

GREATER LEWISVILLE AREA SOCCER ASSOCIATION COVID-19 RETURN TO PLAY GUIDELINES

As players and teams begin to resume soccer activities the Greater Lewisville Area Soccer Association (GLASA) is putting forward these guidelines for practices, camps and game play in accordance with CDC's recommendations in partnership with other city and partner organizations. All participants in a GLASA sponsored event will be required to abide by the following guidelines to assure the health and safety of all participants and staff.

PLAYERS & FAMILY

- If you or any member of your immediate family are or suspect might be sick, please stay home and do not expose yourself or child to others and do not attend practices, camps or games.
- Effective May 31st youth sports may again hold practices without spectators other than one parent or guardian per participant.
- Please wash your hand often with soap and water to ensure the safety of players and staff.
- Please write your name on and only use your own equipment do not share water, sunscreen, hand sanitizer, socks, gloves or any other protective equipment with any other players or staff. Please wash and sanitize all uniforms and equipment immediately upon returning home following
- Please avoid carpooling to games and practices whenever possible.
- Wearing masks is recommended for all spectators, coaches and inactive players.
- Players should place all water and personal equipment at least six feet from others equipment.
- Families are allowed as spectators at games but please remain at least six feet from other families.
- Please arrive at the location just in time for activities to begin and leave immediately after they complete to avoid congregating and vacate the facility to allow the next participants access with as little interaction as possible.
- All families and players must remain at least 10 feet from the touch lines where the Assistant Referees are working to allow a six foot separation from the Referee.

COACHES

- Coaches should NOT pressure any player from participation in any event should the player or their family feel threatened by the COVID-19 virus – any coach violating this rule will be referred to A&D for possible additional action.
- Maintain social distancing during and in between drills as possible.
- Please do not run contact drills.
- Please provide extra time for sanitation breaks as well as water breaks during sessions.
- Please do not allow huddles, small group gatherings or physical contact such as handshakes or fist bumping.
- No use of shared group pennies, a recently cleaned penny may be issues to individual players for their use as a part of their personal equipment and should be retained by the player for washing along with their uniforms or practice gear.
- Only coaches should touch equipment such as goals, cones, flags or any other equipment used in the session and all equipment should be sanitized after use.
- Parents and guardians should not be permitted in the session area, only rostered coaches.

- At the completion of any session all players and families should be encouraged to leave the area in a timely manner to maintain social distancing.
- In the case of an injury, the health and safety of the player will remain the top priority. Care will be taken by the coach when addressing small injuries and parents will be notified immediately if their assistance is needed but should remain in the side unless requested by the coach.
- Players should be dismissed by the coach only when the parent or guardian is visible so the player can leave directly with no distractions.

GLASA AND FACILITIES

- GLASA is asking the removal of all benches and bleachers from the soccer facilities to discourage small gatherings and encourage social distancing.
- GLASA will provide a minimum of one convenient sanitizing station for each session location. During games, camps or practice sessions multiple stations will be available based on the number locations being utilized and the number of participants.
- GLASA will maintain board presence at all activities to assure best practices are being adhered to in regard to social distancing and sanitization based on CDC guidelines.
- GLASA will have a minimum of one person dedicated to the sanitizing of all shared playing equipment such as goals, rails and flags as well as cleaning all common areas such as tables and restroom surfaces on an hourly basis with CDC approved cleaners.
- Any concession areas available during a session will be deep cleaned prior to open with CDC approved cleansers and all concession employee will wear gloves and masks while operating.

By following these guidelines we believe we can once again begin and run soccer activities in the month of June and again when the fall season begins in August. Thank you for your cooperation.