



# FEBRUARY 2020



**THE HARDEST WORKING, BEST CONDITIONED, AND MOST DISCIPLINED TEAM IN OKLAHOMA!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Phase 1 Week 5—7:00am Offensive Film/Meet 3:15—4:05	4 Offensive Film/Meet 3:15—4:05	5 Defensive Film/Meet 3:15—4:05	6 Phase 1 Week 5—7:00am Defensive Film/Meet 3:15—4:05	7 7th Hour—Early Release and Check in	8
9	10 Phase 1 Week 6—7:00am Leadership/Team Building 3:15—4:05	11 Leadership/Team Building 3:15—4:05	12 Leadership/Team Building 3:15—4:05	13 Phase 1 Week 6—7:00am Leadership/Team Building 3:15—4:05	14 Bridge Creek Power Lifting Meet For Offseason Guys	15
16	17 <i>NO SCHOOL</i>	18 Phase 1 Week 7—7:00am Offensive Film/Meet 3:15—4:05 <i>Booster Club Chili Cook Off, 6:00pm</i>	19 Offensive Film/Meet 3:15—4:05	20 Phase 1 Week 7—7:00am Defensive Film/Meet 3:15—4:05	21 Defensive Film/Meet 3:15—4:05	22
23	24 Lift-a-Thon 7:00am	25	26	27	28 <i>No 0 Hour Offseason will meet in the GYM 7th Hour</i>	29
	OUTSIDE TESTING WEEK 3:15—4:15					



# MARCH 2020

**THE HARDEST WORKING, BEST CONDITIONED, AND MOST DISCIPLINED TEAM IN OKLAHOMA!**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <b>Phase 2 Week 1—7:00am</b> FIELD WORK ALL PLAYERS 3:15-4:05	3 OFFENSE MEETING 3:15—4:05	4 <i>Leadership Development Class 1 7: 45am—8:40am—Jones</i> FIELD WORK ALL PLAYERS 3:15-4:05	5 <b>Phase 1 Week 1—7:00am</b> DEFENSE MEETING 3:15—4:05	6 Power Lifting Regionals Anadarko— Leave time TBA	7
8	9 FIELD WORK ALL PLAYERS 3:15-4:05	10 <b>Phase 2 Week 2—7:00am</b> OFFENSE MEETING 3:15—4:05	11 FIELD WORK ALL PLAYERS 3:15-4:05	12 DEFENSE MEETING 3:15—4:05	13 No School—Parent Teacher Conferences State Power Lifting Meet @ El Reno Roster TBA	14
15	<b>SPRING BREAK</b>					21
22	23 <b>Phase 2 Week 3—7:00am</b> FIELD WORK ALL PLAYERS 3:15-4:05	24 FIELD WORK ALL PLAYERS 3:15-4:05	25 <i>Leadership Development Class 2 7:45am—Schuster</i> FIELD WORK ALL PLAYERS 3:15-4:05	26 <b>Phase 2 Week 3—7:00am</b> FIELD WORK ALL PLAYERS 3:15-4:05	27 Offseason Olympics 3:15-4:05	28
29	30 <b>Phase 2 Week 4—7:00am</b> FIELD WORK ALL PLAYERS 3:15-4:05	31 FIELD WORK ALL PLAYERS 3:15-4:05	<i>1 April Leadership Development Class #3 7:30 am</i> FIELD WORK ALL PLAYERS 3:15-4:05	<i>2 April</i> <b>Phase 2 Week 4—7:00am</b> FIELD WORK ALL PLAYERS 3:15-4:05	<i>3 April</i> Offseason Olympics 3:15-4:05	4

**9th Grade HOME VISITS BEGIN THIS MONTH**



# APRIL 2020



**THE HARDEST WORKING, BEST CONDITIONED, AND MOST DISCIPLINED TEAM IN OKLAHOMA!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29 March	30 March Phase 2 Week 4—7:00am FIELD WORK ALL PLAYERS 3:15-4:05	31 March Phase 2 Week 4—7:00am FIELD WORK ALL PLAYERS 3:15-4:05	1 Leadership Development Class #3 7:30 am FIELD WORK ALL PLAYERS 3:15-4:05	2 Phase 2 Week 4—7:00am FIELD WORK ALL PLAYERS 3:15-4:05	3 Phase 2 Week 4—7:00am Offseason Olympics 3:15-4:05	4
5 STAFF MEETING 5:00PM—7:00PM	6 Phase 2 Week 5—7:00am FIELD WORK ALL PLAYERS 3:15-4:05	7 Phase 2 Week 5—7:00am FIELD WORK ALL PLAYERS 3:15-4:05	8 Leadership Development Class #4 7:30 am FIELD WORK ALL PLAYERS 3:15-4:05 2024 Class Signing and Parent Meeting 6:00	9 Phase 2 Week 5—7:00am FIELD WORK ALL PLAYERS 3:15-4:05	10 Phase 2 Week 5—7:00am Offseason Olympics 3:15-4:05	11
12	13 Phase 2 Week 6 —7:00am FIELD WORK ALL PLAYERS 3:15-4:05	14 Phase 2 Week 6 —7:00am FIELD WORK ALL PLAYERS 3:15-4:05	15 Leadership Development Class #5 7:30 am FIELD WORK ALL PLAYERS 3:15-4:05	16 Phase 2 Week 6—7:00am FIELD WORK ALL PLAYERS 3:15-4:05	17 Phase 2 Week 6—7:00am Offseason Olympics 3:15-4:05	18
19 STAFF MEETING 5:00PM—7:00PM	20 Phase 2 Week 7—7:00am OFFENSIVE MEEING 3:15-4:05	21 Phase 2 Week 7—7:00am OFFENSE INSTALL HELMETS ONLY 3:15—4:05	22 Leadership Development Class #6 7:30 am DEFENSIVE MEETING 3:15—4:05 2023 & 2022 Class Parent Meeting 6:00pm	23 Phase 2 Week 7 —7:00am DEFENSE INSTALL HELEMETS ONLY 3:15—4:05	24 Phase 2 Week 7 —7:00am Offseason Olympics 3:15-4:05	25
26	27 Weight Room Testing 7:00am OFFENSIVE MEEING 3:15-4:05	28 Weight Room Testing 7:00am OFFENSE INSTALL HELMETS ONLY	29 Leadership Development Class #7 7:30 am DEFENSIVE MEETING 3:15—4:05	30 Weight Room Testing—7:00am DEFENSE INSTALL HELEMETS ONLY	1 May Weight Room Testing—7:00am 7 ON 7 AND LINEMAN CHALLENGE— HELMETS ONLY 3:15-4:05	2 May



# MAY 2020



**THE HARDEST WORKING, BEST CONDITIONED, AND MOST DISCIPLINED TEAM IN OKLAHOMA!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26 April	27 April Weight Room Testing 7:00am OFFENSIVE MEEING 3:15-4:05	28 April OFFENSE INSTALL HELMETS ONLY	29 Leadership Development Class #8 7:30 am DEFENSIVE MEETING 3:15—4:05	30 April Weight Room Testing 7:00am DEFENSE INSTALL HELEMETS ONLY	1 7 ON 7 AND LINEMAN CHALLENGE—HELMETS ONLY 3:15-4:05	2 PLAYERS OFF
3 STAFF MEETING 5:00PM—7:00PM	4 INSTALL MEETING 0 HOUR 7:40—8:40am On-field Helmets Only 3:15—4:05pm	5 0 HOUR LIFT 7:00am On Field Helmets only 3:15—4:05pm	6 INSTALL MEETING 0 HOUR 7:40—8:40am On-field Helmets Only 3:15—4:05pm Class of 2021 Parent Meeting 6:00pm	7 0 HOUR LIFTING 7:00am On Field Helmets only 3:15—4:05pm	8 INSTALL MEETING 0 HOUR 7:40—8:40am On-field Helmets Only 3:15—4:05pm	9 PLAYERS OFF
10 STAFF MEETING 5:00PM—7:00PM	11 INSTALL MEETING 0 HOUR 7:40—8:40am On-field Helmets Only 3:15—4:05pm	12 0 HOUR Lift 7:00am On Field Helmets only 3:15—4:05pm	13 INSTALL MEETING 0 HOUR 7:40—8:40am On Field Helmets only 3:15—4:05pm	14 0 HOUR LIFT 7:00AM On Field Helmets only 3:15—4:05pm	15 INSTALL MEETING 0 HOUR 7:40—8:40am On-field Helmets Only 3:15—4:05pm	16 PLAYERS OFF TRACK /BSB—STATE
17	18 SHELLS 0 HOUR MEETINGS 7:45—8:40 Spring Ball Day 1 Walk Through—3:15—3:45 Practice 3:50—5:50pm *Freshmen Spring 6pm—7:00pm—NO PADS	19 HELMETS 0 HOUR MEETINGS 7:45—8:40 Spring Ball Day 2 Walk Through—3:15—3:45 Practice 3:50—5:50pm *Freshmen Spring 6pm—7:00pm—NO PADS	20 SHELLS NO 0 HOUR Spring Ball Day 3 Walk Through—4:15 - Practice 4:35—6:15pm *Freshmen Spring 6pm—7:00pm—NO PADS	21 HELMETS NO 0 HOUR Spring Ball Day 4 Walk Through—4:15 - Practice 4:35—6:15pm *Freshmen Spring 6pm—7:00pm **Graduation***	22 *LAST DAY OF SCHOOL Finals 4/5 & 7 Hours Spring Ball Day 5 Meetings 1:15—1:45 Walk Thru: 2:00—2:20 Practice 2:20—4:20PM *Freshmen Spring 6pm—7:00pm—NO PADS	23 Players OFF
24/31 PLAYERS OFF	25 MEMORIAL DAY PLAYERS OFF	26 SHELLS Spring Ball Day 6 Meetings 1:00pm Practice 2:00-4:00pm *Freshmen Spring Ball 6:00—8:00pm	27 HELMETS Spring Ball Day 7 Meetings 1:00pm Practice 2:00-4:00pm *Freshmen Spring Ball 6:00—8:00pm	28 SHELLS Team Camp at Edmond Santa Fe 9-Noon Freshmen Team Camp @ Santa Fe 6-8pm	29 SHELLS Team Camp at Edmond Santa Fe 9-Noon Freshmen Team Camp @ Santa Fe 6-8pm	30 PLAYERS OFF



# JUNE 2020



**THE HARDEST WORKING, BEST CONDITIONED, AND MOST DISCIPLINED TEAM IN OKLAHOMA!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
31 <i>PLAYERS OFF</i>	1 <i>Players OFF</i>	2 <i>Players OFF</i>	3 <i>Players OFF</i>	4 <i>Players OFF</i>	5 <i>Players OFF</i>	6 <i>Players OFF</i>
7 <i>Players OFF</i>	8 <u>Phase 1 Week #1</u> T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am <i>Player Led 7on7 11:00—Noon</i>	9 T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am <i>Player Led 7on7 11:00—Noon</i>	10 <i>No Summer Pride</i>  <i>Varsity/JV 7on7 @ NN</i> <i>Players Report at 9:15am</i> <i>7on7 10:00am—Noon</i>	11 T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am	12 <i>Players Off</i>	13 <i>Wild West Shootout</i> <i>7on7 at Westmoore</i> <i>Time TBD</i>
14 <i>Players OFF</i>	15 <u>Phase 1 Week #2</u> T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am  <i>Player Led 7on7 11:00—Noon</i>	16 T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am  <i>Player Led 7on7 11:00—Noon</i>	17 <i>No Summer Pride</i>  <i>Varsity/JV 7on7 @</i> <i>Westmoore</i> <i>Players Report at 9:00am</i> <i>7on7 10:00am—Noon</i>	18 T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am	19 <i>Players OFF</i>	20 <i>Skordle Metro</i> <i>Showdown</i> <i>7on7 Tournament</i> <i>@Norman North</i> <i>7:00 am—????</i>
21 <i>Players OFF</i>	22 <u>Phase 1 Week #3</u> T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am  <i>Player Led 7on7 11:00—Noon</i>	23 T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am  <i>Player Led 7on7 11:00—Noon</i>	24 <i>No Summer Pride</i>  <i>Varsity/JV 7on7 @</i> <i>Edmond Santa Fe</i> <i>Players Report at 8:30am</i> <i>7on7 10:00am—Noon</i>	25 T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am	26 <i>Day of Champions</i> <i>Camp</i> <i>9:00am—4:00pm</i> <i>3rd—8th Grades</i>	27 <i>Players OFF</i> <i>Dead Week Begins</i>
28	29	30	1 July	2 July	3 July	4 July
<b>PLAYERS OFF— Dead week</b>						



# JULY 2020

**THE HARDEST WORKING, BEST CONDITIONED, AND MOST DISCIPLINED TEAM IN OKLAHOMA!**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
28	29	30	1	2	3	4
<b>PLAYERS OFF— Dead week</b>						
5 <i>Players OFF</i> <i>End of Dead Week</i>	6 <u>Phase 2 Week #1</u> T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am	7 T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am	8 <i>Varsity/JV 7on7 @ TBD</i> <i>Players Report at 8:30am</i> <i>7on7 10:00am—Noon</i>	9 T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am	10 T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am	11 <b>YOUTH COACHES CLINIC 8:00—NOON</b>
12 <i>Players OFF</i>	13 <u>Phase 2 Week #2</u> T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am <b>Middle School Padded Football Camp 6-8pm</b>	14 T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am	15 <i>Players OFF</i>	16 T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am	17 T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am	18 <i>Players OFF</i>
19 <i>Players OFF</i>	20 <u>Phase 2 Week #3</u> T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am	21 T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am	22 <i>Players OFF</i>	23 T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am (Last Day for Middle School)	24 T-Wolves Summer Pride 10th—12th 7:00am—9:00am Freshmen 9:30—11:00am Middle School 9:30—11:00am	25 <i>Players OFF</i>
26 <i>Players OFF</i>	27 <u>Phase 2 Week #4</u> T-Wolves Summer Pride 9th—12th 7:00—9:30 <i>*Supervised Senior Led*</i>	28 T-Wolves Summer Pride 9th—12th 7:00—9:30 <i>*Supervised Senior Led*</i> <i>Moms Huddle - 6:00—7:30pm</i>	29 <i>Players OFF</i>	30 T-Wolves Summer Pride 9th—12th 7:00—9:30 <i>*Supervised Senior Led*</i>	31 T-Wolves Summer Pride 9th—12th 7:00—9:30 <i>*Supervised Senior Led*</i>	1 August <i>Players OFF</i>
OCA Coaches Clinic—TULSA						



# AUGUST 2020



**THE HARDEST WORKING, BEST CONDITIONED, AND MOST DISCIPLINED TEAM IN OKLAHOMA!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 9-12 Grades Combine 7:00—9:30  <b>Coaches Meetings</b> 9:00am—4:00pm	4 9th—12th Grades Combine 7:00—9:30 <b>Mandatory Team meeting at 9:30</b>  <b>Mandatory Parent Meeting @ 6:30pm</b>	5 <b>Players OFF</b>  <b>Coaches Meetings</b> 8:00—4:00pm	6 <b>Players OFF</b> Senior Retreat 8:00 — 5:00 Place TBD <b>Dad's Hudl 6:00—7:30</b>	7 <b>Players OFF</b> <b>Summer 100% CLUB at Main Event And Steak Lunch</b>	8 <b>Players OFF</b>
9 <b>PLAYERS/ STAFF OFF</b>	10 *Fall Camp Begins 10-12 Grades- Meetings 6:30am Practice 7:30—10:00am  Freshmen—Meeting 4:30 Practice— 5:30—7:30pm	11 10-12 Grades- Meetings 6:30am Practice 7:30—10:00am  Freshmen—Meeting 4:30 Practice— 5:30—7:30pm	12 10-12 Grades- Meetings 6:30am Practice 7:30—10:00am  Freshmen—Meeting 4:30 Practice— 5:30—7:30pm	13 * Convocation  9-12 Grades- Meetings 4:30pm Practice 5:30— 8:00pm	14 Padded Practice 10-12 Grades- Meetings 6:30am Practice 7:30—10:00am  Freshmen—Meeting 4:30 Practice— 5:30—7:30pm	15 <b>Picture Day Freshmen @ 7:30 Varsity @ 8:00 Intra Squad Scrimmage 9-12 grades 10:00am</b>  <i>Staff Family Dinner at Jones</i>
16 <b>Players OFF STAFF MEETING @ 5:00 PM</b>	17 <i>Team Lift 7:00—8:00am Meetings 8:15—8:45am</i>  Walk Thru: 4:00—4:20 Practice: 4:30—6:30	18 <b>0 HOUR MEETINGS 7:30—8:30am</b>  Walk Thru—3:15– 3:35 Practice: 3:45—5:45	19 <b>0 HOUR LIFT 7:00—8:00 MEETINGS 8:15—8:45 Kick the Field 3:15—5:15</b>	20 <u>1ST DAY OF SCHOOL</u> <b>0 HOUR TEAM MEETING 8:00AM SCRIMMAGE VS Midwest City 5:00, 6:00, 7:00pm</b>	21 <b>No 0 Hour</b>  FILM REVIEW AND MEETINGS 3:15—5:15	22 <i>All City Middle School Preview Varsity/JV Practice 10:30 am *Team Cookout 12:30</i>
23 <i>Players and Coaches Off</i>	24 <i>Team Lift 7:00—8:00am Meetings 8:15—8:45am</i>  Walk Thru: 4:00—4:20 Practice: 4:30—6:30	25 <b>0 HOUR MEETINGS 7:30—8:30am</b>  Walk Thru—3:15– 3:35 Practice: 3:45—5:45	26 <b>0 HOUR LIFT 7:00—8:00 MEETINGS 8:15—8:45 Kick the Field 3:15—5:15</b>	27 Team Lift 7:00—8:00 Meetings 8:15—8:45am  SCRIMMAGE VS PC North 5:00, 6:00, 7:00pm	28 <b>No 0 Hour</b>  FILM REVIEW AND MEETINGS 3:15—5:15	29 <b>Practice #1 for Crosstown Clash 10-12 Grades 8:00—11:30am</b>
30 <b>Staff Meeting</b> <i>Voluntary Varsity Scouting Report Meeting 6:30pm</i>	31 <i>Team Lift 7:00—8:00am Meetings 8:15—8:45am Walk Thru—3:15– 3:35 Practice: 3:45—5:45</i>  <b>9th Grade Game @ Southmoore 6:00pm</b>					



# SEPTEMBER 2020

**THE HARDEST WORKING, BEST CONDITIONED, AND MOST DISCIPLINED TEAM IN OKLAHOMA!**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p><b>0 HOUR MEETINGS</b> 7:30—8:30</p>	<p><b>31</b> Varsity Lift 7:00—8:00am Meetings 8:20—8:45am Walk Thru—3:15—3:35 Practice: 3:45—4:45</p> <p>9th Grade Game @ Southmoore 6:00pm</p>	<p><b>1</b> <b>9th Grade Lift</b> 7:15am</p> <p>Varsity 0 HOUR MEETINGS 8:00—8:40 Walk Thru—3:15—3:35 Practice: 3:45—6:00</p>	<p><b>2</b> 0 HOUR MEETINGS 7:30—8:30</p> <p>Kick the Field 3:15—5:15</p>	<p><b>3</b> <b>Game Day Lift</b> 7:15am—8:15am</p> <p>Crosstown Clash 7:30pm</p>	<p><b>4</b> <b>No SCHOOL</b> Freshmen Lift TBD Freshmen Practice TBD Varsity Recovery 1:00 Varsity Film Review 2:00—4:00</p>	<p><b>5</b></p> <p>PLAYERS OFF</p>
<p><b>6</b></p> <p>PLAYERS OFF</p>	<p><b>7</b> <b>Labor Day</b> Varsity Lift 9:00am Scouting Report 10:30am Walk-thru 11:30am</p> <p>9th Grade vs High 5:00pm JV Game vs High @ 7:00pm</p>	<p><b>8</b> <b>9th Grade Lift</b> 7:15am</p> <p>Varsity 0 HOUR MEETINGS 7:30—8:30 Walk Thru—3:15—3:35 Practice: 3:45—6:00</p>	<p><b>9</b> Varsity Lift 7:00—8:00am Meetings 8:20—8:45am</p> <p>Walk Thru—3:15—3:35 Practice: 3:45—6:00</p>	<p><b>10</b> <b>9th Grade Lift</b> 7:15am</p> <p>0 HOUR MEETINGS 7:30—8:30</p> <p>Kick the Field 3:15—4:15</p>	<p><b>11</b> Varsity Game Day Lift 7:15am—8:15am</p> <p>Varsity Game @ Edmond Memorial 7:00pm—Away</p>	<p><b>12</b></p> <p>PLAYERS OFF</p>
<p><b>13</b></p> <p>Voluntary Varsity Scouting Report Meeting 6:30pm</p>	<p><b>14</b> Varsity Lift 7:00—8:00am Meetings 8:20—8:45am Walk Thru—3:15—3:35 Practice: 3:45—4:45</p> <p>9th Grade vs Ed. Mem. 5:00pm JV Game vs Ed. Mem. 7:00pm</p>	<p><b>15</b> <b>9th Grade Lift</b> 7:15am</p> <p>Varsity 0 HOUR MEETINGS 7:30—8:30 Walk Thru—3:15—3:35 Practice: 3:45—6:00</p>	<p><b>16</b> Varsity Lift 7:00—8:00am Meetings 8:20—8:45am</p> <p>Walk Thru—3:15—3:35 Practice: 3:45—6:00</p>	<p><b>17</b> <b>9th Grade Lift</b> 7:15am</p> <p>0 HOUR MEETINGS 7:30—8:30</p> <p>Kick the Field 3:15—4:15</p>	<p><b>18</b> Varsity Game Day Lift 7:15am—8:15am</p> <p>Varsity Game Vs Yukon 7:00pm—Home</p>	<p><b>19</b></p> <p>PLAYERS OFF</p>
<p><b>20</b></p> <p>Voluntary Varsity Scouting Report Meeting 6:30pm</p>	<p><b>21</b> Varsity Lift 7:00—8:00am Meetings 8:20—8:45am Walk Thru—3:15—3:35 Practice: 3:45—4:45</p> <p>9th Grade @ YUKON 5:30pm JV Game @ YUKON 7:00pm</p>	<p><b>22</b> <b>9th Grade Lift</b> 7:15am</p> <p>Varsity 0 HOUR MEETINGS 7:30—8:30 Walk Thru—3:15—3:35 Practice: 3:45—6:00</p>	<p><b>23</b> Varsity Lift 7:00—8:00am Meetings 8:20—8:45am</p> <p>Walk Thru—3:15—3:35 Practice: 3:45—6:00</p>	<p><b>24</b> <b>9th Grade Lift</b> 7:15am</p> <p>0 HOUR MEETINGS 7:30—8:30</p> <p>Kick the Field 3:15—4:15</p>	<p><b>25</b> Varsity Game Day Lift 7:15am—8:15am</p> <p>Varsity Game @ Mustang 7:00pm—Away</p>	<p><b>26</b></p> <p>PLAYERS OFF</p>
<p><b>27</b></p> <p>Voluntary Varsity Scouting Report Meeting 6:30pm</p>	<p><b>28</b> Varsity Lift 7:00—8:00am Meetings 8:20—8:45am Walk Thru—3:15—3:35 Practice: 3:45—4:45</p> <p>9th Grade vs Mustang 5:00pm JV Game @ Mustang 7:00pm</p>	<p><b>29</b> <b>9th Grade Lift</b> 7:15am</p> <p>Varsity 0 HOUR MEETINGS 7:30—8:30 Walk Thru—3:15—3:35 Practice: 3:45—6:00</p>	<p><b>30</b> Varsity Lift 7:00—8:00am Meetings 8:20—8:45am</p> <p>Walk Thru—3:15—3:35 Practice: 3:45—6:00</p>	<p><b>1</b> <b>9th Grade Lift</b> 7:15am</p> <p>0 HOUR MEETINGS 7:30—8:30</p> <p>Kick the Field 3:15—4:15</p>	<p><b>2</b> Varsity Game Day Lift 7:15am—8:15am</p> <p>Varsity Game Vs Owasso 7:00pm—Home</p>	<p><b>3</b></p> <p>PLAYERS OFF</p>





# OCTOBER 2020



**THE HARDEST WORKING, BEST CONDITIONED, AND MOST DISCIPLINED TEAM IN OKLAHOMA!**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Varsity Game Day Lift 7:15am—8:15am  Varsity Game Vs Owasso 7:00pm	3  <i>PLAYERS OFF</i>
4  Voluntary Varsity Scouting Report Meeting 6:30pm	5 Varsity Lift 7:00—8:00am Meetings 8:20—8:45am Walk Thru—3:15— 3:35 Practice: 3:45—5:45  9th Grade and JV NO GAMES	6 9th Grade Lift 7:15am Varsity 0 HOUR MEETINGS 8:00—8:40 Walk Thru—3:15— 3:35 Practice: 3:45—6:00	7 Varsity Lift 7:00—8:00am Meetings 8:20—8:45am  Walk Thru—3:15— 3:35 Practice: 3:45—6:00	8 Fall Break  Varsity Kick the Field 10:00am  Freshmen Practice TBA	9 Fall Break Varsity Game Day Lift 8:00am—9:00am  Varsity Game @ Moore 7:00pm	10  <i>PLAYERS OFF</i>
11  Voluntary Varsity Scouting Report Meeting 6:30pm	12 Varsity Lift 7:00—8:00am Meetings 8:20—8:45am Walk Thru—3:15— 3:35 Practice: 3:45—4:45  9th Grade vs Moore 5:00pm JV Game vs Moore 7:00pm	13 9th Grade Lift 7:15am Varsity 0 HOUR MEETINGS 8:00—8:40 Walk Thru—3:15— 3:35 Practice: 3:45—6:00	14 Varsity Lift 7:00—8:00am Meetings 8:20—8:45am  Walk Thru—3:15— 3:35 Practice: 3:45—6:00	15 9th Grade Lift 7:15am 0 HOUR MEETINGS 7:30—8:30  Kick the Field 3:15—4:15	16 Varsity Game Day Lift 7:15am—8:15am  Varsity Game Vs Putnam City (Homecoming) 7:00pm	17  <i>PLAYERS OFF</i>
18  Voluntary Varsity Scouting Report Meeting 6:30pm	19 Varsity Lift 7:00—8:00am Meetings 8:20—8:45am Walk Thru—3:15— 3:35 Practice: 3:45—4:45  9th Grade @ PC 5:00pm JV Game @ PC 7:00pm	20 9th Grade Lift 7:15am Varsity 0 HOUR MEETINGS 8:00—8:40 Walk Thru—3:15— 3:35 Practice: 3:45—6:00	21 Varsity Lift 7:00—8:00am Meetings 8:20—8:45am  Walk Thru—3:15— 3:35 Practice: 3:45—6:00	22 9th Grade Lift 7:15am 0 HOUR MEETINGS 7:30—8:30  Kick the Field 3:15—4:15	23 Varsity Game Day Lift 7:15am—8:15am  Varsity Game @ Tulsa Union 7:00pm	24  <i>PLAYERS OFF</i>
25  Voluntary Varsity Scouting Report Meeting 6:30pm	26 Varsity Lift 7:00—8:00am Meetings 8:20—8:45am Walk Thru—3:15— 3:35 Practice: 3:45—4:45  9th Grade vs SF 6:00pm JV Game @ Mustang 6:00pm	27 9th Grade Lift 7:15am Varsity 0 HOUR MEETINGS 8:00—8:40 Walk Thru—3:15— 3:35 Practice: 3:45—6:00	28 Varsity Lift 7:00—8:00am Meetings 8:20—8:45am  Walk Thru—3:15— 3:35 Practice: 3:45—6:00	29 9th Grade Lift 7:15am 0 HOUR MEETINGS 7:30—8:30  Kick the Field 3:15—4:15	30 Varsity Game Day Lift 7:15am—8:15am  Varsity Game vs Edmond North 7:00pm	31  <i>PLAYERS OFF</i>



# NOVEMBER 2020

**THE HARDEST WORKING, BEST CONDITIONED, AND MOST DISCIPLINED TEAM IN OKLAHOMA!**



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b>  <i>Voluntary Varsity Scouting Report Meeting 6:30pm</i>	<b>2</b> Varsity Lift 7:00—8:00am Meetings 8:20—8:45am Walk Thru—3:15— 3:35 Practice: 3:45—4:45  <div style="border: 1px solid green; padding: 2px;">9th Grade @ EN 5:00pm</div>	<b>3</b> <b>9th Grade Lift 7:15am</b> Varsity 0 HOUR MEETINGS 8:00—8:40 Walk Thru—3:15— 3:35 Practice: 3:45—6:00	<b>4</b> Varsity Lift 7:00—8:00am Meetings 8:20—8:45am  Walk Thru—3:15— 3:35 Practice: 3:45—6:00	<b>5</b> <b>9th Grade Lift 7:15am</b> 0 HOUR MEETINGS 7:30—8:30  Kick the Field 3:15—4:15	<b>6</b> Varsity Game Day Lift 7:15am—8:15am  <div style="border: 1px solid green; padding: 2px;">Varsity Game vs Southmoore 7:00pm</div>	<b>7</b>  <i>PLAYERS OFF</i>
<b>8</b>  <i>Voluntary Varsity Scouting Report Meeting 6:30pm</i>	<b>9</b> Varsity Lift 7:00—8:00am Meetings 8:20—8:45am Walk Thru—3:15— 3:35 Practice: 3:45—4:45	<b>10</b> Varsity 0 HOUR MEETINGS 8:00—8:40 Walk Thru—3:15— 3:35 Practice: 3:45—6:00  <div style="border: 1px solid green; padding: 2px;">9th Grade X Bowl TBD</div>	<b>11</b> Varsity Lift 7:00—8:00am Meetings 8:20—8:45am  Walk Thru—3:15— 3:35 Practice: 3:45—6:00	<b>12</b> 0 HOUR MEETINGS 7:30—8:30  Kick the Field 3:15—4:15	<b>13</b> Varsity Game Day Lift 7:15am—8:15am  <div style="border: 1px solid green; padding: 2px;">Varsity Game Playoffs RD #1 7:00pm</div>	<b>14</b>  <i>PLAYERS OFF</i>
<b>15</b>  <i>Voluntary Varsity Scouting Report Meeting 6:30pm</i>	<b>16</b> Varsity Lift 7:00—8:00am Meetings 8:20—8:45am Walk Thru—3:15— 3:35 Practice: 3:45—4:45	<b>17</b> Varsity 0 HOUR MEETINGS 8:00—8:40 Walk Thru—3:15— 3:35 Practice: 3:45—6:00	<b>18</b> Varsity Lift 7:00—8:00am Meetings 8:20—8:45am  Walk Thru—3:15— 3:35 Practice: 3:45—6:00	<b>19</b> 0 HOUR MEETINGS 7:30—8:30  Kick the Field 3:15—4:15	<b>20</b> Varsity Game Day Lift 7:15am—8:15am  <div style="border: 1px solid green; padding: 2px;">Varsity Game Semi-Finals @ 7:00pm</div>	<b>21</b>  <i>PLAYERS OFF</i>
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
Schedule will be determined when we get to this week						
THANKSGIVING BREAK						
<b>29</b>	<b>30</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
Schedule will be determined when we get to this week						
					<div style="border: 1px solid green; padding: 2px;">Varsity Game State Championship</div>	