

13th Annual Burnsville Blaze Cross Country Invite

Thursday, September 21st, 2023

Nicollet Middle School
400 E 134th St
Burnsville, MN 55337-4010

Course: The meet will be held on the campus of Nicollet Middle School and Sky Oaks Elementary. This will be a three-loop course with flats as well as some challenging hills. The course is very spectator friendly with the majority of the race visible from a single vantage point. Both runs take place on grass except for one 30-meter section of pavement. Course map will be available on race day.

Race Times:

- 3:50 JV Girls
- 4:25 JV Boys
- 5:00 Combined Varsity Race
- 5:30 Awards
- 6:00/6:20 Elementary Race

Varsity Combined Race: Varsity Races will be run simultaneously with the girls getting a 3:00 head start. Girls and boys will finish in the same chute. Races will be scored both by gender and combined. Varsity race is limited to seven athletes per gender.

Elementary Race: Two one mile races for grades 3-6 will follow the varsity meet. The girls will race at 6:00. The boys at 6:20. Check with your community team to see if your future athletes may be racing.

Awards:

- T-Shirt for Top 10 Varsity Individuals
- T-Shirt for Top 5 JV Individuals
- Trophy/Plaque for 1st Place Varsity Teams

Concessions: A concession stand will be set up near the bus drop off. A variety of items will be served.

Parking: Enter the large parking lot on 134th street east of Nicollet Middle School and drop off teams by tennis courts. **Bus parking is available in the Civic Center parking lot (100 Civic Center Pkwy, Burnsville, MN 55337).** Spectator parking is available at Nicollet Middle School and the Civic Center parking lot. Spectator parking is available at Sky Oaks Elementary after 4:00. **Do not park at Sky Oaks Elementary before 4:00.** Sky Oaks Elementary needs to get their students on buses and out of the parking lot before spectators can park there.

Rest Rooms: Port-a-potties will be available in the southeast parking lot (near tennis courts) PLEASE NOTE: The bathrooms in the building must only be used as a last resort.

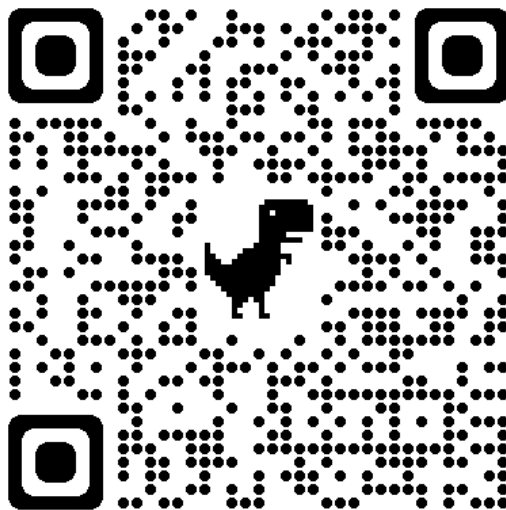
All teams will receive a trash bag in their packet----please ensure your team camp is clean before leaving.

Entries: An email with instructions will be sent to you by Bob Schneider of Gopher State Events, the race's timer.

**Please consider running a varsity team. With Griak the next day, many teams are incomplete and only bring JV, but it would help our event to have more athletes move up to the varsity race. Last year only 29 girls competed in the varsity race, and the girl who finished 20th in JV would have been 21st in varsity.*

Starting Box Assignments:

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|---------------------------|-------------------------|--|
| 1. United Christian Acad. | 8. Burnsville | 15. Agape Christi Academy
(boys only) |
| 2. Lakeville North | 9. Minneapolis Edison | 16. Shakopee |
| 3. Parnassus Prep | 10. St. Agnes | 17. Rosemount (girls only) |
| 4. Robbinsdale Cooper | 11. Farmington | 18. Minnetonka |
| 5. Anoka | 12. St. Croix Luthern | 19. Eastview (girls only) |
| 6. Trinity @ River Ridge | 13. Apple Valley | 20. Spectrum |
| 7. Bloomington Kennedy | 14. Mnpls Patrick Henry | |



(QR Code links to Course Map)