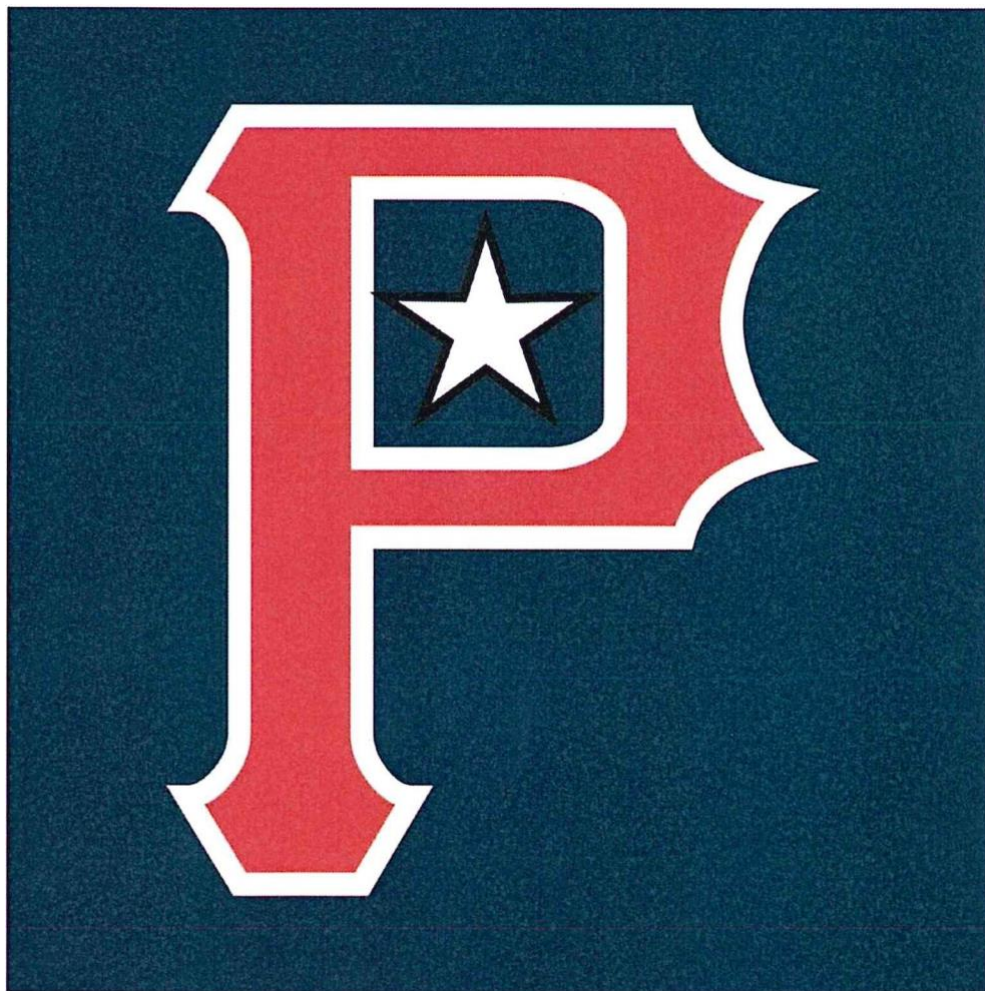


# Peccole Little League Covid-19 Safety Plan For Team Practicing



# 2020



## **Overview**

This plan is an addition to the 2020 safety plan on file with Little League International and is designed to create a safe environment for a return to practice activities for all of the Players, Coaches, Volunteers and members of their households and/or immediate families of Peccole Little League while using our dedicated fields. This plan follows all CDC, Local, State and Little League International rules and/or guidelines in regards to COVID-19 as well as some additional precautions enacted by Peccole Little League. This plan is intended to be fluid and will be reviewed and adjusted in the event any changes to the previously mentioned rules and/or guidelines occur. All participants at practices must adhere to these guidelines or they risk forfeiting their privilege to participate in future practices. The intent is not to punish any participants but rather create the safest environment with the lowest amount of risk possible while still allowing for fun and informative instruction. This plan will be distributed to every Family and Volunteer of Peccole Little League, Nevada District 4 Administrators, Little League International, City and County Representatives, and every new player registration to Peccole Little League via email, our website and social media pages. Additionally, all Managers and Coaching Staffs will be notified via coaches meetings. Any changes to this plan will be immediately distributed via the means described above to all individuals listed above. All Parents of active Players, Coaches and Volunteers will receive and must sign an acknowledgement form/waiver stating that they have received this safety plan and they agree to abide by it before being allowed to practice.

A safety plan for returning to play games will be distributed in addition to this safety plan once there has been approval for game play.



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## **Universal Guidelines**

- Anyone that is sick, showing signs of being sick or has been in contact with anyone that has been sick is not allowed to participate in practices and must stay home. Temperature checks will be administered and anyone with a temperature over 100.4 will not be permitted on the fields.
- Anyone that becomes sick, has a household member that becomes sick, begins experiencing symptoms of COVID-19 and/or has a confirmed positive testing for COVID-19 **MUST** contact the Peccole Little League Safety Officer, Mike Lett, at either [peccolecc@gmail.com](mailto:peccolecc@gmail.com) or (702) 769-0733 immediately.
- It's encouraged that Players and Coaches travel only with members of their household.
- Anyone participating in or attending practices must adhere to safe social distance guidelines (minimum of 6 feet) from anyone else, except members of the same household whenever possible. Parents are encouraged to not attend practices or remain in their vehicles.
- PPE (Personal Protective Equipment) or cloth face coverings should be worn as often as possible and are not a substitute for safe social distance guidelines. Coaches must wear a face covering at all times. Players do not have to wear a face covering while engaged in on field activities but may do so if they or their parents choose to have them wear one. Players must wear a face covering upon entering and exiting the fields and when not on the field of play.
- Hand washing with soap and water for 20 seconds is recommended as frequently as possible.
- When hand washing is not possible, hand sanitizer is recommended as frequently as possible. Hand sanitizing is required prior to, during and after practices. It is recommended that each Player and Coach have their own personal hand sanitizer. Hand sanitizer will be provided by the league in addition. Other than the league hand sanitizer, no one should share personal hand sanitizer bottles.
- Coughing or sneezing should be done into a tissue or elbow whenever possible and hand washing or hand sanitizing must occur immediately after.
- No spitting/eating of sunflower seeds or chewing gum is permitted
- No shared water coolers or drinks are permitted. Each Player and Coach must have their own individual drink container (preferably labeled)
- Food and snacks are not permitted on the field. If food is needed before or after practice, sharing of food is not permitted. It is recommended that food or snacks be pre-packaged.
- No touch rule. No physical contact other than incidental game play contact is permitted. No handshakes, hi-fives, fist/elbow/chest bumps, group celebrations, etc.
- All personal equipment (bats, gloves, helmets, etc.) should be sanitized after every practice.
- Shared equipment is discouraged, but in the event it happens, equipment must be sanitized before and after every practice and between each use.
- Everyone must pick up their own trash and dispose of it.



## **Field Guidelines**

- Each Field will have an individually labeled COVID-19 box that will contain a thermal scan thermometer, face masks, disinfectant spray and/or disinfectant wipes. In addition each field will have an individually labeled bottle of hand sanitizer. These boxes and hand sanitizer bottles will be kept in the individual dugout boxes for Red Ridge fields and Rainbow Family Park Field #5. The blue Kobalt storage box outside of field #4 at Rainbow Family Park will be used for fields #1, #2, #3 & #4. These COVID-19 boxes must be returned and stored back in their respective storage boxes at the end of every practice. Any need of supplies must be communicated to the Board.
- Practice times will be spaced out to allow adequate time for cleaning/sanitizing of shared surfaces and equipment with a two-step process to ensure the cleanest and safest environment. And to also limit any exposure to other teams arriving or leaving the fields.
- Practices must strictly adhere to practice time allotments and cleaning/sanitizing time allotments.
- In addition to spaced out time frames for practices, separate pathways for entering and exiting fields will be utilized to limit exposure to any other teams. Players and Coaches should enter the fields from the 1<sup>st</sup> base gate and proceed to place equipment along the 3<sup>rd</sup> base fence. Players and Coaches should exit the fields from the 3<sup>rd</sup> base gate.
- No congregating before or after practice outside or on the fields by Players.
- Players waiting to be picked up will stand outside the 3<sup>rd</sup> base fence line until their ride has arrived. No Player(s) shall wait unattended.
- Minimum of two Coaches/Volunteers present at all times. No Coach/Volunteer alone with Players other than their own child. When possible a Coach/Volunteer of same gender should be present.
- Player equipment should be spaced 6 feet apart along the 3<sup>rd</sup> base fence line behind 3<sup>rd</sup> base and extending to the outfield.
- Coaches should place all coaching equipment in front of the 3<sup>rd</sup> base dugout.
- Dugouts should only be used as a method to seek shade and get out of the sun/temperatures. Use should be limited to as little time as possible and safe social distance guidelines must be maintained as well as using PPE's or cloth face coverings while inside. There will be designated markings to ensure safe social distance guidelines.
- Equipment or personal items should not be stored in dugouts to discourage use.
- All field and practice equipment must be cleaned/sanitized by the Coaching Staff only prior to and after each practice to ensure a two-step cleaning/sanitizing process.
- All field and practice equipment is to be handled by the Coaching Staff only. This includes any set up and break down of equipment/bases.
- Balls should be changed out with sanitized balls every 30 minutes.



## **Manager/Coach/Volunteer Guidelines**

- Must conduct temperature checks, ensure hand sanitizing and conduct daily assessments for symptoms for all Coaches, Players and Volunteers prior to allowing them to be admitted onto the fields for practice. Anyone displaying symptoms and/or having a temperature above 100.4 shall not be admitted onto the field for practice and they must be reported to the Safety Officer.
- Must adhere to all safe social distance guidelines as outlined in this safety plan.
- Must adhere and enforce all safety guidelines and protocols outlined in this safety plan.
- Must wear a face covering at all times during practices.
- Must clean/sanitize all shared field and practice equipment.
- Coaches will always be updated with the most current information available.

## **Player Guidelines**

- Must conduct daily assessment with Coach. Anyone experiencing symptoms or has a temperature of over 100.4 must stay home and will not be permitted onto the fields for practice.
- Only use their own personal equipment unless absolutely necessary.
- Wear PPE or cloth face covering when entering or exiting the field and when not on the field.
- Bring own bottled drink (preferably labeled).
- Follow no touch rule.
- Must adhere to safe social distance guidelines for all practice activities.
- Personal equipment must be stored on the 3<sup>rd</sup> base fence 6 feet apart
- Must adhere to dugout guidelines and use them sparingly.
- Shall not congregate before or after practice.

## **Family Member/Spectator Guidelines**

- Remain in car if possible. If you must attend, please bring your own chair and sit along outfield fence
  - If you must attend practices you must adhere to safe social distance guidelines (minimum 6 feet apart) from others except with members of your own household. Please only allow members of your own household to rideshare and/or attend with you if necessary.
- Do not retrieve foul balls or touch equipment.



## **Restroom Guidelines**

We will not be monitoring or operating the restrooms independently of a public parks use and guidelines for operation. The following are best practices in the case you must use the restrooms at the fields. If at all possible restrooms and public drinking fountains should be avoided

- If restrooms must be used, a one-person-in and one-person-out practice should be used to ensure no close personal contact with others.
- Hands must be washed with soap and water or hand sanitizer must be used after use by any Coach, Volunteer or Player of Peccole Little League





## **Medical Guidelines & Clearance**

For the safety of all of our Players, Coaches, Volunteers and family members of Peccole Little League, if you are reported as being sick or showing symptoms of being sick, have a temperature of over 100.4 or have a positive test for COVID-19 you and your entire team will be required to home quarantine for 14 days in accordance with the following guidelines:

- Require medical clearances from those that had previously tested positive for COVID-19.
- For individuals who have experienced a known COVID-19 exposure in the past 14 days, home quarantine for 14 days is required. A medical clearance is required to return to practice following the home quarantine.
- Report the onset of any new symptoms immediately. Conduct daily symptom assessments.
- Players should contact their physician and follow the recommendations, if they have any symptoms.
- Any Player feeling unwell should not practice and immediately notify their Manager.
- Any Player or a member of their household presenting symptoms of COVID-19 (fever, cough, trouble breathing, etc.) should notify their Coach immediately. All activities should be suspended until testing is complete.
- Any Player or member of their household who tests positive will require all team activities and practices to be canceled for 14 days.
- Fields will be immediately shut down and cleaned/sanitized
- All information reported to Peccole Little League will only be shared with the appropriate Local & State agencies, Board Members and individuals necessary to communicate for procedures of cleaning/sanitizing, home quarantine and exposure risk. All information will be kept in confidentiality to protect everyone involved and their privacy.