

Summer S&S 2019

June 10th - August 1st

(Will Not Meet July 1-4)

Monday- Thursday



High School

- 7:30-9:30 - Lineman
- 7:45 -9:45 - Boys Grades 10-12
- 8:15 -10:15 Girls Grades 9-12
- 10:00 - 12:00 Girls/Boys Grades 8-9
- 10:00-12:00 Girls/Boys Grades 6-7



\$125 for the Summer

REGISTRATION OPENS MID-MARCH

Check the site below for registration info

<https://michaelbreyen.wixsite.com/erstrengthandspeed>