WELCOME TO YOU, INC.

WITH NANCY J. SPOTTON, CEO MPWR

Outcome of today:

POSITIVE EMOTIONAL CONNECTION TO YOU

WHO ARE YOU?

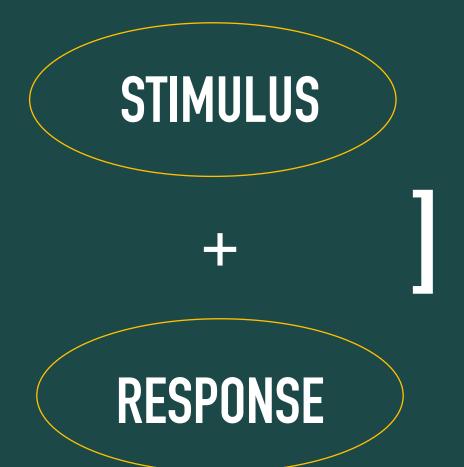
Self-Awareness is the ability to see ourselves clearly— to understand who we are, how others see us, how we fit into the world around us.

- Dr. Tasha Eurich, Insight

SELF-AWARE PEOPLE MAKE BETTER LEADERS, FOLLOWERS AND TEAMMATES

LEARNING MINDSET

AUTHENTIC VOICE HAPPIER CONNECT TO OTHERS BUILD TRUST



WE HAVE A CHOICE HOW WE RESPOND. THIS SPACE EXPANDS AS SELF AWARENESS EXPANDS



GOAL: WHO ARE YOU IN 10–12 WORDS

OBJECTIVES:

- 1. ASK OPEN ENDED QUESTIONS
 2. LISTEN WITH CURIOSITY
- 3. SHARE STORIES TO CONNECT





QUESTION #3

WHAT MAKES YOUR HEART SING?



QUESTION #5

WHAT DO YOU CONSIDER YOUR GREATEST STRENGTHS?

QUESTION #6

WHAT IS YOUR VISION OF YOUR FUTURE SELF?





WHAT IMPACT DO YOU WANT TO HAVE IN 2019?

SEE THE GOOD IN YOU BE PROUD OF WHO YOU ARE SEE THE GOOD IN OTHERS

MY CHALLENGE TO YOU

SHARE YOUR 10–12 WORD STORY WITH 2 OTHER PEOPLE

SING IT FROM THE ROOFTOPS

