

MHS Alpine Ski Team

Hill Safety Expectations

1. Respect other skiers and ski hill employees.
2. All training will occur on runs designated by coaches
3. All athletes are responsible for maintaining their equipment
4. Drive safely to and from the hill!
5. Obey all ski area rules and etiquette
6. All athletes will slow down when approaching lift lines
7. All athletes will slip course prior to skiing the course. No athlete shall ski a course without first "slipping" the course
8. All athletes will help tear down and slip course after practice
9. No chasing or horse play on course or runs
10. All athletes will maintain a minimum 5 gate separation from each other at all times and ensure gates have stopped moving before entering course
11. Helmets with hard ear protection and goggles will be worn at all times
12. If a skier falls on course and/or loses gear, the next skier will ski out of course or refrain from starting until fallen skier has safely retrieved gear and moved off course