



Hastings Hockey Boosters – COVID Updates 2021/2022

Hastings Hockey Mission Statement: To provide an opportunity for young athletes to be challenged and to develop skills while instilling Hastings Hockey Core Values of Gratitude, Respect, Integrity, and Teamwork.

As our community continues to navigate through the challenges of COVID-19 the Hastings Hockey Boosters reflects on our mission statement to provide opportunities for young athletes. In addition to this opportunity our Hastings Hockey Boosters are committed to the safety, health, and overall wellbeing of our skaters, members and their family/friends.

To be consistent with our community Hastings Hockey supports quarantine guidelines required by Hastings Public Schools. If your child has been instructed to quarantine by the school in which they attend Hastings Hockey will also require the same guidelines to be followed. Those guidelines are as follows:

- ***What is CLOSE CONTACT:** *Someone who has been within 6 feet of a person who has COVID-19 for a total of 15 minutes or more throughout the course of a day (24 hours) OR ANY person who lives in the same household as a person who tested positive for COVID-19.*
- **If your child is not vaccinated (10-day Quarantine)** As a close contact, your child should stay at home and not take part in any activities/sports for 10 days (quarantine). Your child can return on day 11 as long as they do not develop symptoms or test positive during this time. It is **recommended** that your child get tested for COVID-19 immediately and, if negative, three to five days after your child was exposed. Others living in the home can continue to go to childcare, school, youth program, camp, and other community activities.
- **If your child is not vaccinated (7-day Quarantine)** As a close contact, your child should stay home and not take part in any activities/sports for seven days from the day of exposure [day zero]. It is recommended that your child test immediately, and if the test is negative, test again three to five days after last exposure.
 - **Note:** for this shortened quarantine your child should have a **negative molecular/PCR test** that was taken at least five full days after day of exposure. Antigen and/or home tests are not allowed for this option. **Quarantine should never be shorter than seven days.** Others living in the home can continue to go to childcare, school, youth program, camp, and other community activities.
- **If your child is within 90 days of a lab confirmed positive COVID-19 test** And has fully recovered, and does not currently have any symptoms of COVID-19, they may continue to attend. Others living in the home can continue to go to childcare, school, youth program, camp, and other community activities.
- **If your child is fully vaccinated** As long as they don't have COVID-19 symptoms, they may continue to attend school and should get tested three to five days after their exposure. For more information refer to [When You've Been Fully Vaccinated \(www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html\)](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/fully-vaccinated.html)



HASTINGS HOCKEY ASSOCIATION

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General Recommendations:

Closely monitor you or your child for symptoms. If your child develops any symptoms of COVID-19, keep them home from all activities, isolate them from others, and have them get tested.

- Fever of 100.4 degrees Fahrenheit or higher
- New cough or a cough that gets worse
- Difficulty/hard time breathing
- New loss of taste or smell
- Sore throat
- Nasal congestion/stuffy or runny nose
- Nausea, vomiting, or diarrhea
- Muscle pain
- Extreme fatigue/feeling very tired
- Severe/very bad headache
- Chills

HHB is following the Minnesota Department of Health (MDH) Decision Tree. If your child develops any COVID-like symptoms or tests positive for COVID-19, please keep them home and follow the decision tree.

*Click here for the [MDH Decision Tree](#)

We are sorry for the problems this may cause you and your family. To stop outbreaks and protect our Hockey community we need to do everything we can to stop the spread of COVID-19. Thank you for helping to keep our players happy, healthy and safe!

For questions please contact:

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