

COVID-19 Preparedness Plan for Hermantown Summer Softball Association

The **Hermantown Summer Softball Association** is committed to providing a safe and healthy playing environment for all coaches and players. To ensure we have a safe and healthy playing environment, we have developed the following COVID-19 Preparedness Plan in response to the pandemic and based on CDC and MDH guidance. Coaches, parents, and players are all responsible for implementing this plan. Our goal is to mitigate the potential for transmission of COVID-19. Only through this cooperative effort can we establish and maintain the safety and health of our coaches and players.

HSSA Board members, coaches, parents, and players are responsible for implementing and complying with all aspects of this COVID-19 Preparedness Plan. Hermantown Summer Softball coaches have full support in enforcing the provisions of this policy.

Screening Coaches and Players exhibiting signs and symptoms of COVID-19

- If a player or family member is feeling ill, even in the slightest bit, you must stay home.
- All players and coaches must take their temperature prior to practice. If their temperature is 100.4 or higher they must stay home.

Hand Hygiene

Basic infection prevention measures will be implemented at our games, scrimmages, and practices at all times. They include the following:

- Apply hand sanitizer before practice, at every break, and after practice.
- If a player coughs or sneezes, they should cough/sneeze into their arm. If they cover either of these with their hands, they must go sanitize their hands immediately.
- *Hand sanitizer will be provided by HSSA, but players/families can certainly send some with their player.

Cleaning and Disinfection

Coaches will sanitize buckets of balls before and after practice

Social Distancing

- Players must keep bags/belongings at least 6' apart
- NO sharing of water bottles, seeds, etc. NO exceptions
- No drills that include large lines of players/maintain 6' apart
- Instructions, team talks and closing of practice maintain 6' apart
- NO high fives, hugs, handshakes, etc.
- NO players in dugouts
- Parents should stay in vehicles or maintain social distancing outside of vehicles. Do not stand or sit near common areas such as dugouts, bathroom facilities, or field entrances.

- * If a player or adult is not complying with social distancing rules/policies they will be given one warning. If they continue to not comply with social distancing expectations, they will be removed from practice.

Equipment Policy

- NO sharing of equipment (ie. gloves, helmets, bats, masks, etc.)
- All players must supply their own equipment including helmets, bats, and catcher's gear if they have it. If they don't have a helmet or bat, the coach will assign them one to use for the year and their name will be put on it.
- Two sets of catcher's gear will be assigned per team. Coaches will assign two players that will do all of the catching this season. Catcher's gear cannot/will not be shared.
- Rookies will not use players as catchers this season. A coach or volunteer will stand behind the plate to return balls.

Communication to Coaches

Hermantown Summer Softball Association will communicate the contents of this document to our youth coaches at the coaches meeting on June 16th, 2020.

Parents and Guardians

Please be sure to review these guidelines with your player as it may be difficult for them to follow the 6' apart without our direction and support. Coaches will also be reviewing these before practice and reminding players frequently of the guidelines.

Communicate these guidelines to anyone who may be dropping off or picking up your player. They will be held to these same expectations.

Thank you for your support in keeping our players, coaches, and families healthy and safe!