



Lou Gehrig Softball

Minor B

Updated April 2026

General

1. Games will have a drop dead time limit of 60 minutes. Teams are encouraged to clear the dugouts as quickly as possible to make room for the following game.
2. Special “Softie” balls will be used.
3. Each team must provide at least one adult to volunteer as umpire(s).
4. Pitching rubber is as positioned on field, coach **underhand soft toss** from a safe distance.
5. No play-offs at this level.

Hitting / Running

6. Coaches pitch to own team. With the coach pitching, the batter is allowed a maximum of 5 pitches. If unable to hit after 5 pitches, the manager will bring out the tee to allow the batter an opportunity to hit.
7. Teams will use a continuous batting order – everyone bats.
8. No base on balls, no strikeouts, no bunting.
9. When the ball is hit, all players may advance a maximum of one base.
10. Stealing is not allowed. No base leadoff; runners must remain on the base until the ball is hit.
11. No advancement on overthrows.
12. If a player is out at a base, they can continue running until the end of the inning.

Defense

13. Defensive set up
 - a. Outfielders must be no closer than the edge of outfield grass and may not be used to play a base. A ball fielded by the outfielder must be thrown, not run back to the infield.
 - b. For a “skinned” field, infielders must start within 3 – 5 feet of the baseline.
 - c. Girl playing the pitcher’s position must wear a helmet. She must remain on the pitching rubber until the ball is hit. When fielding a batted ball, the pitcher should be encouraged to throw to the base. She is not allowed to run and tag the base for the out.
 - d. First base may wear a helmet when fielding. All fielders **MUST** wear fielding masks.

NOTE: THE GIRL’S SAFETY COMES FIRST!

14. Defensively, one coach/parent should be positioned in the outfield to assist in placement of players throughout the entire season.
15. Infield fly rule is waived.
16. Players must be rotated **every** inning to a new defensive position and must play at least 2 innings in the infield.