



Kirtland U8 Game Rules

- Birth Years: 2018 & 2019
- Practices: Vary by month to align with daylight savings
 - August: Tuesday Nights @ 6:30pm
 - September: Tuesday Nights @ 6:00pm
 - October: Tuesday Nights @ 5:30pm
- Games: Saturday Mornings at 9am, 10am or 11am
- Six players per side, 5 field players and a keeper.
- Four 12-minute quarters.
- Size 3 ball.
- All free kicks are direct. No Penalty Kicks.
- Keepers CAN use hands. They cannot punt the ball. They must throw it or roll it to their teammates.
- The opposing team must go back to the half-line if the keeper picks up the ball or on goal kicks. (build-out line rules)
- Referees will also assist with coaching on the field. Referees can instruct players on kick off, goal kick, throw-ins, and other situations. They will always allow a do-over if it is done incorrectly. Teach in the moment! (**Note: Team coaches remain on the sidelines**).
- Substitutions on any restart. But not on the fly.
- No score keeping, but if a team is up by approximately 5 goals the other team can add a player on the field.