

Bismarck Hockey Boosters

COVID-19 Guidelines

1. Skaters, parents/guardians and coaches should conduct daily symptom assessments prior to participating in any activities associated with Bismarck Hockey Boosters.

You may not enter the facility or participate in any BHB activity if you have ANY of the following symptoms: fever (100.4°F or higher) **OR loss of taste and/or smell **OR** if you have two (2) or more of the following symptoms: fatigue, headache, muscle/body aches, chills, cough, shortness of breath, sore throat, congestion/runny nose, nausea, vomiting, diarrhea, abdominal pain.**

2. If an individual who participates in a Bismarck Hockey Booster activity is confirmed positive for COVID-19, the individual must immediately remove themselves from participation in any BHB activity and inform Bismarck Hockey Boosters of the positive test and the following protocols must be followed:
 - a) Individual shall immediately isolate and follow any recommendations from the State Health Department (NDDOH).
 - b) An individual who has tested positive may resume participation in BHB activities providing they have completed the minimum isolation period as directed by the NDDOH, symptoms have improved and have remained fever free for at least 24 hours without the use of fever reducing medication prior to resuming BHB activities.
3. Close contacts are asked to follow the NDDOH guidelines based on their status at the time of exposure.
4. All participants including spectators participating in BHB activities will follow all facility guidelines.
5. One (1) parent or guardian will be allowed in the locker room per Mite and Termite player.
6. All spectators, coaches and players should practice social distancing as much as practical.
7. Skaters shall bring their own water bottles for their own personal use only.
8. Skaters, parents/guardians, and coaches are participating in activities through Bismarck Hockey Boosters at their own risk. No player, parents/guardians, or coaches shall hold Bismarck Hockey Boosters accountable if they contract COVID-19 while attending an activity of Bismarck Hockey Boosters.

These guidelines were written, reviewed and approved by the Bismarck Hockey Boosters Board of Directors



AJ Emter BHB President

September 23, 2021

