



Inspiring Kids to Become LIFE CHAMPIONS!

2025-2026 Recreational Dance Program HANDBOOK

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You will receive the quickest response time from a Customer Care Representative either via email or phone call.



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RECREATIONAL DANCE PROGRAM IMPORTANT DATES 2025-2026

SEPTEMBER

September 1: CLOSED – Labor Day
September 2: Recreational Recital Season Classes Begin

OCTOBER

October 24-30: Halloween Parties in Class
October 31: Jam Hops CLOSES at 4:00 PM

NOVEMBER

November 1: 1st Costume Fee billed with Nov. tuition
November 8: JHDCo. Community Service Project, 10:00 AM-Noon
November 17-22: Costume Measurements in Class
November 27-30: CLOSED – Thanksgiving
November 30: Recreational Recital Season
REGISTRATION DEADLINE

DECEMBER

December 1: 2nd costume fee billed with Dec. tuition
December 13-19: Holiday Parties in Class
December 24-January 4: CLOSED – Winter Break

JANUARY

January 1-4: CLOSED – Winter Break
January 5: Recreational/Recital Dance Classes Resume

FEBRUARY

February 7, 14, 21, & 28: Spring Dance Session- (*tentative dates*)
February 7-13 - Valentine Handouts in Class

MARCH

March 7, 14, 21, & 28: Spring Dance Session- (*tentative dates*)
Jam Hops will remain open throughout all School Districts' Spring Breaks

APRIL

April 1: \$50 Recital fee billed with April tuition
April 5: CLOSED – Easter
April 26: Picture Day

MAY

May 1: One week of June tuition will be billed with May tuition
May 23-25: CLOSED – Memorial Day Weekend
May 30: Award Week Begins

JUNE

June 1-5: Award Week Continues
June 6 and 7: Dress Rehearsal & Recital Weekend: NO CLASSES
June 22: Summer Dance Session Starts: Six Week Session

JULY

July 2-5: CLOSED – Independence Day
July 6-9 & 13-16: Competition Intensives and Auditions
July 29: Summer Dance Session Ends: Six Week Session

AUGUST

August 3: New Competitive Dance Season Begins

2025-2026 RECREATIONAL DANCE SCHEDULE

This schedule is also available in the [Recreational Dance Section](#) on the Jam Hops website.



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Jam Hops Dance Company 2025-2026 RECREATIONAL DANCE HANDBOOK

Welcome to the 2025-2026 Jam Hops Dance Company season! We are honored and excited to have you and your dancer(s) join us!

JAM HOPS MISSION STATEMENT

At Jam Hops we intentionally focus on developing the character and self-esteem of kids. We believe in helping each child become a LIFE CHAMPION!

RECREATIONAL DANCE PROGRAM GOALS

Our recreational program is designed to give ALL children and adults an opportunity to learn about the art of dance. Classes cater to dancers of all levels and ages. Led by enthusiastic and professional instructors, Jam Hops dancers are provided with excellent technical instruction, inspired to express their artistic voice by celebrating their individuality, and encourage their personal growth by providing a safe, encouraging learning environment. Through these priorities, by using positive reinforcement, we strive to develop happy, confident, and successful individuals and dancers.

KIDZ OF KARACTER

At Jam Hops we believe in the value of teaching life skills to children. Our Kidz of Karacter program is designed to help teach life skills to children in a fun and interactive way. Each month, a different life skill is introduced in all Jam Hops programs. For the month, we talk about that life skill and ways that it pertains to their lives at home, school, and in all other daily areas. On our website, you will find a parent link to use as a resource. The link includes activities for the kids to do at Jam Hops and/or at home that support the life skill each month.

ALPHA ATHLETES

A goal of Jam Hops is to positively impact our community and families. When thinking of ways to better serve our families and community, we realized our next step was to create a program that fosters a positive space for **ALL** our athletes. As a result, ***the Alpha Athletes program was created to be inclusive and provide adaptive and supportive classes for children with disabilities.*** This program allows children with disabilities to participate in and get the most out of our dance and gymnastics classes in a group setting, or as an individual. By providing a chance for each child to experience success, we can build self-confident, productive children who will become LIFE CHAMPIONS! Our staff will work with parents to help find the class that best suits their Alpha Athlete.

RECREATIONAL DANCE CLASS DESCRIPTIONS

Classes are based on the dancer's age for the current school year. All levels are welcome! The instructor will customize lesson plans and recital choreography to benefit the entire class.

Creative Movement Classes

Age 2

- Dancers will be introduced to movement and dance fundamentals, creative movement, and explore an independent dance setting.
- Dancers will learn and perform one routine for the recital.

RECREATIONAL DANCE CLASS DESCRIPTIONS - *continued*

Ballet/Tap Classes

Ages 3-9

- Dancers will learn basic ballet and tap technique.
- Dancers will learn and perform a ballet and a tap routine at the recital.

Ballet Classes

Ages 10-18

- Dancers will learn ballet technique and terminology.
- Dancers will learn and perform a ballet routine at the recital.

Jazz & Contemporary Classes

Ages 6-9 (jazz)

- Dancers will learn jazz technique and terminology.
- Dancers will learn and perform a jazz routine at the recital.

Ages 10-18 (jazz & lyrical)

- Dancers will learn jazz and lyrical technique and terminology.
- Dancers will learn and perform both a jazz and a lyrical routine, at the recital.

Tap Classes

Ages 10-18

- Dancers will learn tap technique and terminology.
- Dancers will learn and perform a tap routine at the recital.

Hip Hop Classes

All Ages

- Dancers will learn hip hop and breakdancing technique and terminology.
- Dancers will learn and perform a hip hop routine at the recital.

Musical Theater Classes

Ages 6-11

- Dancers will learn jazz-based technique and terminology.
- Dancers will learn and perform a musical theater routine at the recital.

Boys Classes – Hip Hop/Breaking and Tap

Ages 6-12

Hip Hop/Breaking:

- Dancers will focus on building strength and learn hip hop and breakdancing technique and terminology.
- Dancers will learn and perform a routine at the recital.

Tap:

- Dancers will learn tap technique and terminology.
- Dancers will learn and perform a tap routine at the recital.

Adult Jazz Class

Ages 18+

- Dancers will learn jazz technique and terminology.
- Dancers will learn and perform a jazz routine at the recital.

TUITION

There are 9 monthly payments for tuition beginning in September, with the final payment being May 1st. June tuition will be added to your May billing along with tuition for May. June tuition payment will be based on the number of weeks of class for the month. Tuition is based on a 4- week per month average. Therefore, class cancellations due to holidays or weather-related closures will not have make-ups scheduled. All accounts must be set up for online payments/autopay for tuition, costumes, and all other Jam Hops fees. Monthly tuition and other misc. fees are processed to the bank account or credit card you have on file on the first business day of each month. Payment information may be updated through your Customer Portal or by contacting Customer Care. Accounts with an outstanding balance within 7 days of billing will have a \$10.00 administrative fee added weekly until the account is current. Jam Hops will charge a \$25 fee for all ACH payments that are returned. Jam Hops will remove a participant from class at the end of the month if there is an outstanding balance.

Program Withdrawal

If you would like to cancel participation in a class or program, please contact our Customer Care Representatives directly at 763-413-064. Our team will walk you through the cancellation process and ensure everything is taken care of properly. **Withdrawal notices received after the 15th day of the prior month will be charged a \$25 fee per family.** Jam Hops will drop a participant from class if there is an outstanding account balance at the end of the month. No refunds will be given for payments made for costumes that have been ordered. If costumes have been ordered, you may pick them up once they come in.

Additional Fees & Discounts

- **Annual Family Member Fee: \$45.00 + tax per family billed annually in September**

The annual member fee is valid September-August. The fee is prorated for families registering after September.

- **Recital Performance/Continuing Education Fee: \$50.00 per dancer billed with April tuition**
 - This fee helps offset the cost of:
 - Staffing for picture day
 - Recital Expenses (no volunteers required)
 - Recital T-shirt and trophy for each dancer
 - Venue rental
 - Cost of hiring lighting and sound technicians for the recital
 - Snacks for dancers and decorations for the recital
 - Continuing education for our staff
- **Props:** For some routines, props are necessary for conceptual integrity and performance quality. **Prop fees will not exceed \$20.00 per dancer.** If there is a balance due for prop fees, you will be notified via email.
- **Multiple Class Discount:** All students receive a **25% discount** off the monthly tuition for each additional class in any Jam Hops program of equal or lesser value.
- **Sibling Discount:** Siblings receive a **10% discount** off the monthly tuition on Jam Hops programs of equal or lesser value. The 4th child and more from the same family will receive a **50% discount** off monthly tuition.

*10% Discount may be applied to the Adult Jazz class for an immediate family member.

Please Note: Should your account become more than one month past due, your dancer will be unenrolled from class(es).

CANCELED/RESCHEDULED CLASSES

Should the studio close due to inclement weather, information will be posted on our website no later than 3:00 pm for evening classes and 8:00 am for daytime classes. Classes canceled due to inclement weather will not be rescheduled. If a class is canceled for any other reason (example: instructor illness), you will be notified via email and/or telephone call, and the class will be rescheduled. Should a class be rescheduled, you will be notified of the new practice date and time via email.

JAM HOPS CLOSED

- **September 1:** Labor Day
- **October 31 at 4 PM:** Halloween
- **November 27 - November 30:** Thanksgiving
- **December 24 - January 1:** Winter Break
- **April 5:** Easter
- **May 23 - May 25:** Memorial Day Weekend
- **June 6 - June 7:** JHDCo. Dress Rehearsal & Recital Weekend
- **July 2 - July 5:** Independence Day

ATTENDANCE

Attendance is essential for personal development and overall team growth. A dancer's commitment is reflected in their attendance. Some guidelines are:

- If your dancer is unable to attend class, please call.
- If your dancer is able to observe class (i.e. injured, non-contagious illness, etc.), we encourage their presence.

If your child misses a class (due to illness, injury, travel, etc.) they are eligible to receive a missed class voucher. One voucher will be issued per missed class up to two times per quarter to be used for one Open Gym or Open Studio. Missed class vouchers expire 6 months after the date of the missed class. Please ask a Customer Care Representative for your missed class voucher.

OPEN STUDIO

Open studio takes place September through May. Dancers may attend open studio to practice skills and choreography. Dancers must sign up at the front desk prior to attending. Additional information is available on the website at: <https://www.jamhops.com/opengymandstudio>

PRIVATE LESSONS

Private lessons are designed to help an individual dancer with certain choreography or skills. Payment is due directly to the instructor at the time of the lesson. No more than two dancers may participate in a private lesson. Participants must be members of Jam Hops.

- **Rates vary per instructor. Please communicate directly with your child's instructor to schedule or send an email to kantilla@jamhops.com.**

LOST AND FOUND

Lost and found items will be taken to the Customer Care Office and stored for 1 month before being donated. Non-disposable water bottles left in the dance studios and viewing areas will be saved in the dance office for up to one week. Any water bottles left behind will be disposed of on Mondays.

STUDIO ETIQUETTE

To create a classroom atmosphere most conducive for learning, we provide the following guidelines:

- Only dancers, staff and instructors are allowed inside studios. If you need to communicate with the instructor or your dancer during class, contact a Customer Care Representative for assistance.
- If a dancer needs to leave class early, please inform the instructor prior to class starting.
- Dancers may bring a small bag into the studio with them for their belongings.
- Dancers are not allowed to chew gum during class.
- Dancers must ask for permission before leaving the classroom.
- Appropriate dancewear and footwear must be worn to every class.

DANCE CLASS ATTIRE

A dress code is required for the dancer's safety and to allow instructors to observe body alignment.

- **Shoes: Appropriate footwear is required for the safety of all dancers. All students must wear the appropriate dance shoes to their first class.** (*New shoes, except for those used in hip hop and breaking, are available for purchase at Jam Hops. A Customer Care Representative (CRR) will be happy to help you.*) Used shoes are available during the shoe exchange in September.
- **Hair:** Shoulder length & longer hair must always be up and pulled away from the face.
- **Jewelry:** Other than post earrings, jewelry is not permitted in class.

Acceptable Options for Ballet, Jazz, Tap, Lyrical, & Musical Theater

- Leotard and tights - *Available for purchase at Jam Hops.*
- Ballet skirts - *Available for purchase at Jam Hops*
- Fitted shorts
- Leggings
- Athletic shorts or pants
- Fitted shirts
- Activewear tops
- Appropriate footwear for style (*New shoes, except for those used in hip hop and breaking, are available for purchase at Jam Hops.*)
 - Used shoes are available during the shoe and apparel exchange in September.

Acceptable Options for Hip Hop & Breakdancing

- Activewear tops
- T-shirts
- Longer shorts
- Leggings
- Sweatpants
- Clean indoor tennis shoes

PERFORMANCE WARDROBE

The performance wardrobe includes costumes, tights and accessories. **Costume fees are split into 2 payments. The first half will be added to November billing, and the second half will be added to December billing.** If registration occurs after November 1st, the first costume payment is due at the time of registration.

Once a costume has been ordered, costume fees are non-refundable. The costumes will be ordered in December. If your dancer does not complete the dance season, it is your responsibility to pay the balance and

PERFORMANCE WARDROBE - *continued*

pick up the costume. Any costumes not picked up by the end of recital weekend become the property of Jam Hops Dance Company.

If there is a balance due for your child's costumes, you will receive an email notification. All balances are due by April 15th. Unpaid fees will be automatically billed along with May tuition to the account set up for auto pay. Items added to the performance wardrobe after this date will be billed directly to dancer accounts.

Families will not be able to take costumes home if there are outstanding costume/prop or tuition fees at the time of costume distribution.

Costume Fee

- 1 complete costume \$90.00 (includes all tights, accessories, etc.)
- Two equal payments of \$45.00
- Fee is per costume
- Classes with more than one recital dance will have a costume for each dance (i.e. 3–5-year-old ballet and tap will have two costumes)

Costume Fittings

Costumes will be tried on during regular class times. You will receive an email the week before your child's class will be trying on costumes so that you can be present if desired.

PERFORMANCE HAIR & MAKE-UP

A suggested make-up list will be distributed with costumes. Hairstyle expectations will be distributed with costumes.

PERFORMANCE SHOES

Dancers are required to have specific shoes for pictures and recital performances.

- **Shoes are not included in the performance wardrobe.**
 - ***Ballet, tap, jazz, and lyrical shoes are available for purchase at Jam Hops. If your size is not available, we will be happy to place an order. Payment will be due when the shoes are ordered.***

Please note: Shoes for Picture Day or the Recital must be ordered six weeks prior to each event to ensure on-time delivery.

2-Year-Old Creative Movement

- Pink leather ballet shoes - *Available for purchase at Jam Hops.*

3–5-Year-Old Classes

Ballet and Tap

- Pink leather ballet shoes - *Available for purchase at Jam Hops.*
- Tan buckle tap shoes - *Available for purchase at Jam Hops.*

Hip Hop

- Provide your own sneakers of choice – the color will be announced by February.

PERFORMANCE SHOES – *continued*

6–9-Year-Old Classes

Ballet

- Pink leather ballet shoes - *Available for purchase at Jam Hops.*

Tap

- Tan buckle tap shoes - *Available for purchase at Jam Hops.*

6–9-Year-Old Classes

Jazz

- Tan jazz shoes - *Available for purchase at Jam Hops.*

Hip Hop

- Provide your own sneakers of choice – the color will be announced by February.

Musical Theater

- Tan jazz shoes - *Available for purchase at Jam Hops.*

6–11-Year-Old Classes

Breakdancing

- Provide your own sneakers of choice - *Available for purchase at Jam Hops.*

Musical Theater

- Tan jazz shoes - *Available for purchase at Jam Hops.*

10–18-Year-Old Classes

Ballet

- Pink leather ballet shoes - *Available for purchase at Jam Hops.*

Tap

- Black lace up tap shoes - *Available for purchase at Jam Hops.*

Jazz and Contemporary

- “Pirouette” shoes - *Available for purchase at Jam Hops.*

Hip Hop

- Provide your own sneakers of choice – the color will be announced by February.

PICTURE WEEKEND

We offer professional photographs of all our dancers and classes. You are not obligated to purchase pictures, but we strongly encourage attendance. We want to feature all our dancers in the recital program!

- ***Picture Day: April 29***

VIEWING WINDOWS

Our dance studios are equipped with curtains. The curtains will only be closed during costume try-on and pictures.

RECITALS

Every class will perform in one of our recitals. They will perform their class routine(s) and one studio-wide routine (Finale). The Finale routine will be taught during normally scheduled class time at no additional cost. Dancers are expected to be present during the entire recital performance and must remain in the dressing area with their class volunteers.

Recital Ticket Sales

Recital tickets are sold through an online ticket vendor, Tututix. There are no refunds or exchanges on tickets purchased. Tickets are sold on a first come, first served basis. Online ticket sales will remain online throughout the recital weekend. Anyone age 3 and older is required to have a ticket. **Online ticket sales begin May 2, 2026.**

Recital Dress Rehearsal

- **Saturday morning, June 6, 2026, at Spring Lake Park High School**

Recital Dates, Schedule, and Awards

- **June 6 and 7, 2026 at Spring Lake Park High School**
- Schedule and details will be distributed in the spring.
- Dancers eligible for a 5-, 10-, or 15-year award will receive their award at their recital performance.

DANCER OF THE MONTH

Each month, the instructors select a Dancer of the Month! The Dancer of the Month will be showcased on the Jam Hops website, monthly newsletters (both the dance newsletter and the JH newsletter), and Jam Hops TV slides. If your dancer is selected as Dancer of the Month, you will be emailed a form to fill out online. Your dancer will then stop by the Customer Care Desk to have their photo taken by a Customer Care Representative for our Dancer of the Month announcement.

CELEBRATIONS AND HOLIDAY EVENTS

Refer to the list below for more information about in-class celebrations!

Halloween Party

Friday, October 24 - Thursday, October 30

- Dancers are welcome to wear their costumes and exchange Halloween treats!
- We will play dance and movement related games/activities in the theme of Halloween.

Holiday Party

Saturday, December 13 - Friday, December 19

- Dancers are welcome to wear their favorite holiday attire to class!
- Families will be invited into the classroom to watch their dancer perform a Holiday routine at the end of class.

Valentine's Party

Saturday, February 7 - Friday, February 13

- Wear your favorite Valentine's outfit. Dancers will be able to exchange Valentines at the end of class!

Year End Celebration and Award Week

Saturday, May 30 - Friday, June 5

- Parents will be invited into the studio for the last 5 minutes of class to watch their dancer's recital routines and receive trophies and recital shirts. Dancers will wear their recital t-shirts during the finale of the recital - please label your child's shirt with their name.



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Birthdays

- Your child is welcome to celebrate their birthday with the dance class. Please notify the instructor at the beginning of class.
- Don't forget to stop by the Customer Care Office to receive a special birthday treat!

SUMMER DANCE

Dancers are encouraged to continue their dance education through the summer months! This is an opportunity for them to have fun and develop their technique and style. Class schedules will be distributed in the spring.

COMMUNICATION

Please let your instructor, Customer Care Representative or Dance Director know if there is a concern. One of our main goals is to have clear, open communication.

We use email as our primary mode of communication. We send emails from our registration software (Jackrabbit). You can look forward to professional, informative, and interactive emails and newsletters from JHDCo. Communication will also be sent via our customerservice@jamhops.com email address. If you are not receiving emails, please let us know. All information is also available on our website.

At Jam Hops, a slideshow presentation runs on all viewing area televisions, which is updated with monthly news, information, upcoming events, and more!

Studio Contact Information

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Kathy Antilla, Dance Coordinator, kantilla@jamhops.com

Nicole Sanders, Customer Care Director/ Billing, customercaredirector@jamhops.com

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