

Freedom Wrestling

ALL AGES! ALL SKILL LEVELS!



ALL OF YOU!





We all want to be successful! In wrestling everyone has the same chance to succeed. Your success depends on your work ethic, attitude, and toughness. Those three keys to success in the sport will create great values that you will carry with you throughout your life such as perseverance, confidence, and the ability to overcome adversity. Wrestling is challenging, but the best things in life are the things you work the hardest for. This sport is for everyone who wants to control their own success.

Whether you have wrestled before, **or** it is your first time stepping on a wrestling mat – come wrestle with us this year! We are going into our **5th year** as a program and have practices designed for all, including **Pre-K through 12th Grade**. And more opportunities to compete than ever before!

Cost per wrestler is \$40 AND includes a free t-shirt, plus a ton of fun!

Scan the QR with your phone camera or visit freedomirish.com to sign up!



 Practice Schedule  January 2 - March 2			
Grade	Practice Night	Time	Location
PK-5	Tues/Thurs	5:45 PM - 6:45 PM	Family Insurance
6-12	Mon-Thurs Friday Opt.	3:30 PM - 5:30 PM	Family Insurance

Optional Wrestling Competitions

- Freedom Youth Invite (K-8th) – January 15th
- Wrightstown (K-8th) – January 28th
- New London Bulldog Bash (K-8th) – February 12th
- Princeton Girls Tournament (K-8th) – March 3rd
- MS Dual Competitions (6th-8th) – TBD on Monday Nights
- HS Competitions – TBD

POST SEASON

(Practices Resume Through March)

- WWF Youth State Qualifiers (K-8th) – March 18th
- WWF Youth State (2nd - 8th) – March 24-25th

More competition opportunities to come!

For questions, call Jason Pettitt at 920-850-7074
or email jpettitt@1call2build.com