



West Bend East High School

Department of Athletics

1305 E. Decorah Road

West Bend, Wisconsin 53095

Athletic Director – Molly Hengst

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WIAA Track & Field Sectionals

PARTICIPATING SCHOOLS:

Boys Teams: Beaver Dam, Cedarburg, Fond du Lac, Hartford Union, Manitowoc Lincoln, Menasha, Neenah, Oshkosh North, Oshkosh West, Port Washington, Sheboygan North, Sheboygan South, Slinger, Watertown, West Bend East and West Bend West

Girls Teams: Beaver Dam, Cedarburg, Fond du Lac, Hartford Union, Manitowoc Lincoln, Menasha, Neenah, Oshkosh North, Oshkosh West, Port Washington, Sheboygan North, Sheboygan South, Slinger, Watertown, West Bend East and West Bend West

DATE / LOCATION: Thursday, May 26th / Carl Pick Memorial Field – West Bend High School

[Please reference the WIAA Tournament Procedures](#)

ADMISSIONS: \$7.00 (\$1.00 Children under 6)

TIMES:	2:15 P.M.	Track Opens
	2:30 P.M.	Weigh Ins for Shot Put and Discus (South End of Concession Stand)
	3:00 P.M.	Pole Vault Verification and Warm-ups begin
	3:30 P.M.	Coaches Meeting South End of Concession Stand
	4:00 P.M.	Field Events Begin
	4:30 P.M.	Wheelchair Event (if needed)
	4:45 P.M.	Running Events begin

POLE VAULT: Verification and warm-ups for pole vault will begin at 3:00pm. Be sure to present a certified weight sheet dated after May 16, 2022.

BUSES: After drop off, buses may park in the softball/soccer parking lot on the corner of HWY G and Decorah Road (East of school). After 4:00 pm, buses may then line up along the driveway in the West Parking Lot. **Please note school lets out and buses depart around 2:30-2:35.**

AWARDS: WIAA State Qualifying Medals will be presented to the top 3 athletes in the infield. A team plaque from the WIAA will be awarded to the First Place team champion for the Boys and Girls.

ENTRIES: Top 4 athletes from each regional will be entered by seed. Please verify your athletes and contact the WIAA for any issues that may arise.

OFFICIALS: Tom Bock (Meet Referee), Don McNaughton (Starter), Tom Johnson (Starter), and Paul Amundson (Field)

JURY OF APPEALS: Port Washington Boys Head Coach, Oshkosh West Girls Head Coach, Alternate: Fond du Lac Boys Head Coach, second alternate: Sheboygan North Girls Head Coach.

LOCKER ROOMS: Locker rooms will ***not*** be available – please dress appropriately. Bathrooms will be available.

MEET MANAGER: Tom Hoogester – West Bend East Boys Head Track Coach (thoogester@wbsd-schools.org) or (262) 339-3984.

TRAINER: A certified athletic trainer will be available throughout the meet located in the south team room attached to the concession stand.

CONCESSIONS: Concessions will be available.

TENTS: Tents will be set up in the east field adjacent to the track (near the East sheds). NO TENTS WILL BE ALLOWED IN THE STADIUM.

T-Shirts & Programs: Will be available for purchase.

WIAA Sectionals - Time Schedule

2:15	Track Opens
2:30	Weigh in for Shot & Discus (south team room attached to concession stand)
3:00	Coaches meeting in the south team room attached to the concession stand
3:00	Boys Pole Vault Check Ins and warm – ups
4:00	Field Events begin (see schedule below)

4:45 RUNNING EVENTS – All Timed Finals

Time schedule pulled from the WIAA Tournament Regulations.

Time schedule will be adjusted if CoED wheelchair is contested.

1600 Meter CoEd Wheelchair (if contested)

4:45pm: Girls 3200 Meter Relay

5:00pm: Boys 3200 Meter Relay

- *Break of 30 Minutes* -

5:40pm: Girls 100 Meter High Hurdles Finals

5:47pm: Boys 110 Meter Hurdles

100 Meter CoEd Wheelchair (if contested)

5:52pm: Girls 100 Meter Dash Finals

6:00pm: Boys 100 Meter Dash Finals

6:05pm: Girls 1600 Meter Run

6:15pm: Boys 1600 Meter Run

6:25pm: Girls 4x200 Meter Relay

6:30pm: Boys 4x200 Meter Relay

400 Meter CoEd Wheelchair (if contested)

6:35pm: Girls 400 Meter Dash

6:40pm: Boys 400 Meter Dash

6:45pm: Girls 4x100 Meter Relay

6:50pm: Boys 4x100 Meter Relay

6:55pm: Girls 300 Meter Low Hurdles

7:00pm: Boys 300 Meter Intermediate Hurdles

7:10pm: Girls 800 Meter Run

7:15pm: Boys 800 Meter Run

800 Meter CoEd Wheelchair (if contested)

7:20pm: Girls 200 Meter Dash Finals

7:25pm: Boys 200 Meter Dash Finals

7:30pm: Girls 3200 Meter Run

7:45pm: Boys 3200 Meter Run

8:00pm: Girls 4x400 Meter Relay

8:10pm: Boys 4x400 Meter Relay

High Jump: Two Pits (Boys - West Side and Girls East Side). Starting heights will be determined after seeding is released. Two increments down from the 8th place person. The bar must be raised two inches each time until six competitors remain. The bar thereafter will be raised one inch each time.

Pole Vault: Boys will vault first. Starting heights will be determined after seeding is released. Two increments down from the 8th place person. Bar must be raised six inches each time until six competitors remain. The bar thereafter will be raised three inches each time.

Shot Put: Girls Throw First. Three throws (3). Top 8 will advance to the final where three additional throws will be given. 1-1-1 format. 15 minutes of warm-up between trials and finals.

Discus: Boys Throw First. Three throws (3). Top 8 will advance to the final where three additional throws will be given. 1-1-1 format. 15 minutes of warm-up between trials and finals.

Long Jump: Girls Jump First. Prelims will run open pit format for 60 minutes. Three jumps (3) in the trials. Finals will be conducted in a reverse order format. 3 additional jumps will be given to all finals participants.

Triple Jump: Boys Jump First. Prelims will run open pit format for 60 minutes. Three jumps (3) in the trials. Finals will be conducted in a reverse order format. 3 additional jumps will be given to all finals participants.