Times	Long Jump	Shot Put	High Jump
100m Trials	Novice (Boys/Girls)	9:30 AM	Cadet Girls / Boys (9:30 to 10:45)	Novice Girls / Boys (9:30 to 10:45)	Minor Girls / Boys (9:30 to 11:00)
	Minor (Boys/Girls)	9:40 AM			
	Cadet (Boys/Girls)	9:50 AM			
4 X 800 Open Relay	Open Girls Open Boys	10:00 AM 10:15 AM	Novice Girls / Boys (10:45 to 12:00)	Minor Girls / Boys (10:45 to 12:00)	Cadet Girls / Boys (11:00 to 12:30)
4x200 Relay	Novice (Boys/Girls)	10:30 AM			
	Minor (Boys/Girls)	10:50 AM			
	Cadet (Boys/Girls)	11:10 AM			
1600m	Novice (Boys/Girls)	11:25 AM	Minor Girls / Boys (12:00 to 1:15)	Cadet Girls / Boys (12:00 to 1:15)	Novice Girls / Boys (12:30 to 2:00)
	Minor (Girls)	11:40 AM			
100m Finals	All Age Groups	11:50 PM			
1600m	Minor Boys	12:00 PM			
	Cadet (Boys/Girls)	12:10 PM			
400m	Novice (Boys/Girls)	12:25 PM			
	Minor (Boys/Girls)	12:35 PM			
	Cadet (Boys/Girls)	12:45 PM			
4x100m Relay	Novice (Boys/Girls)	1:05 PM			
	Minor (Boys/Girls)	1:15 PM			
	Cadet (Boys/Girls)	1:25 PM			
800m	Novice (Boys/Girls)	1:35 PM			
	Minor (Boys/Girls)	1:45 PM			
	Cadet (Boys/Girls)	1:55 PM			
200m	Novice (Boys/Girls)	2:10 PM			
	Minor (Boys/Girls)	2:20 PM			
	Cadet (Boys/Girls)	2:30 PM			
4x400m Open Relay	Open Girls	2:45 PM			
	Open Boys	2:55 PM			