

COACH SPOTLIGHT**Bruce Mansur**

10U/12U/14U House Coach



Bruce Mansur moved to North Carolina about two years ago after his wife said she had enough of the Lincoln, Nebraska winters. Bruce is originally from Stillwater, Oklahoma and was raised in Colorado. Bruce has four grown children spread all over the country. 17 years ago he started coaching for his sons' travel team. Once his boys began playing at the high school level Bruce continued coaching in Lincoln's House program. He is a Level 5 USA Hockey Coach and has coached all levels of hockey through the high school level. All the years of coaching has shown him that the best programs work hard to grow the foundation of Rec (House) hockey and he hopes to help grow those programs here at Cape Fear. If you don't see him at the rink you can be sure he's out riding his bicycle at incredible speed and altitude.

MESSAGE FROM THE PRESIDENT

What a great start it has been to Cape Fear's 2021-2022 hockey season! Interest in the Warrior program is at an all-time high thanks to a new marketing initiative that includes community outreach, new advertisements, and a focus on social media. We are also excited to welcome many new volunteers and coaches and appreciate their enthusiasm towards developing our young athletes. This association runs on volunteers, so please see and consider the opportunities listed in this newsletter. Thank you to all the parents, coaches, and volunteers for your continued support.

- Christopher Boss, CFYHA President

CFYHA COVID-19 POLICY

- *CFYHA will follow CDC, NC Health Department, and Fort Bragg COVID-19 guidelines.
- *All players, coaches, volunteers, and spectators inside the rink will adhere to the local county and Fort Bragg mask mandate of wearing a mask inside any building, including those located on Fort Bragg. **As per the current Fort Bragg policy, this includes both on and off the ice.** When CFYHA are guests at other facilities we will adhere to their state and local laws and regulations.
- *If a player, coach, or other volunteer associated with CFYHA tests positive for COVID-19 or has symptoms consistent with COVID-19 we ask that they follow CDC guidelines and self-isolate for 10-14 days. As with any illness, they should not return to team-sanctioned events until they are symptom-free.
- *Affected individuals must notify a CFYHA representative, such as a coach or board member, immediately. Upon CFYHA being notified of such an incident, a representative will inform those who had possible contact with the aforementioned individual, while maintaining confidentiality as required by the Americans with Disabilities Act (ADA) and other applicable laws and regulations.
- *Please refer to the CDC website for the latest on recognizing COVID-19 symptoms and guidelines for quarantine vs self-isolation. <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/index.html>

TRY HOCKEY FOR FREE!

Do you know someone interested in hockey? On Nov 6th Cape Fear is hosting a Try Hockey For Free event from 8:00–10:00 am at Cleland Ice Rink for ages 4–9 years old! No experience necessary! Athletes will be on the ice with certified coaches and instructors who are there to help players of all abilities and show them how FUN hockey is for everyone. Please spread the word to your friends, schools, work places, and neighbors! Let's make this the biggest turnout EVER! For more information, please contact Jasen Rintala at recreationalhockeycoordinator@capefearhockey.com

LET'S PLAY SOME HOCKEY!

This season is off to a great start with our travel teams getting ready to compete, our house leagues showing great growth, and welcoming lots of new Warriors in our Learn to Play Program. It's great to see everyone back on the ice! Registration for our next six week session of Learn to Play will open on Oct 15th on the Cape Fear Website. If you have any questions about registering for any of our programs, please feel free to email registrar@capefearhockey.com.

VOLUNTEERING

Are you interested in volunteering? CFYHA runs on volunteers who are needed for score keeping, clock/scoreboard, penalty box attendant, and more. No experience necessary and training will be provided. Val Detweiler is hosting two volunteer workshops (Oct 12th and 13th). There will be a SignUpGenius link listed on the Volunteer section of the CFYHA website. If you have any questions feel free to reach out to Shanelle Harris vicepresident@capefearhockey.com. Please be sure to send your volunteer USA Hockey Number, SafeSport Certificate, and background check receipt to registrar@capefearhockey.com so that we can roster you. Thank you to all of our players and parents for your support and to our volunteers who have completed their certifications, we couldn't have a hockey season without you!

FUNDRAISING

It's time to order your CFYHA swag! We have a new supplier this year and will be offering t-shirts and hoodies. Orders will be accepted until Oct 20th. Please return cash and your order form to your team manager or Jordan Boss. If you have any questions please contact Jordan directly at (717) 471-9732 or jordanrboss@hotmail.com. Delivery is expected to be three weeks after orders are collected.

We have a tentative date for our first restaurant fundraising night. Please join us by stopping by Panera Bread at 1933 Skibo Rd, Fayetteville, NC 28314 on Nov 15th from 4:00–8:00 pm. CFYHA will earn 20% of sales if you show them the fundraising flyer which will be sent out with our next newsletter.

TIPS FOR YOUNG HOCKEY PLAYERS

1. Always be on time for practice.
2. Have your player pack and prepare their own hockey bag.
3. Have your player carry their own bag and stick.
4. Teach them to dress themselves and tie their own skates.
5. Tell your player you love watching them play.

Did You Know...

Public Skate is ONLY \$5 for Cape Fear Skaters!!!

Mon/Wed/Fri = 11:30 am–1:30 pm; Tues = 3:00–5:00 pm

Fri = 7:30–10:00 pm; Sun = 2:30–5:00 pm

Sat = 3:00–5:30 pm and 6:30–9:00 pm

Youth Skate & Shoot (\$12/player)

Sat (5–12 years) = 1:00–2:30 pm

Sun (13–17 years) = 12:00–2:00 pm

E-mail ideas, questions, and concerns to: secretary@capefearhockey.com

Visit the Warriors Official Website: www.CapeFearHockey.com

MARKSMEN GAMES

Assigned teams for the upcoming Marksmen games:

8U Rec	11/07 at 3:00 pm
10U Travel	11/20 at 6:00 pm
8U Dev	12/05 at 3:00 pm
10U Rec	01/08 at 6:00 pm
12U Rec	TBA

Happenings



We had a great time celebrating Tim Diffin at the Fort Bragg Harley Davidson memorial event on Sept 25th. We shared our love for hockey and collected donations to raffle Marksmen tickets, open skate passes and a BOGO to Clay Target Center on Fort Bragg. The raffle is open until Oct 16th; to enter please see Katie Burgess.

UPCOMING

10/06	7:00–8:00 pm	Board of Directors Meeting
10/12	5:30–6:30 pm	Volunteer Workshop
10/13	6:00–7:30 pm	Volunteer Workshop
		A SignUpGenius will be posted on the Volunteer section of www.CapeFearHockey.com
10/15	4:00–7:00 pm	Benhaven Elementary Community Fair Come join us at our vendor table at the fair for a fun night of games, food, and raffles.
10/16		Raffle closes
10/20	7:00–8:00 pm	Board of Directors Meeting
10/20		CFYHA t-shirt orders due
11/06	8:00–10:00 am	Try Hockey For Free event
11/15	4:00–8:00 pm	Panera Bread Fundraising Night