

CBC Lacrosse Summer Workouts for Rising 7th and 8th Grade Boys



The cost for the summer work out is \$50 and you may register by filling out the information below and sending it to Mike Golinvaux at mgolinvaux95@gmail.com.

Payments can be made:

- 1) Mail to: Mike Golinvaux – check made payable to CBC Lacrosse, 3 Old Colony Lane, Town and Country, MO 63131
- 2) Venmo Mike Golinvaux @Mike-Golinvaux
- 3) Bring check to workout on June 18th

If you have any questions please contact Mike Golinvaux at 314-503-1494

June 18th - June 20th
5:30 - 7:30 PM
CBC Stadium

The goal and purpose of the summer workouts for rising 7th and 8th graders will be to provide an introduction to CBC as well as promoting the game of lacrosse. During these workouts they will be coached by CBC staff and CBC alumni lacrosse players that are playing in college. In addition to 7th and 8th graders this workout is for all returning CBC lacrosse players and CBC incoming freshmen. We will design these workouts to incorporate skill development, teambuilding and a fun and dynamic atmosphere.



Waiver and Release of Liability

I _____, residing at _____, has not accepted any inducement for and in consideration of my being allowed to participate in the CBC Lacrosse Summer Lacrosse League, do hereby agree, for myself, my family or heirs, that CBC Lacrosse, its principals, employees or anyone associated with the Program or the facilities of CBC and any and all of their employees shall not be liable for any claims, liabilities, losses, damages, injuries, demands, actions, causes of action, suits, proceedings, judgments and expenses, including attorneys' fee, court costs and other legal expenses arising from or connected with any personal injuries, including death, and /or damage to property that I may sustain in any way which result from or arise, directly or indirectly, out of my preparation for or participation in the League/Program. Including but not limited to, those caused by the negligence of any of the parties of the League/Program.

I further grant the above covered parties and their respective successors and assign the perpetual worldwide and royalty-free rights to use, with the possibility of sale for the profit of the covered parties, my child's voice, photograph, and likeness, in any media related to my child's participation in this event or any activities relating to the event conducted by the covered parties including, without limitation, a videotape recording, without compensation to me, or my personal representatives, assigns, heirs, children, dependents, spouse and relatives. I also agree that contact information for both my child and me may be provided to businesses that are contributing to the event in a supporting role.

I warrant that _____ (participant) is in good health and have no physical condition that would prevent or hinder their participation in the Program and agree to wear appropriate protective equipment while participating in the Program.

SIGNED: _____ **DATE:** _____

Parent or Guardian Signature is Required to Participate

Player Profile Information:

Name: _____ **Age:** _____ **Date of Birth:** _____

Address: _____ **City:** _____ **State:** _____ **Zip:** _____

Telephone: _____ **Position:** _____ **Years of Experience:** _____

High School _____ **Grad Year:** _____ **Players Email** _____

Parents Names: _____

Parent's Email: _____

Parents Cell #: _____ **Players Cell#** _____

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