

Athlete/Parent Instructions for Physical Day

April 18, 2026

8:00 am

Pinnacle Orthopaedics

300 Tower Rd.

Marietta, GA 30062

Prior to Physical Day, parents must log-in to ParentVue and start the Athletics Registration for the 2026-2027 school year. (This will open on April 1, 2026.) Parents should complete Steps 1-4 of the registration. In step 4, parents will then PRINT the documents (Patient History Forms and Blank Physical forms).

On Physical Day, students should bring with them the Patient History forms and Blank Physical forms they printed from home. Forms cannot be printed at the physician's office, please contact your coach prior to Physical Day if you cannot print the forms at home.

NO ATHLETE WILL BE ALLOWED TO TAKE A PHYSICAL WITHOUT THE COMPLETED PATIENT HISTORY FORM.

The doors will open at **8:00 am for North Cobb High School student athletes. Please arrive no later than 9:00 am.**

Cost is \$20.00 Cash or Checks made out to Pinnacle Orthopaedics.

Please wear comfortable clothing to Physical Day. (Shorts, t-shirt, sports bra for females) Sweats can be worn over shorts and t-shirt.

EKG screenings will NOT be done this year as in the past.

It will take 60-90 minutes from check-in to check-out for each athlete to complete the physical process. NO parents will be allowed back with the students during physicals. There will be a designated area for parents to wait.

At check-out, each athlete will be given their own physical to upload to the ParentVue system. **Copies will NOT be kept at the physician office.** It is the athlete/parent responsibility to upload the physical to the account in Step 5 of the Registration (along with the Sudden Cardiac Arrest Form and Concussion Form) unless other arrangements have been made with their coach. Submit (step 6) the registration for review after uploading the necessary documents.

Please contact Angie Guggino, Athletic Trainer, with questions

angela.guggino@cobbk12.org