



PRESQUE ISLE YOUTH HOCKEY

Each association should have its own plan in place for returning to the rink. This is subject to change as needed. Local rinks and associations must follow the guidelines set forth by the Center for Disease Control and Prevention (CDC), and its Guidance for Social Distancing, as well as local government officials in determining when, and how, it is appropriate to return to the rinks, including requirements or guidelines for physical distancing, size of gatherings or number of people permitted in a facility, or wearing masks, etc. The information in this document is not intended or implied to be a substitute for professional medical advice, diagnosis or treatment. The knowledge and circumstances around COVID-19 are changing constantly and, as such, Presque Isle Youth Hockey makes no representation and assumes no responsibility for the accuracy or completeness of this information. As you plan for a return to the ice, below are some ideas to consider to assist with developing a return to hockey programming in context of COVID-19. As conditions and requirements may vary

throughout the state, associations must follow local government guidelines in addition to recommendations from the CDC. Until COVID-19 is either eradicated, a vaccine is developed, or a cure is found, there is no way of completely eliminating the risk of infection. We are thankful to all of those essential workers and first responders who are guiding us and keeping us safe and healthy during this pandemic.

All families participating in PIYH will be required to sign a waiver.

Remember that we can contribute to helping eliminate COVID-19 by doing these four things:

1. Physical Distance
2. Wash/Sanitize Hands and Practice Safe Hygiene Habits
3. Clean Surfaces & Equipment between uses
4. Staying Home When Sick Or Experiencing Any Symptoms

Presque Isle Youth Hockey will open programming as normally as possible, which is subject to change at any time. They are also subject to restrictions placed by state or local governments.

In order to keep our program running it is required that everyone follows these guidelines.

Arriving at the Rink

1. Players or coaches with any risk factors or illnesses should not participate in any on-ice activity. Any players, coaches or spectators exhibiting symptoms or signs of an illness should not be in the facility at any point.
2. Participants will be screened by the team's Safety Manager prior to any on-ice activity. These screens will be monitored by the association. Teams will use a "Quick Entry Check In" or "Check In and Tracking Protocol," which will be provided by Presque Isle Youth Hockey.
3. All participants must be USA Hockey registered for the 2020-21 season to participate in any Presque Isle Youth Hockey sanctioned on-ice activity.
4. Players should arrive at the rink no more than 30 minutes before the start of on-ice activities. Anyone arriving earlier than 30 minutes before their start time should wait outside of the facility and be socially distanced from others.
5. **The rear lobby doors will be locked at all times.** Everyone is to enter and exit through the front lobby. There will be one way traffic flow once you enter the building, be aware of the signs.

6. Be sure to have your player check the digital sign as they enter the front lobby to find their assigned dressing room.
7. All spectators are required to stay away from dressing room entrances at all times. Masks are required for any spectators, per the Governor's mandate.
8. While it is important to limit the number of people in the facility as much as possible, there may be circumstances in which a parent or guardian must also bring in young siblings. This will be allowed, but siblings will be required to remain with parents/guardians at all times.
9. Families should provide the coach/team manager with accurate contact information in the event of emergency while the player is at the arena. This information **MUST** be accurate and the responsible party **MUST** be able to reach the designated person if the need arises.
10. Players should be bringing their own water bottles to the rink clearly marked or labeled with the player's name. The container should be re-sealable. Players will be able to use the water bottle filling station as needed. No sharing of water bottles.
11. During the first on-ice session, the Presque Isle Youth Hockey board members will host a meeting to explain procedures to parents, and to answer any questions.
12. Coaches should be as prepared as possible to ensure complete utilization of the allowed ice time. This also helps

ensure that players are not distracted and know they need to be on time and ready to go, players are to remain in their dressing room until their scheduled on ice time.

13. Each team must follow the emergency plan for any positive cases within the team or association. If a case of COVID-19 is reported to you and is a part of your team, report the case to the Presque Isle Youth Hockey President, Dave Cowley, who will in turn report it to the CDC at 1-800-821-5821. Team safety managers will work with the team manager to identify close contacts and do follow-up with your team. The team with a positive case will be put on hold until the CDC guidance is given and contact tracing has been completed.

14. Each team will have a designated safety manager contact who is responsible for concerns and communications related to COVID-19. All team and association members should know who this person is and how to contact them.

15. Each association and team must maintain accurate rosters/attendance of teams that include all hockey events in order to be prepared to support PIYH contact tracing efforts.

16. Associations should work with rink partners, and be aware that some communities may not open rinks, or may have different guidelines from one rink to the other.

17. Dryland activities inside the arena will be allowed in a designated area to stretch and warm up. Masks must be worn whenever helmets are off.

18. SafeSport policies will continue to be in effect. There should always be a minimum of two adults at every on-ice event, and there should be no unsupervised one-on-one interaction between a player and a coach.

On-Ice Activities for Practices, Clinics and Tryouts:

1. Players need to maintain as much separation as possible during practices. Whenever possible, coaches should be promoting social distancing on the ice, while recognizing that there may be times of close contact by players.
2. Limit using player benches during practices.
3. Coaches should be keeping players active and engaged at all times. Players should not leave the ice during a practice unless absolutely necessary.
4. Each coach and on-ice helper counts toward the number of people allowed on the ice as stipulated by The Forum.
5. Reduce contact between players as much as possible.
6. Coaches should use social distancing when talking face-to-face with players, as well as when contacting with players whenever possible. Physical contact may be necessary when assisting a young player or a player with a disability (helping up or adjusting equipment), but whenever possible,

coaches should provide assistance without physical contact, or ask the player's parent/guardian to assist.

7. Prior to the completion of the ice time, players should be excused from the rink in a line.

8. There should be no spitting by any player or coach at any time inside the arena, including on the ice surface.

9. Coaches must be wearing masks at all times before and after practice as well as during games. Players and coaches are not required to wear masks while on the ice for team activities. With the exception of IP coaches, masks will be required due to being in closer proximity to the players.

After On-Ice Activities are Completed:

1. Players and coaches should remove gear and leave the premises within 15 minutes of the end of practice. Players should vacate the arena immediately to allow for the next user group to enter.

2. Dressing rooms need to be disinfected after players have exited in order for the next group to enter.

3. Parents/Guardians must be made aware of the time when the players will be done. The parents or person assigned to pick up players at the arena must be punctual. Players should not have to wait for a ride.

4. Coaches or other responsible adults should remain until all players are safe and removed from the premises.

5. While at home, players should clean and disinfect gear/uniforms after each use.

Local Games and Scrimmages

1. The maximum number of spectators will be based on The Forums guidelines. Spectators should be physically distanced at all times. Cloth face coverings are required at all times inside the facility.

2. At the scorer's/announcer's box masks should be worn at all times. Score Box attendants will be responsible for disinfecting after each use.

3. Coaches should figure out a system that maximizes physical distance between players on the bench during game play, stoppages, intermissions, etc. Space outside the bench area (next to the bench) should be utilized whenever possible.

4. Postgame stick taps on the blue line will take place of handshakes after each game. No handshakes with the opposing team or refs.

Regulations Across State is the implementation of the USA Hockey regular season. All associations and members should be aware that changes or adjustments may be made based on the status of COVID-19 in Maine.

1. Masks are required to be worn at all times inside arenas, with the exception being players and coaches on the ice.
2. Out of state travel by Presque Isle Youth Hockey teams to other states must be approved by the Presque Isle Youth Hockey Board. When traveling anywhere, special attention should be given to areas of high community spread according to CDC statistics. Travel to those areas is discouraged.
3. Travel into Maine by out of state teams must also be approved by the Presque Isle Youth Hockey Board in which the competition is taking place.
4. Families who travel out of state must follow the state guidelines. For up-to-date information visit Maine.gov
5. Teams participating in any tournament should be aware of the tournament organizer's refund policy, and should not participate if they are uncomfortable with that policy.
6. USA Hockey has a no refund policy. In the event the youth hockey season is cancelled or shortened as a result of the COVID pandemic any refunds will be provided based upon the following:

- The cancellation or shortening may be required by any of several entities including but not limited to: the State of Maine, USA Hockey, and Presque Isle Youth Hockey
- Certain costs incurred by Presque Isle Youth Hockey are non-refundable in nature and often occur prior to the start of the season. These costs are normally covered by player registration fees collected annually.
- Any refund approved will be based upon Presque Isle Youth Hockey's costs incurred to date and the portion of the season completed.

7. Failure to follow these rules will result in consequences. Consult the Code of Conduct for more information.

Adopted: 10/2/2020