

Kennesaw Mountain Mustangs

Junior Cheerleading



2019 Tryout Information Packet

Last updated: April 9th 2019

Enclosed you will find tryout information for rising sixth, seventh and eighth grade students in the Kennesaw Mountain High School District that wish to be considered for the 2019 Kennesaw Mountain Cheerleading (KMHS Jr.) program.

KMHS Jr. 2019 Tryout Dates:

Attendances of tryout days are MANDATORY to be considered for squad selection.

Monday April 22th

6:00pm – 7:30pm

*Registration (tryout packet due) and day 1 of instructional clinic

Tuesday April 23rd

6:00pm – 7:30pm

*Day 2 of instructional clinic

Wednesday April 24th

6:00pm – 7:30pm

*Day 3 – tryout

*If there is a required school function that your child must attend or a prior required commitment on any of the above-mentioned tryout dates, please contact Melissa Bruck, KMHS Jr. Cheer Board Representative melissabruck@bellsouth.net prior to submitting your packet.

PLEASE DO NOT CALL THE HIGH SCHOOL AND/OR MIDDLE SCHOOL WITH QUESTIONS REGARDING TRYOUTS AND/OR SQUAD PLACEMENT. THE SCHOOLS ONLY SERVE AS AN ADVISORY POSITION TO THE KENNESAW MTN. HIGH SCHOOL CHEERLEADING BOOSTERS BOARD OF DIRECTORS.

Tryout Location:

Kennesaw Mountain High School Small Gym

Tryout Dress Code:

- Cheer shorts
- White T-Shirt or White Tank Top with NO LOGO's or anything printed or embroidered on them. Bra Straps should NOT be visible.
- Hair needs to be up in a ponytail or a half up with a coordinating bow or ribbon.

Tryout General Information:

Parents and Candidates should discuss the candidate's decision and consider the financial and time requirements involved with each squad. Being selected as a part of the KMHS Jr. Cheer program is a privilege that requires commitment.

Eligibility

Candidates for tryouts must reside in the Kennesaw Mountain High School (KMHS) attendance zone and be eligible to attend KMHS according to the Cobb County Board of Education attendance policies. If numbers allow, three sideline squads will be selected and one competition squad will be selected. Tryout results will determine the exact number of cheerleaders per squad. A goal of a maximum of approximately 14 to 20 cheerleaders per grade has proven to be a successful guideline. **Any previous cheerleader with a past due balance will be ineligible to tryout until all past due fees are paid in full.**

Sideline Squads

Candidates will be selected from each of the fifth, sixth and seventh grades for the following school year. Upcoming sixth grade students will be placed on the 6th grade squad; upcoming seventh grade students will be placed on 7th grade squad; upcoming 8th grade students will be placed on the eighth grade squad determined by the numbers of girls who tryout. Students selected for squads will be required to cheer during football season and football playoffs (if applicable).

Competition Squad

The Competition Squad is based on the candidate's individual tryout. There will be one competition squad; it will be composed of members from the 6th, 7th, and 8th grade football squads. There may or may not be designated alternates.

Safety is a priority and therefore the coaches will determine which members of the squad compete at each competition. If a cheerleader is missing due to injury, etc. it is up to the Coaches and Executive Boards discretion to determine whether to proceed with one less member, cancel the squads attendance at the competition, or bring in a cheerleader from another squad (if that cheerleader/her parents agree). Cheerleaders accepting this position will cheer football **AND** competition.

Basketball Squad

A separate tryout for basketball cheer will be held in late fall. Costs and details will be outlined on the website.

Basic skills required for all squads:

- Ability to listen to and follow instructions
- Cheer motion knowledge and skill (overall precision and execution)
- Overall spirit and projection (voice volume in cheering and being able to lead a group by calling a cheer/chant and being loud)
- Rhythm in dancing (must be able to dance to a song with the correctly taught motions and stay on count)
- Learning memory (must be able to learn multiple cheers and dance motions and memorize them, then be able to perform them in front of an audience)

- Jump knowledge and skill (should be able learn and then be able to prep and complete a jump. Sideline Squad: two jumps consisting of a toe touch and one other jump. Competition Squad: three jumps)
- combo (pike, front hurdler or side hurdler and toe-touch)
- Cheer and Chant (taught at tryout clinic)
- Dance (taught at tryout clinic)
- Tumbling (optional for sidelines but required for competition. Candidates will want to show any and all tumbling they have (back-handspring, tuck, etc.)

General Information regarding squad selection:

Each Candidate will perform before a panel of at least three judges. Candidates will be selected based on the following:

- highest total scores received from all judges
- conduct and grade requirements attained
- acceptable prior conduct and grade requirements in the Kennesaw Mountain Jr. Cheerleading program (if applicable)

Selection and notification process

Candidates that have been selected for 2019 KMHS Jr. Cheer squads will be posted by squad and by tryout number on the KMHS CHEER web page:

<http://kmhscheer.com/index.html>

The JUDGES DECISION WILL BE FINAL regarding selection. Any questions will need to be directed to Alissa Mislow, KMHS Cheer Coach.

alissa.mislow@cobbk12.org

2019 Sideline Squads:

Should be posted by Saturday, April 27th, 7pm EST

2019 Competition Squad:

Should be posted by Saturday, April 27th, 7pm EST

KMHS JR. 2019 Estimated Costs

All costs are projected and represent estimated cost. Payment schedules will be provided to selected cheerleaders after the squad has been chosen. **Fees are non-refundable.**

Estimated Parent Total Cost for Sideline Cheerleader:

The 2019 estimated Parent cost for a **sideline cheerleader** (will need all items) is **\$700.00**. This amount will be divided into four installment payments of **\$175.00 for each payment**. **Additional \$100 assessed for late tryout/addition.**

Estimated Parent Total Cost for Competition Squad Cheerleader:

The 2019 estimated cost for a competition cheerleader is **\$725.00**. This amount will be divided into four installment payments of **\$181.25 for each payment (in addition to sideline fees***)**.

Please see below for additional information on detailed costs.

Estimated Detailed Costs for all Cheerleaders:

A detailed budget will be presented to Booster Club Members. All costs are projected and represent estimated costs.

- **Operating Expense Fee:** Fees to cover the following organizational expenses: expenses incurred for coaching fees (tuition), photography, homecoming activities, holiday events, equipment expenses and the year-end banquet.
- **Uniform, Apparel and Accessories:** Uniform rental, bloomers, shoes, warm-ups or sweatshirt, sideline bag, sideline bow, sideline practice / camp wear, PomPom rental, and Seasonal Items (special event items).

Estimated Costs for Competition Squad

- **Competition Instruction and Gym Fees:** Competition Practices held by Stingrays coach
- **Competition Uniform:** competition shoes, competition bow, and competition shirt
- **Competition Music, Choreography & Camp:** Choreography camp will be held at the Stingray Gym TBD (Competition Camp is **MANDATORY**)
- **Competition Fees:** Entry fees for team competitions
- **Competition Gifts / Food:** gifts for each competition cheerleader after competition and snacks prior to competition.

KMHS Jr. Cheer Fee Payments Expectation:

All Cheer Fees are preferred to be paid in full on fitting day: however, for your budgeting planning KMHS Jr. Cheer Program does offer a four (4) easy installment plan.

Payment Due Date	Payment Amount Due
May 3 rd	¼ of total Balance
June 3 rd	¼ of total Balance
July 3 rd	¼ of total Balance
August 3 rd	¼ of total Balance

All fees will be set on a monthly payment schedule. The Board will have accruing expenses that must be paid on time. The payment schedule is set up to be completely paid off by August 3rd, 2019. **There will be a late fee of \$25 assessed for each late payment.** Please note: **If payments are not being made it WILL result in orders not being placed for the cheerleader and/or suspension from participation. Fees are non-refundable.**

Uniform and Apparel Fitting Info:

Uniform and apparel fittings will be TBD.

An order sheet will be completed for each cheerleader, which will be signed by the parent and cheerleader.

2019 KMHS Jr. Cheer Tryout Checklist

** Before returning your cheerleading packet, go through this Checklist to be certain you have enclosed everything:

- ___ Completed Cheerleading Emergency Information
- ___ Signed Explanation of Inherent Risks for Cheerleading
- ___ Academic Standing Form signed by teacher
- ___ Copy of most recent report card printed from Pinnacle System for current middle school students OR most recent 2019 report card for rising 6th graders
- ___ Try-out Agreement AND Try-out Consent / Release Form

KMHS Jr. Cheer 2019Emergency Student Information Form

Student Name: _____ **Student Birthdate:** _____

Home Address: _____

Parent E-Mail: _____

Student Email: _____ Student cell number: _____

Mother's Name: _____ Mother's Contact number: _____

Father's Name: _____ Father's Contact number: _____

Present School: _____ Present Grade Level: _____

2019-2020 School: _____

Emergency Contact Name (other than mother /father): _____

Emergency Contact Phone Number: _____

Allergies: _____

Health or Behavioral Concerns: _____

Insurance Information:

Insurance Company: _____ Policy Number: _____

Membership Services Telephone #: _____ Group Number: _____

Policy Holder: _____

I attest that the above information is true to the best of my knowledge and agree to update this information throughout the schoolyear as necessary for the safety of my child.

Parent Signature: _____

Date: _____

Tryout Agreement:

(Candidate Name) _____ wishes to be considered for the following KMHS Jr. Cheer sideline squad (please indicate squad below).

_____ 6th grade squad _____ 7th grade squad _____ 8th grade squad

My candidate wishes to be considered for the KMHS Jr. Competition Squad, pending selection to the 2019KMHS Jr. Cheer sideline squad.

Tumbling skills are required for placement on the competition squad. **A minimum back-handsprings preferred.** I am aware and my candidate is aware and we understand that there are preferred skills for the competition squad.

_____ Yes - candidate would like to be considered for competition squad

_____ No – candidate does NOT wish to be considered for competition squad

Refund Policy
Fees are nonrefundable.

Tryout Consent and Release:

I, as the parent/guardian of the cheerleader candidate (listed below), give consent for my child to participate in the KMHS Jr. Cheer tryouts, sponsored and conducted by Kennesaw Mountain Junior Cheerleading Program.

I understand that my candidate must agree to abide by all tryout rules and abide by the decision of the judges as final.

I agree to accept all financial and transportation responsibilities, if the candidate should be chosen to participate on the KMHS Jr. Cheer squad(s).

I understand that if my child is selected as a cheerleader and is later dismissed from the squad for any reason, there will be no financial restitution for payments made to the KMHSCBC.

I confirm that my child lives in the Kennesaw Mountain High School district and is eligible to attend Kennesaw Mountain High School based on the county Attendance Policy.

Student Name: _____

Parent/Legal Guardian Signature: _____

Date: _____

Explanation of Inherent Risks for Cheerleading

Cheerleading is an exciting, time-consuming sport that involves flyers, bases and spotters. Flyers are lifted into stunts by the bases, with the safety-oriented spotter when needed. Bases and spotter are responsible for catching the flyers when the stunts come down.

Cheerleading also requires forceful motions, tumbling, voice projection and jumping. The cheering area varies from one location to another, inside or outside. Because of the conditions inherent to the sport, participating in cheerleading exposes an athlete to many risks of injury. Those injuries include, but not limited to, back injuries, neck injuries, bone injuries, ligaments, joints and tendons. Such injuries can result not only in temporary loss of function, but also in serious impairment of future physical, psychological and social abilities.

In an effort to make cheerleading as safe as can be, the coaching staff will instruct athletes concerning the correct techniques for stunts and rules of cheerleading. It is vital that athletes follow the coach's skill instructions, training rules and team policies to decrease the possibility of serious injury.

We have read the information above concerning the risks of cheerleading. We understand and assume all risks associated with trying out, practicing and or cheering at games and competitions. In signing this form, we assume the inherent risk of cheerleading and waive future legal action by our heirs, estate, executor, administrator, assignees, family members and ourselves.

Date _____

Signature of Athlete _____

Signature of Mother _____
(or legal guardian)

Signature of Father _____
(or legal guardian)

Academic Standing Statement

Student _____

Current
School _____

Current Grade Level _____

At this time, the above-mentioned student is in acceptable academic standing, as well as maintaining acceptable conduct.

Teacher Signature:

Date _____