

West Bend East High School
Department of Athletics
1305 E. Decorah Road
West Bend, Wisconsin 53095-4399

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West Bend East Outdoor Varsity and JV Track and Field Meet

SCHOOLS:

Boys Teams: Cristo Rey Jesuit High School, Homestead, Hope Christian, Port Washington, Sheboygan Falls, Sheboygan North, Washington County Homeschool Association, West Bend East, & West Bend West.

Girls Teams: Cristo Rey Jesuit High School, Homestead, Hope Christian, Port Washington, Sheboygan Falls, Sheboygan North, Washington County Homeschool Association, West Bend East, & West Bend West.

DATE / LOCATION: Thursday, May 20th 2020 / Carl Pick Memorial Field – West Bend High School

ADMISSIONS: Free

TIMES:	2:15 P.M.	Track Opens
	2:30 P.M.	Pole Vault Verification and Warm-ups begin
	2:30 P.M.	Shot and Discus Weigh Ins – South End of Concession Stand
	3:00 P.M.	Coaches meeting South end of the concession stand
	3:30 P.M.	Field Events start
	4:00 P.M.	Running Events begin

POLE VAULT: Verification and Warm-ups for Pole Vault will begin at 2:30pm. Be sure to present a certified weight sheet dated after April 26th.

BUSES: After drop off buses may park in the softball/soccer parking long on the corner of HWY G and Decorah Road (East of School). After 4:00pm buses may then line up along the driveway in the West Parking Lot. **Please note school lets out and buses depart around 2:30-2:35.**

ENTRY FEE: \$150.00 per team/gender made out to West Bend East High School

AWARDS: Individual Medal for 1st place only in both the Varsity division and JV division.

ENTRIES: Three (3) entries per school per event. Two entries will be Varsity and one entry will be JV. One (1) relay for each division (Varsity and JV) team per school per relay event. There are no exhibition performances or extra relay teams in any event.

Entries Due: May 18th at 8:00pm (Please note there will be two divisions, Varsity and JV please make sure you are in the correct division). All entries will be entered in on MileSplit.

*****NO LATE ENTRIES WILL BE ACCEPTED FOR SEEDING PURPOSES*****

OFFICIALS: Steve Moore, Don McNaughton, & Dave Cohen

JURY OF APPEALS: Sheboygan North Boys Head Coach, West Bend West Girls Head Coach
(Thank You)

LOCKER ROOMS: Locker rooms will ***not*** be available – please dress appropriately. Bathrooms will be available.

MEET MANAGER: Tom Hoogester – West Bend East Boys Head Track Coach
(thoogester@wbsd-schools.org) or (262) 339-3984

TRAINER: A certified athletic trainer will be available throughout the meet located in the south team room attached to the concession stand.

CONCESSIONS: A concession stand will be available.

TENTS: Tents will be set up in the east field adjacent to the track. Near the East sheds. NO TENTS WILL BE ALLOWED IN THE STADIUM.

COVID Info:

- Please have COVID Team sheets available with signatures from your AD and the Head Coach.
- Mask are to be worn when applicable
- There are no limitations on the number of spectators allowed for each athlete.
- Please physical distance when able.

West Bend East Invite - Time Schedule

- 2:15** Track Opens
- 2:30** Boys Pole Vault Check Ins and warm – ups
- 2:30** Weigh in for Shot & Discus (south team room attached to concession stand)
- 3:00** Coaches meeting in the south team room attached to the concession stand.
- 3:30** Field Events begin (see schedule below)

4:00 RUNNING EVENTS – All Timed Finals (JV will be first, Varsity will be second - we will combine whenever the entries allow).

3200 Meter Relay (Girls/Boys)

100/110 Meter Hurdles (Girls/Boys)

100 Meter Dash (Girls/Boys)

1600 Meter Run (Girls/Boys) (JV & Varsity will be combined)

800 Meter Relay (Girls/Boys)

400 Meter Dash (Girls/Boys)

400 Meter Relay (Girls/Boys)

300 Meter Hurdles (Girls/Boys)

800 Meter Run (Girls/Boys) (JV & Varsity will be combined)

200 Meter Dash (Girls/Boys)

3200 Meter Run (Girls/Boys) (JV & Varsity will be combined)

1600 Meter Relay (Girls/Boys)

Field events JV and Varsity will be combined. Entries will allow for designation of Varsity and JV.

High Jump: Two Pits (Boys – Blue Pit (West Side) and Girls – Black Pit (East Side). The starting heights will be determined at the coaches meeting. We will start at a low height for JV and work our way up to completion.

Pole Vault: Boys will Vault First - Girls Second with 30-45 minute warm up between them. The starting heights will be determined at the coaches meeting.

Shot Put: Girls Throw First. Four throws (4) no finals. Order will be 1-1-1-1 format. Boys will follow after the conclusion of the boys event.

Discus: Boys Throw First. Four throws (4) no finals. Order will be 1-1-1-1 format. Girls will follow after the conclusion of the boys event.

Long Jump: Girls Jump First (3:30-4:30 open pit). Four jumps, no finals. Athletes will be allowed a 30 minutes warm-up period beginning at 3:00pm. Boys long jump will begin at the conclusion of the Girls event.

Triple Jump: Boys Jump First (3:30-4:30 open pit). Four jumps, no finals. Athletes will be allowed a 30 minutes warm-up period beginning at 3:00pm. Girls triple jump will begin at the conclusion of the girls event.