



**Professional Development Opportunity for Coaches & Mentorship for Women Coaches  
2024 National Excellence Program**

Are you a coach looking to gain insight into a high-performance daily training environment? The National Excellence Program (NEP) offers an unparalleled opportunity for professional development, allowing coaches to learn directly from Senior Team Assistant Coach and NEP Head Coach, Matt Krueger, along with the experienced NEP staff. This program is designed for selected female athletes aged 16-18 from across Canada who aspire to join Team Canada. The training program runs from September to December 2024 at the Richmond Olympic Oval.

While at the Oval, coaches will be able to observe skill groups and 2.5 to 3hrs of daily team practices. After each practice session, a debrief with the coaching staff may occur. Participants will also be able to observe the off-court strength and conditioning component with the strength coach, Cody Piwowar-Desilets, as well as discussions with additional members of the integrated sports team.

***New for 2024:** Volleyball Canada, in collaboration with the Coaching Association of Canada and MONDO, is offering financial support to selected women coaches. Successful candidates will receive a subsidy for their expenses and will be required to complete a report detailing their experience.*

<b>Typical Weekly Schedule (subject to change)</b>	
<b>Monday, Wednesday, and Friday</b>	<b>Tuesday, Thursday</b>
9:00am-9:30am: Setter/Libero Tutor	9:30am-12:00pm: Team Practice Debrief/Video/Presentation
9:30am-12:30pm: Team Practice Debrief/Video/Presentation	2:30pm-4:30pm: Skill groups
1:30pm-4:00pm: Strength and Conditioning	

If you are interested in this opportunity, please scan the QR code to fill in Formstack. Visits must be arranged at least one week in advance and can start September 23rd through to December 15th. Please note that participants are responsible for their travel, accommodation, and meal costs, including local transportation. All approved coaches must complete the necessary Volleyball Canada Person in Authority screening before arriving at the Oval or booking any travel. **Please do not make any travel arrangements until your visit has been approved by Sandra Lamb.**

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