



2020 FALL GUIDELINES

CDC Guidelines Playing Youth Sports

- * Stay home if sick. Parents, please take your child's temperature before leaving home.
- * Keep 6' apart between players when possible.
- * Coaches and spectators to wear face coverings when present upon entrance to the field.
- * Players should clean hands before practice/games and sanitize after practice/games.
- * Teams will be made up of (1) coach and (10) players:
 - 40 minutes team practice.
 - 40 minutes games vs. other teams within 316 Sports.
 - 10-minute devotion at end with 6' separation.

Players/Coaches

- Please do not high five, fist bump, handshake or hug. Avoid physical contact.
- Players to wear masks until they enter the fields.
- Do not share towels, water bottles or any item used to touch your face.

Coaches

- Temperature taken before entrance to field of play
- Contact your team's parents. Let them know the safety protocol. Remind to stay home if sick.
- Be a role model in actions and speech. Masks are mandatory for coaches.
- No physical touch of players. No spitting! Everyone to bring their own water, Gatorade, etc. No sharing!
- 316 Sports will provide a Gator face covering to all coaches.

Parents/Spectators

- Do not attend if sick. Please take your temperature before attending.
- In addition to temps being taken, 316 Sports will be asking screening questions as well to provide for safety.
- Social distancing from others on sideline. Families may sit together but keep at least 6' from others.
- Do not spit, high five, fist bump, hug or shake hands.
- Please do not share with others any opened water bottles, drinks or other containers.
- No sharing of towels, hand wipes and sanitizers.
- Please notify league if a player or spectator gets sick!

316 Sports realizes that being outdoors and exercising that those participating do not wear masks. Please help us keep everyone safe by wearing masks while attending practices/games. Please limit the number of guests to two per player within the fence of the 316 fields.