

21.0 8U TRAVEL POLICY

- 21.1 CAHA would like to refocus our efforts on the core American Development Model (ADM) developmental principles of 8U hockey. "At its core, Red, White and Blue Hockey is high-performance training at 8U Mite. It is playing cross-ice games and conducting station-based practices and is designed to get the best out of each and every player. In this environment, a player's activity level skyrockets because their engagement level increases, which leads to an increased skill set and love of the game. Drills are designed to focus on multiple skills and situations, increasing time with the puck and situational repetition. The goalies are also more involved in the drills because they get more shots to stop. It's been proven that kids who begin their hockey training in this environment develop a better foundation of skills and hockey instincts and enjoy the game more. It is because of this emphasis on fun and development that we're asking associations, teams, coaches and parents to include station-based practices and cross-ice games at the 8U Mite level. Doing so is an important part of the development process at this age." Policy statement adopted from the USA Hockey ADM Handbook for 8U Mite Hockey.**
- 21.2 CAHA's goal is to provide 8U Cross-Ice Jamboree opportunities throughout the Affiliate so teams do not need to travel outside of CAHA. Each Association is encouraged to attend as many 8U Cross-Ice Jamborees in the CAHA geography as possible. These Jamborees will be publicized by CAHA and will be part of the CHL scheduling process. 8U Cross-Ice Jamborees will follow the CAHA Guidelines for 8U Cross-Ice Jamborees and may be held in a Scramble or Team format.**
- 21.3 For any 8U team that wants to attend a tournament or 8U Jamboree outside of CAHA, they must follow these guidelines in selecting any tournament or 8U Jamboree that they attend:**
- a. Submit a travel permit. It is recommended to submit 30 days before the first day of the event. Please do not financially commit to any event before receiving approval.**
 - b. The tournament or 8U Jamboree that a team attends must be cross-ice (preferred) or half-ice and be USA Hockey sanctioned. The size of the rink that the tournament is played on can be no larger than half of the ice surface of that specific rink and no larger than 100' x 100' in size.**
 - c. Teams must have an official USA Hockey Official Team Roster for each event.**
 - d. Any 8U team from CAHA may travel to any tournament only in the states/locations as follows: Maryland, Virginia, District of Columbia, Tennessee and Georgia. Travel outside these areas is not permitted.**
 - e. Teams that violate this rule will be referred to CAHA Disciplinary Committee and be subject to the following disciplinary action:**
 - o First Offense – no 8U Travel permits for any Association team for 90 days**
 - o Second Offense – no 8U Travel permits for any Association team for one (1) year.**

Purpose:

1. Adopt a policy statement on 8U Hockey from the ADM Handbook.
2. Codify travel permit requirement into the bylaws.
3. Set standard rink sizes.
4. Set travel boundaries.
5. Adopt disciplinary action standards.

Note: 20.0 Intentionally Blank