

# OUTDOOR SPORTS COVID-19 SAFETY PLAN FOR

(Name of Organization)

Designated COVID-19 Point of Contact	Name & Contact Number
<ul style="list-style-type: none"> <li>Designate a person to be responsible for responding to COVID-19 concerns.</li> <li>All players, coaches, staff, officials and families should know who this person is and how to contact them.</li> </ul>	<p>Ian Mooreland Todd Sodenburg</p>
Equipment	Your Plan
<ul style="list-style-type: none"> <li>It is possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose or eyes.</li> <li>Minimize equipment sharing and clean and disinfect shared equipment between use by different people to reduce the risk of COVID-19 spread.</li> </ul>	<p>Individuals will provide own equipment. Soccer balls will be available for loan for the duration of the season. Coaches will be provided with 2 Game Balls. Coaches will be provided with hand sanitizer.</p>
Social Distancing	Your Plan
<ul style="list-style-type: none"> <li>During times when players are not actively participating in practice or competition, attention should be given to maintaining social distancing by increasing space between players on the sideline, dugout or bench.</li> <li>Coaches can encourage athletes to use downtime for individual skill-building work or cardiovascular conditioning, rather than staying clustered together.</li> <li>Limit non-essential visitors, spectators, volunteers.</li> </ul>	<p>Masks will be worn when out of play. Social distancing will be utilized when feasible.</p>

<p><b>Health Checks</b></p> <ul style="list-style-type: none"> <li>• Coaches check with players routinely to determine if players are exhibiting any symptoms, if so, the player must be sent home.</li> <li>• Symptoms include: fever, cough, shortness of breath, unusual fatigue/muscle aches, headache, loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.</li> <li>• Participants who have high risk medical conditions should consult/get clearance from their Primary Care Provider prior to participation.</li> </ul>	<p><b>Your Plan</b></p> <p>Parents will be required to complete and submit a form certifying that their player is not exhibiting any symptoms of Covid-19. The form will list all known symptoms and also note high risk conditions for the disease.</p>
<p><b>Team Education</b></p> <ul style="list-style-type: none"> <li>• Educate all athletes, staff and families about the symptoms of COVID-19 and when to stay home.</li> <li>• Athletes also should be educated on proper hand washing and sanitizing.</li> </ul>	<p><b>Your Plan</b></p> <p>The club will publicize through social media and email lists all relevant information. Additionally, the information will require a signoff on during registration for the season.</p>
<p><b>Hand Hygiene</b></p> <ul style="list-style-type: none"> <li>• Teach and reinforce handwashing with soap and water for at least 20 seconds or use hand sanitizer that contains at least 60% alcohol.</li> </ul>	<p><b>Your Plan</b></p> <p>This information will be disseminated through various media means.</p>
<p><b>Respiratory Etiquette</b></p> <ul style="list-style-type: none"> <li>• Do not allow spitting and encourage everyone to cover their coughs and sneezes with a tissue or use the inside of their elbow.</li> <li>• Used tissues should be thrown in the trash and hands washed or hand sanitizer used.</li> <li>• Teach and reinforce the use of cloth face coverings. Face coverings may be challenging for players (especially younger players) to wear while playing sports. Face coverings should be worn by coaches, youth sports staff, officials, parents and spectators as much as possible.</li> </ul>	<p><b>Your Plan</b></p> <p>Refer to CGC guidelines</p>
<p><b>Hydration</b></p>	<p><b>Your Plan</b></p>

<ul style="list-style-type: none"> <li>• For safety reasons, players need to remain hydrated during practice and games.</li> </ul>	
<p><b>Masks</b></p> <ul style="list-style-type: none"> <li>• PA State guidelines require coaching staff and other adult personnel to wear face coverings (masks or face shields) at all times, unless doing so jeopardizes their health.</li> </ul>	<p><b>Your Plan</b></p> <p>Coaches will be required to wear masks during all soccer activities. Spectators will be expected to wear masks while in attendance.</p>
<p><b>Preparing for someone getting sick</b></p> <ul style="list-style-type: none"> <li>• Advise sick individuals of home isolation.</li> <li>• Isolate those who are sick.</li> <li>• Clean and disinfect.</li> <li>• Notify health officials and close contacts.</li> </ul>	<p><b>Your Plan</b></p> <p>Coaches will notify club representatives, team members, and opposing team coaches of any known or suspected exposure.</p>

Wilson Junior Soccer Club  
 Organization

June 26, 2020  
 Date

Representative's Printed Name

Representative's Signature

Received by Spring Township Parks and Recreation Department  
 (Staff Member)

(Date)

Accepted by Spring Township Parks and Recreation Department  
 (Staff Member)

(Date)